

# Basic Collection

## MORNING

Step 1 **Moisture Protecting Cleanser**  
Apply to damp skin, massage and rinse.

Step 2 **Glow Enhancing Creme**  
Apply a thin layer to entire face and neck.

## EVENING

Step 1 **Moisture Protecting Cleanser**  
Apply to damp skin, massage and rinse.

Step 2 **Pro Results Power Serum**  
For the first three nights, apply a thin layer to face. On the alternate nights, just apply moisturizer after cleansing.

Step 3 **Glow Enhancing Creme**  
Apply a thin layer to entire face and neck.



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# RENÉE ROULEAU™

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## My Skin RX

1 2 3 4 5 6 7 8 9



### Skin Type 7

Dry, Tired, Aging

- Skin feels tight and dry year round
- Needs hydration and nourishment
- May have enlarged pores mostly in t-zone, including blackheads
- May have hyperpigmentation (brown spots)
- Skin looks tired, in need of a glow
- May have loss of tone and elasticity
- Wants to keep skin healthy and smooth
- Concerned about aging

*"Having worked hands on with skin for 30 years, I believe one size does not fit all. Skin requires products that cater to its unique needs. Clear, beautiful skin starts with the perfect routine."*

A handwritten signature in black ink that reads "Renee Rouleau".

# Complete Collection

## MORNING

- Step 1 **Moisture Protecting Cleanser**  
Apply to damp skin, massage and rinse.
- Step 2 **Energy Boosting Toner**  
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Vitamin C&E Treatment**  
Apply a thin layer to entire face and let absorb for 1 minute before applying sunscreen.
- Step 4 **Weightless Protection SPF 30**  
Warm with fingertips, apply to face and neck.

## EVENING

- Step 1 **Vitamin-Infused Cleansing Emulsion**  
Apply to dry skin, massage, then wet fingertips, work through and rinse.
- Step 2 **Energy Boosting Toner**  
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Advanced Resurfacing Serum**  
**Pro Results Power Serum**  
**Firm + Repair Overnight Serum**  
SUNDAY, MONDAY, WEDNESDAY, THURSDAY - Advanced Resurfacing Serum  
TUESDAY, SATURDAY - Pro Results Power Serum  
FRIDAY - Firm + Repair Overnight Serum  
Repeat.
- Step 4 **Glow Enhancing Creme**  
Apply a thin layer to entire face and neck.
- Step 5 **Total Eye Repair Creme**  
Lightly pat a small amount around the eye area until creme disappears.  
Can be used both day and night.

## At-Home Facial (once a week)

- Step 1 **Mint Buffing Beads**  
Massage over damp skin for one minute. Rinse well. Use once during the at-home facial and twice on its own on a day that you're not using the evening exfoliating serum.
- Step 2 **Firm + Repair Overnight Serum**  
Apply a thin layer to entire face.
- Step 3 **Pure Radiance Creme Masque**  
Apply a thin layer (quarter-size amount) to entire face. Leave on for 15 minutes, rinse well, and apply moisturizer.
- Optional **Triple Berry Smoothing Peel**  
Apply to entire face, leave on for 5-10 minutes, rinse and proceed to step 1.  
Use 2-3 times a month.

# Essential Collection

## MORNING

- Step 1 **Moisture Protecting Cleanser**  
Apply to damp skin, massage and rinse.
- Step 2 **Energy Boosting Toner**  
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Weightless Protection SPF 30**  
Warm with fingertips, apply to face and neck.

## EVENING

- Step 1 **Moisture Protecting Cleanser**  
Apply to damp skin, massage and rinse.
- Step 2 **Energy Boosting Toner**  
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Pro Results Power Serum**  
For the first three nights, apply a thin layer to face.  
**Firm + Repair Overnight Serum**  
For the next three nights, apply a thin layer to face. Alternate serums every three nights, using each for three nights at a time.
- Step 4 **Glow Enhancing Creme**  
Apply a thin layer to entire face and neck.

Notes:

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When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skin, consider conducting a patch test to a small area on the lower cheek before using over the entire face.