



Soy yogurt is the perfect base for so many dips and dressings. I like to strain Instant Pot® soy yogurt to create a very thick Greek style yogurt. These smoky ranch style spices create such an authentic flavor you will never miss the original milk based ranch dip.

INGREDIENTS

created by: Kim Campbell

2½ cups strained unsweetened soy yogurt

1 tablespoon dried chives

2 teaspoon onion powder

1 teaspoon garlic powder

1 teaspoon dried dill

¼ teaspoon sea salt or to taste

½ teaspoon black pepper

¼ cup nutritional yeast flakes

1½ teaspoons smoked paprika

DIRECTIONS

- 1. Follow the recipe for Instant Pot® Soy Yogurt. Line a colander with a coffee filter and place the colander on top of a bowl. Scoop the yogurt onto the coffee filter and cover. Allow the yogurt to drain for 4-6 hours. It will have the consistency of thick Greek style yogurt.
- 2. Place the yogurt into a medium sized bowl and add the remaining spices. Serve with cut veggies or crackers. Cover and refrigerate for up to 5 days.

KIM'S HINTS: You can also add a little nondairy milk to this dip to create a delicious creamy ranch style dressing.

DRESSINGS + SAUCES







