### **Basic Collection**

MORNING

Step 1 **Purifying Face Wash** 

Apply to damp skin, massage and rinse.

Step 2 **Skin Recovery Lotion** 

Apply a thin layer to entire face.

S EVENING

Step 1 **Purifying Face Wash** 

Apply to damp skin, massage and rinse.

Step 2 Pore + Wrinkle Perfecting Serum

For the first three nights, apply a thin layer to face. On the alternate nights,

just apply moisturizer after cleansing.

Step 3 Skin Recovery Lotion

Apply a thin layer to entire face.





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skincare, personalized.

# **My Skin RX**

1 2 3 **4** 5 6 7 8 9

## **Skin Type 4**

Oily, Combination, Sensitive, Occasional breakouts

- Enlarged pores and produces oil mostly in t-zone
- Breaks out from heavy oils or pore-clogging ingredients
- Skin that may become red and flushes easily, gets tight and irritated by harsh products
- Occasional blemishes and cysts (weekly or monthly)
- May get clogged pores and blackheads
- Post-blemish red/dark scars that linger
- Wants to keep skin healthy and smooth
- Concerned about aging

"Having worked hands on with skin for 30 years,
I believe one size does not fit all. Skin requires products
that cater to its unique needs. Clear, beautiful skin
starts with the perfect routine."



# **Complete Collection**

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Step 1 Purifying Face Wash

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Vitamin C&E Treatment

Apply a thin layer to entire face and let absorb for 1 minute before applying

sunscreen.

Step 4 Weightless Protection SPF 30

Warm with fingertips, apply to face and neck.



Step 1 Rapid Response Detox Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Pore + Wrinkle Perfecting Serum

For the first three nights, apply a thin layer to face.

**Skin Correcting Serum** 

For the next three nights, apply a thin layer to face. Alternate serums

every three nights, using each for three nights at a time.

Step 4 Skin Recovery Lotion

Apply a thin layer to entire face.

Step 5 **Total Eye Repair Creme** 

Lightly pat a small amount around the eye area until creme disappears.

Can be used both day and night.

## At-Home Facial (once a week)

Step 1 Triple Berry Smoothing Scrub

Apply a small amount to slightly damp skin. Gently massage over the face for 30 seconds using circular motions, concentrating on areas of pigmentation. Rinse well.

Step 2 **Skin Correcting Serum** 

Apply a thin layer to entire face.

Step 3 Rapid Response Detox Masque

Apply a thin layer to entire face, leave on for 15 minutes, rinse, and apply toner

and moisturizer.

Optional Triple Berry Smoothing Peel

Apply to entire face, leave on for 5-10 minutes, rinse and proceed to step 1.

Use 2-3 times a month.

#### **Essential Collection**



Step 4

MORNING

Step 1 Purifying Face Wash

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Weightless Protection SPF 30

**Skin Recovery Lotion** 

Apply a thin layer to entire face.

Warm with fingertips, apply to face and neck.



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tep 1	Purifying Face Wash Apply to damp skin, massage and rinse.
tep 2	<b>Elderberry Soothing Toner</b> Apply with Toning Cloth, leave damp. Immediately apply next product
tep 3	Pore + Wrinkle Perfecting Serum For the first three nights, apply a thin layer to face.
	<b>Skin Correcting Serum</b> For the next three nights, apply a thin layer to face. Alternate serums every three nights, using each for three nights at a time.

			Notes:

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day.

For extra sensitive skin, consider conducting a patch test to a small area on the lower cheek before using over the entire face.