

PLANTPURE ENTREES BACK ON THE MARKET!

We are happy to report that our <u>PlantPure Frozen Entrees</u> are back on the market. We suggest you buy them through our website at <u>PlantPureNation.com</u>. You also may be able to find them on Amazon, although quantities in their store will be limited initially. If you go to Amazon and can't find PlantPure, then just head back to our site.

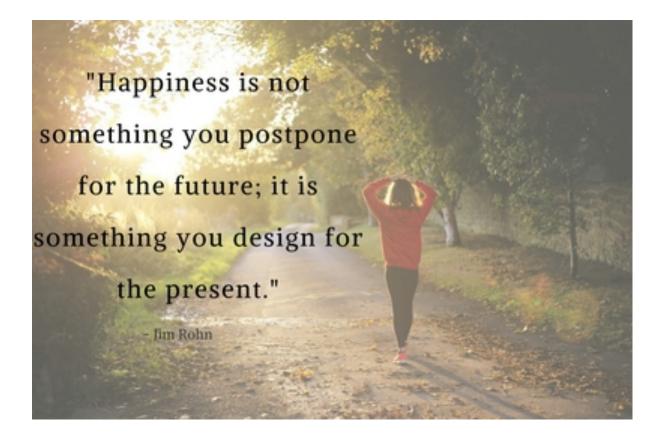
We can go live again because we have fixed our tray sealing problem, and have also made other changes to improve our package delivery. With the assistance of our co-packing and fulfillment partners, we think we have done all that we can do to make sure our entrees are delivered to you in good condition. If you have any problems, however, please be sure to contact us via our website.

In our last newsletter, I mentioned that we were going to launch in early July a grassroots initiative called "PlantPure Challenge." We have developed a program that is modeled to some degree after the famous "Ice Bucket Challenge." We will challenge people to give the plant-based diet a try, to provide testimony on their results, and to share this testimony with family members, friends, and co-workers. This structured program will make it easy for people to learn about and try the diet. We also will offer prizes and financial incentives to encourage the sharing of results.

In addition to launching the PlantPure Challenge, we will simultaneously launch an affiliate program, which will enable people and organizations promoting the PlantPure Jumpstarts and food to earn a share of the resulting revenue. These programs go together in that many of these affiliates will help to promote the Challenge. Our goal is to create a viral effect that leverages the power of people to spread the plant-based nutrition message.

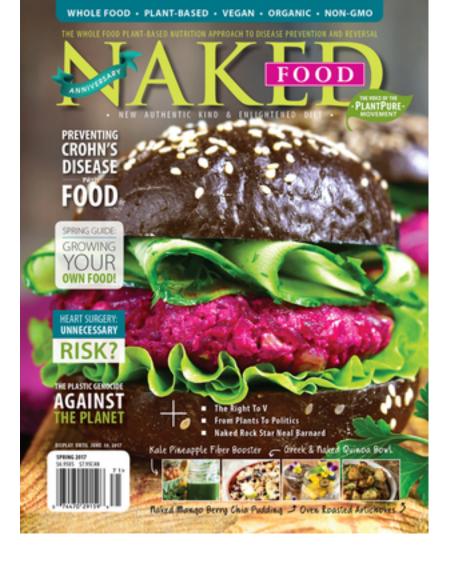
- Nelson Campbell

Words to Live By



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Featured PlantPure Recipe

Pinneaple Sorbet

From Kim Campbell

If you have ever tried Pineapple Whip at Disneyland or the Dole Plantation in Hawaii, then you will be familiar with this recipe. This sorbet is a plant based healthy version that is creamy, refreshing, and satisfying. It's my new favorite dessert.



Check out this recipe, and the latest <u>PlantPure Recipes</u> submitted by members of PlantPure Nation and the author of the PlantPure Nation Cookbook, Kim Campbell.

Serves: 4

Time: 5 minutes

Cook Time: 0 minutes

Ingredients

1 ripe pineapple or (3 cups frozen pineapple)

1/2 cup non dairy milk

1 tablespoon maple syrup

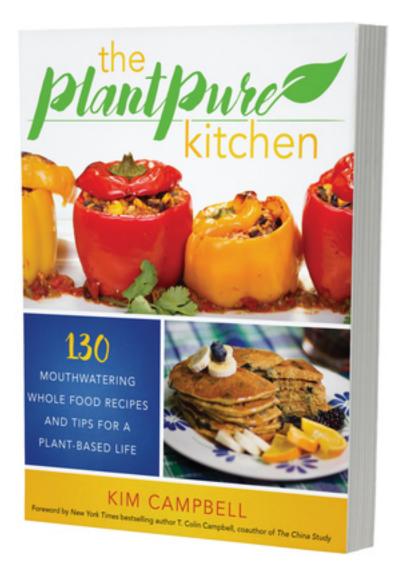
1/4 cup lite coconut milk

Instructions

- 1. Peel and cup up the pineapple, making sure to take out all the core. Freeze overnight. If you don't have time, you can use a store bought frozen pineapple.
- 2. Place all ingredients in a high-powered blender (a Vitamix works best). Blend until creamy. If needed, add more milk to get your blades spinning smoothly.
- 3. Divide among 4 bowls and serve immediately.

Browse Now

Purchase Your Copy of **The PlantPure Kitchen** Today!



Kim Campbell builds on favorites from her last cookbook, turning recipes like the Creamy African Stew into tasty African Wraps, and shares tons of new recipes that will turn any plant-based eater into a chef with ease. With compassion for the challenges of following a plantpure diet, Campbell lends advice about the best natural sweeteners, the most useful kitchen tools for plant-based cooking, vegan-friendly substitutions for making recipes gluten-free, and a whole lot more.

PlantPure Frozen Entrees



Standard Pack of 10 Frozen Entrees



Standard Pack of 20 Frozen Entrees



Pick 20 A La Carte Entrees

PlantPure Kitchen Starters



Kitchen Starter A La Carte



Standard Pack of Meal Starters & Dressings

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Download or stream the acclaimed breakthrough feature documentary film PlantPure Nation.



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