To measure the size of your wrist:
It is easiest to use a tape measure or a piece of tape to measure your wrist. Roll up the tape around your wrist and then check it on the size of the ruler.

The bracelet comes in three sizes:

Size Small: Circumference $15.5 \mathrm{~cm} \rightarrow 6.1$ inches
Size Medium: Circumference $16.5 \mathrm{~cm} \rightarrow 6.5$ inches
Size Large: Circumference $17.5 \mathrm{~cm} \rightarrow 6.9$ inches


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Note that: The instrument of measurement provided offers information that can be incorrect.

