

Basic Collection

MORNING

Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.

Step 2 **Skin Recovery Lotion**
Apply a thin layer to entire face.

EVENING

Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.

Step 2 **Pore + Wrinkle Perfecting Serum**
For the first three nights, apply a thin layer to face. On the alternate nights, just apply moisturizer after cleansing.

Step 3 **Skin Recovery Lotion**
Apply a thin layer to entire face.



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RENÉE ROULEAU

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My Skin Prescription

1 2 3 **4** 5 6 7 8 9

Skin Type 4

Oily, Combination, Sensitive,
Occasional breakouts

- Enlarged pores and produces oil mostly in t-zone
- Breaks out from heavy oils or pore-clogging ingredients
- Skin that may become red and flushes easily, gets tight and irritated by harsh products
- Occasional blemishes and cysts (weekly or monthly)
 - May get clogged pores and blackheads
 - Post-blemish red/dark scars that linger
 - Wants to keep skin healthy and smooth
 - Concerned about aging

One size does not fit all. Beautiful skin requires choosing products formulated for the unique needs of your skin. And it all begins with our nine skin types.

Renee Rouleau

Complete Collection

MORNING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Vitamin C&E Treatment**
Apply a thin layer to entire face and let absorb for 1 minute before applying sunscreen.
- Step 4 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Soothing Aloe Cleansing Milk**
Apply to dry skin, massage, then wet fingertips, work through and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Pore + Wrinkle Perfecting Serum**
For the first three nights, apply a thin layer to face.
- Skin Correcting Serum**
For the next three nights, apply a thin layer to face. Alternate serums every three nights, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.
- Step 5 **Total Eye Repair Creme**
Lightly pat a small amount around the eye area until creme disappears. Can be used both day and night.

At-Home Facial (once a week)

- Step 1 **Dual Enzyme Softening Peel**
Apply to clean, damp skin and leave on for 15-20 minutes. Rinse well. Use 1-3 times a month, or as needed. If you're using any of our exfoliating acid serums for three nights on, three nights off as recommended for your skin type, you would use the it once or twice a month during the non-exfoliating nights.
- Step 2 **Skin Correcting Serum**
Apply a thin layer to entire face.
- Step 3 **Rapid Response Detox Masque**
Apply a thin layer to entire face, leave on for 15 minutes, rinse, and apply toner and moisturizer.
- Optional **Triple Berry Smoothing Peel**
Apply to entire face, leave on for 5-10 minutes, rinse and proceed to step 1. Use 2-3 times a month.

Essential Collection

MORNING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Purifying Face Wash**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Pore + Wrinkle Perfecting Serum**
For the first three nights, apply a thin layer to face.
- Skin Correcting Serum**
For the next three nights, apply a thin layer to face. Alternate serums every three nights, using each for three nights at a time.
- Step 4 **Skin Recovery Lotion**
Apply a thin layer to entire face.

Notes:

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skins, consider conducting a patch test to a small area on the lower cheek before using over the entire face.