Basic Collection

MORNING

Step 1 Mint Renewal Cleanser

Apply to damp skin, massage and rinse.

Step 2 Sheer Moisture Lotion

Apply a thin layer to entire face.

S EVENING

Step 1 Mint Renewal Cleanser

Apply to damp skin, massage and rinse.

Step 2 Pore + Wrinkle Perfecting Serum

For the first three nights, apply a thin layer to face.

On the alternate nights, just apply moisturizer after cleansing.

Step 3 Sheer Moisture Lotion

Apply a thin layer to entire face.





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skincare, personalized.

My Skin RX

1 2 3 4 5 6 7 8 9

Skin Type 2

Oily, Combination, Occasional Breakouts, Anti-Aging

- Enlarged pores and produces oil mostly in t-zone
- Skin feels tight, irritated or sensitive when harsh products are used
- Needs hydration without heavy oils or pore-clogging ingredients
- May get occasional, mild breakouts and cysts (weekly or monthly)
- Post-blemish red/dark scars that linger
- Wants to keep skin healthy and smooth
- May have hyperpigmentation (brown spots)
- Concerned about aging

"Having worked hands on with skin for 30 years,
I believe one size does not fit all. Skin requires products
that cater to its unique needs. Clear, beautiful skin
starts with the perfect routine."



Complete Collection



Step 1 Mint Renewal Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner**

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 **Vitamin C&E Treatment**

Apply a thin layer to entire face and let absorb for 1 minute

before applying sunscreen.

Step 4 Weightless Protection SPF 30

Warm with fingertips, apply to face and neck.



Step 1 Soothing Aloe Cleansing Milk

Apply to dry skin, massage, then wet fingertips, work through and rinse.

Step 2 **Elderberry Soothing Toner**

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Pore + Wrinkle Perfecting Serum

For the first three nights, apply a thin layer to face.

Skin Drink Concentrate

For the next three nights, apply a thin layer to face.

Alternate serums every three nights, using each for three nights at a time.

Step 4 Sheer Moisture Lotion

Apply a thin layer to entire face.

Step 5 **Total Eye Repair Creme**

Lightly pat a small amount around the eye area until creme disappears.

Can be used both day and night.

At-Home Facial (once a week)

Step 1 Mint Buffing Beads

Massage over damp skin for one minute. Rinse well. Use once during the at-home facial and twice on its own on a day that you're not using the evening exfoliating serum.

Step 2 **Skin Drink Concentrate**

Apply a thin layer to entire face.

Step 3 Energizing Cleansing Masque

Apply a thin layer (quarter-size amount) to entire face. Leave on for 15 minutes,

rinse well, and apply moisturizer.

Optional Triple Berry Smoothing Peel

Apply to entire face, leave on for 5-10 minutes, rinse and proceed to step 1.

Use 2-3 times a month.

Essential Collection



MORNING

Step 1 Mint Renewal Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner**

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Weightless Protection SPF 30

Warm with fingertips, apply to face and neck.



Notes:

Step 1 Mint Renewal Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner**

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 **Pore + Wrinkle Perfecting Serum**

For the first three nights, apply a thin layer to face.

Skin Drink Concentrate

For the next three nights, apply a thin layer to face.

Alternate serums every three nights, using each for three nights at a time.

Step 4 Sheer Moisture Lotion

Apply a thin layer to entire face.

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skin, consider conducting a patch test to a small area on the lower cheek before using over the entire face.