



Sweet Mustard Dressing



This dressing is a delicious replacement for traditional honey mustard dressing. It's smooth and creamy with perfectly balanced flavors.

created by: Kim Campbell

INGREDIENTS

4 ounces extra firm tofu	¼ cup yellow mustard
5 pitted dates	1 tablespoon lemon juice
¾ cup water	2 tablespoons apple cider vinegar

DIRECTIONS

1. Place all ingredients into a high-powered blender and blend until smooth and creamy. Store in an airtight container in the refrigerator.

TIP

make ahead and store in refrigerator for 7-10 days

DRESSINGS + SAUCES



PREP



COOK



YIELDS

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