WORKOUT SHORTCUTS: 6 QUICK TIPS TO GET STRONGER, FASTER



SHE

grooming

NEATNESS COUNTS

AN

OVI

COL REV

MULL WHA SAYS

ARE

Clean Up Your Act

4 Quick Fixes for That Train Wreck You Call a "Look"

R Hair, Hair!

Lasers - they're not just for freaking out the FAA anymore. The HairMax Laser Comb provides

the benefits of hair-clinic laser treatment at a fraction of the cost, providing thicker, fuller, healthier hair with only a few 10-minute usages per week. Its low-level laser light nourishes and revitalizes your hair, gradually leaving it thicker, shinler and more manageable. \$645; www.hairmax.com

32 MEN'S EDGE

- HOW TO FIND ANOTHER JOB (WHILE WORKING THE ONE YOU HAVE)
 - **ADVENTURES IN HAND MODELING** 'ROUND-THE-WORLD BIKE RIDING

