

Basic Collection

MORNING

Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.

Step 2 **Skin Recovery Lotion**
Apply a thin layer to entire face.

EVENING

Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.

Step 2 **Pore + Wrinkle Perfecting Serum**
Apply a thin layer to face. Use for three nights on, three nights off. On nights off, apply moisturizer after cleansing.

Step 3 **Skin Recovery Lotion**
Apply a thin layer to entire face.



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RENÉE ROULEAU

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My Skin RX

1 2 3 4 5 6 7 8 9

Skin Type 4

Oily, Combination, Sensitive,
Occasional breakouts

- Enlarged pores and produces oil mostly in t-zone
- Breaks out from heavy oils or pore-clogging ingredients
- May become red and flushes easily, gets tight and irritated by harsh products
- Occasional blemishes and cysts (weekly or monthly)
- May get clogged pores and blackheads
- Post-blemish red/dark scars that linger
- Wants to keep skin healthy and smooth
- Concerned about aging

"Having worked hands on with skin for 30 years, I believe one size does not fit all. Skin requires products that cater to its unique needs. Clear, beautiful skin starts with the perfect routine."

Renee Rouleau

Complete Collection

MORNING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Vitamin C&E Treatment**
Apply a thin layer to entire face and let absorb for 1 minute before applying sunscreen.
- Step 4 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Rapid Response Detox Cleanser**
Apply to damp skin, massage and rinse. Leave on for five minutes before rinsing off for a deeper clean.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Pore + Wrinkle Perfecting Serum**
For the first three nights, apply a thin layer to face.
Skin Correcting Serum
For the next three nights, apply a thin layer to face. Alternate serums, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.
- Step 5 **Total Eye Repair Creme**
Lightly pat a small amount around the eye area until creme disappears. Can be used both day and night.

At-Home Facial (once a week)

- Step 1 **Dual Enzyme Softening Peel**
Apply to clean, damp skin and leave on for 15-20 minutes. Rinse well. If you're using any of our exfoliating acid serums for three nights on, three nights off, use this peel during the non-exfoliating nights.
- Step 2 **Skin Correcting Serum**
Apply a thin layer to entire face.
- Step 3 **Rapid Response Detox Masque**
Apply a thin layer to entire face, leave on for 15 minutes, rinse, and apply toner and moisturizer.

Essential Collection

MORNING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Pore + Wrinkle Perfecting Serum**
For the first three nights, apply a thin layer to face.
Skin Correcting Serum
For the next three nights, apply a thin layer to face. Alternate serums, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.

Notes:

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skins, consider conducting a patch test to a small area on the lower cheek before using over the entire face.