

Basic Collection

MORNING

Step 1 **Rapid Response Detox Cleanser**
Apply to damp skin, massage and rinse.
Leave on for five minutes before rinsing off for a deep clean.

Step 2 **Skin Recovery Lotion**
Apply a thin layer to entire face.

EVENING

Step 1 **Rapid Response Detox Cleanser**
Apply to damp skin, massage and rinse.
Leave on for five minutes before rinsing off for a deep clean.

Step 2 **BHA Clarifying Serum**
Apply a think layer to face. Use for three nights on, three nights off.
On nights off, apply moisturizer after cleansing.

Step 3 **Skin Recovery Lotion**
Apply a thin layer to entire face.



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My Skin RX

1 2 **3** 4 5 6 7 8 9



Skin Type 3

Oily, Combination, Sensitive, Consistent Breakouts

- Enlarged pores and produces oil mostly in t-zone
- Breaks out from heavy oils or pore-clogging ingredients
- Skin that may become red and flushes easily, gets tight and irritated by harsh products
- Consistent blemishes and cysts (several new blemishes a week)
- Clogged pores and blackheads
- Post-blemish red/dark scars that linger
- Wants to keep skin healthy and smooth
- Concerned about aging

"Having worked hands on with skin for 30 years, I believe one size does not fit all. Skin requires products that cater to its unique needs. Clear, beautiful skin starts with the perfect routine."

Complete Collection

MORNING

- Step 1 **AHA/BHA Blemish Control Cleanser**
Apply to damp skin, massage and rinse.
- Step 2 **Rapid Response Detox Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Vitamin C&E Treatment**
Apply a thin layer to entire face and let absorb for 1 minute before applying sunscreen.
- Step 4 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Rapid Response Detox Cleanser**
Apply to damp skin, massage and rinse.
Leave on for five minutes before rinsing off for a deep clean.
- Step 2 **Rapid Response Detox Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **BHA Clarifying Serum**
For the first three nights, apply a thin layer to face.
Skin Correcting Serum
For the next three nights, apply a thin layer to face. Alternate serums, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.
- Step 5 **Night Time Spot Lotion**
Shake bottle, open top, dip in a cotton swab and apply to blemish.
- Step 6 **Total Eye Repair Creme**
Lightly pat a small amount around the eye area until creme disappears.

At-Home Facial (once a week)

- Step 1 **Triple Berry Smoothing Scrub**
Apply a small amount to slightly damp skin. Gently massage over the face for 30 seconds using circular motions, concentrating on areas of pigmentation. Rinse well.
- Step 2 **Skin Correcting Serum**
Apply a thin layer to entire face.
- Step 3 **Rapid Response Detox Masque**
Apply a thin layer to entire face, leave on for 15 minutes, rinse, and apply toner and moisturizer.
- Optional **Triple Berry Smoothing Peel**
Apply to entire face, leave on for 5-10 minutes, rinse and proceed to step 1.
Use 2-3 times a month.

Essential Collection

MORNING

- Step 1 **Rapid Response Detox Cleanser**
Apply to damp skin, massage and rinse.
Leave on for five minutes before rinsing off for a deep clean.
- Step 2 **Rapid Response Detox Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.



- Step 1 **Rapid Response Detox Cleanser**
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For the first three nights, apply a thin layer to face.
Skin Correcting Serum
For the next three nights, apply a thin layer to face. Alternate serums, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.

Notes:

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skin, consider conducting a patch test to a small area on the lower cheek before using over the entire face.