October 1st is National Hair Day and the 10th is National Love Your Hair Day – to celebrate I've come up with some of my favorite items that are perfect for achieving, maintaining and styling your most perfect hair.

1. **Shampoo & Conditioner**
   - Choose a shampoo and conditioner that suits your hair type. Look for products that are free from sulfates, parabens, and silicones.

2. **Styling Products**
   - Invest in good quality styling products. This includes mousse, gel, and other styling aids that help to achieve the desired look.

3. **Hair Dryer**
   - A good hair dryer is essential for achieving smooth and straight hair. Look for a model that has a cool shot button to set your style.

4. **Straighteners & Curling Irons**
   - These tools are great for achieving a variety of hairstyles. Choose a model with adjustable temperature settings to suit your hair type.

5. **Haircut**
   - Regular haircuts are important for maintaining healthy and manageable hair. Schedule a cut every 6-8 weeks.

6. **Heat Protectant**
   - Protect your hair from heat damage with a good heat protectant. Apply it to damp hair before styling.

7. **Hair Accessories**
   - Hair accessories like clips, barrettes, and headbands can add extra style to your look.

Remember, the key to great hair is consistency and regular care. Happy National Hair Day!