

ACAI BOWLS

ADD VEGAN PROTEIN TO ANY OF THE FOLLOWING FOR \$1.50

| REVITA BOWL | 411 Cal \$11.98 BANANA | TRAIL MIX SHREDDED COCONUT

ULTIMATE BOWL | 514 Cal \$15.98 BANANA | PEANUT BUTTER | TRAIL MIX SHREDDED COCONUT | GOJI BERRY | CHIA SEEDS | VEGAN PROTEIN

CLOUD ACAI BOWL | 425 Cal \$13.98 BANANA | QUINOA PUFFS | STRAWBERRY VANILLA COCONUT YOGURT | COCOA NIBS

| PEANUT BUTTER BOWL | 436 Cal \$12.98 BANANA | STRAWBERRY | KIWI PEANUT BUTTER BASE | CHIA SEEDS

| BLUEBERRY ACAI BOWL | 504 Cal \$14.98 BANANA | ALMOND BUTTER | TRAIL MIX COCONUT | BLUEBERRY CHIA COMPOTE

COCONUT YOGURT BOWLS

VANILLA | PLAIN

CLASSIC BOWL | 384-399 Cal \$11.98

MASTER BOWL | 517-542 Cal \$14.98 BANANA | TRAIL MIX | STRAWBERRY | KIWI PEANUT BUTTER | CHIA SEEDS | WALNUT SHREDDED COCONUT

SPECIALTY BOWLS

ADD VEGAN PROTEIN OR COLLAGEN TO ANY OF THE FOLLOWING FOR \$2.00

DRAGON BOWL | 262 Cal \$12.98 DRAGON FRUIT BASE | STRAWBERRY | KIWI BANANA | ALMONDS | CHIA

| MACA BOWL | 466 cgi 512.98 MACA POWER BASE | BANANA | GRANOLA COCOA NIBS | JOUINGA PUFFE | BANANA BASE

\$4.25

ALMOND BUTTER COOKIE | 280 Cal \$4.00 ALMOND BUTTER | OATS | UNSWEETENED COCONUT COCONUT SUGAR + OIL | CANE SYRUP | VANILLA FLAXSEED I DAIRY FREE CHOCOLATE CHIPS

PEANUT BUTTER COOKIE | 274 Cal \$3.50 PEANUT BUTTER | OATS | UNSWEETENED COCONUT COCONUT SUGAR + OIL | CANE SYRUP | VANILLA FLAXSEED | DAIRY FREE CHOCOLATE CHIPS

PECAN CRANBERRY COOKIE | 400 Cal / cookie \$4.75 PECAN | CANANDLANT LOUNIE | 400 Cal / cookie 54.
PECAN | CARANBERRIES | RAISINS | VANILLA EXTRACT
MAPIE SYRUP | COCONUT OIL | UNSWEETENED APPLE SAUCE
CANE SUGAR | OAT FLOUR | BROWN RICE FLOUR | TAPIOCA STARCH
ARROWROOT FLOUR | SORGHUM FLOUR



HAND

DOUBLE CHOCOLATE **ZUCCHINI MUFFIN**

ZUCCHINI | OATS | COCOA | CINNAMON COCONUT SUGAR | COCONUT OIL | MAPLE SYRUP VANILLA | FLAXSEED | DAIRY FREE CHOCOLATE CHIPS 390 Cal

BANANA ALMOND

CHOCOLATE MUFFIN
ALMOND BUTTER I DATS | BANANA | VANILLA
COCONUT SUGAR | COCONUT OIL | CINNAMON
APPLE CIDER VINEGAR | DAIRY FREE CHOCOLATE CHIPS

LEMON BERRY COCONUT MUFFIN

OATS | COCONUT FLOUR | LEMON | COCONUT OIL CANE SUGAR | ALMOND MILK | BLACKBERRIES RASPBERRIES | CHIA SEEDS | BEET JUICE 350 Cal

ORIGINAL BANANA OAT PUCK | 300 Cal \$5.00 BANANA | CINNAMON | COCONUT OIL GLUTEN-FREE OATS | VEGAN CHOCOLATE CHIPS

PUMPKIN PUCK | 370 Cal \$4.95 PUMPKIN | PECANS | COCONUT OIL | SUNFLOWER SEEDS PUMPKIN SEEDS | GLUTEN-FREE OATS | PUMPKIN SPICE VEGAN PROTEIN | CHIA SEEDS | MAPLE SYRUP HIMALAYAN SEA SALT

BLUEBERRY MAPLE OATMEAL | 178 Cal \$5.98 BLUEBERRY | MAPLE SYRUP CHIA | PLANT BASED MILK

APPLE CINNAMON OATMEAL | 194 Cal \$5.98 FRESH APPLES | CINNAMON | CHIA MAPLE SYRUP | PLANT BASED MILK

OVERNIGHT PROTEIN 480 Cal \$6.00 PEANUT BUTTER OATMEAL

OATS | CASHEWS | VANILLA | PEAUNT BUTTER MAPLE | SUN WARRIOR PROTEIN

OVERNIGHT PROTEIN | 440 Cal \$6.95 SNICKERS OATMEAL

OATS | MAPLE SYRUP | PEANUT BUTTER | CHIA SEEDS SUN WARRIOR PROTEIN | COCOA POWDER ALMOND MILK | DARK CHOCOLATE | ROASTED PEANUTS

WRAPS, SOUPS &

WARRIOR SALAD | 343 Cal \$11.98 MIXED GREENS | CHICKPEA | BLACK LENTIL SUNFLOWER SEEDS | PUMPKIN SEED | DRIED CRANBERRY

SWEET POTATO NOODLES | 320 Cal 640 Cal 640 Cal 649 Cal 640 Cal SWEET POTATO I BOK CHOY I CARROT I ONION BROCCOLI | CANE SYRUP | TAMARI | SESAME OIL

SPICY PEANUT JACKFRUIT NOODLES | 560 Cal \$12.99

RICE VERMICELLI NOODLES | JACKFRUIT | PEANUT BUTTER | RED ONION | RED CABBAGE | RED PEPPERS | GREEN ONION | GINGER | GARLIC | CHIPOTLE SAUCE CANE SYRUP | TAMARI | MUSTARD | SESAME OIL | RICE VINEGAR | CAYENNE PEPPER

ROASTED VEGETABLE QUINOA | 470 Cal \$11.98

RED/WHITE QUINOA | SPINACH | SWEET POTATO | RED ONION RED PEPPER | EDAMAME

CHICKPEA 'TUNA' WRAP | 510 Cal / wrap \$12.99 CHICKPEA | ONION | CELERY | PICKLES | OLIVE OIL | PICKLED RED ONION ROMAINE | VEGENAISE | TORTILLA WRAP

CHICKPEA 'TUNA' SALAD I 520 Cal \$7.99 CHICKPEA | ONION | CELERY | PICKLES | OLIVE OIL PICKLED RED ONION | ROMAINE | VEGENAISE

ORIGINAL RICE WRAPS | 140 Cal / wrop \$11.98 [PACK OF 3] RICE WRAP | GREEN LEAF LETTUCE | QUINDA | CARROT | POMEGRANATE | AVOCADO CUCUMBER | BELL PEPPER | SWEET POTATO | SPROUTED MICRO GREENS | LENTIL

CAULIFLOWER GINGER SOUP | 110Cal /cup \$15.00 CAULIFLOWER | LEEKS | WHITE POTATO | ONION GINGER | COCONUT CREAM | GARLIC | ROSEMARY SEA SALT | BLACK PEPPER

HEARTY VEGETABLE SOUP | 80Col /cup \$15.00 CARROT | CELERY | SQUASH | ZUCCHINI POTATO | ONION | CILANTRO | VEGETABLE OIL ONION POWDER | SEA SALT

PUMPKIN THAI SOUP | 160Col /cup \$15.00 PUMPKIN | SQUASH | CHICKPEA | ISWEET POTATO CURRY POWDER | COCONUT MILK | CILATIRO ONION | ONION POWDER | VEGETABLE OIL | SEA SALT

BROCCOLI DILL SOUP | XXXCal /cup \$15.00 BROCCOLI | LEEKS | ONION | DILL CILANTRO | VEGETABLE OIL



TRIED OUR KALE CHIPS?

AVAILABLE IN: MANGO CURRY CHEDDAR BACON THAI GINGER (SPICY) \$10.00

QUESO CHILLI I 190 Cal \$15.00

CARROT | CELERY | ZUCCHINI | BLACK BEAN PINTO BEAN | KIDNEY BEAN | BELL PEPPER TOMATO | CHILLI SPICE | NUTRITIONAL YEAST CASHEW | ALMOND MILK | ONION VEGETABLE OIL

BORSCHT SOUP | 80 Cal \$15.00 BEETS | ONIONS | CARROTS | CELERY
WHITE POTATO | CILANTRO | LEEKS | CABBAGE
GARLIC | BAY LEAVES | BLACK PEPPER
TOMATO PASTE | ONION POWDER
SEA SAIT | VEGETABLE OIL



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ORGANIC | VEGAN | GLUTEN-FREE



RADICADO | 257 Cal AVOCADO | RADISH | CHILI FLAKES RED ONION | CHIA SEEDS \$5.98

GROUNDED | 235 Cal \$6.9 AVOCADO | ARUGULA | BALSAMIC GLAZE ROASTED MUSHROOMS

WILD BERRY | 246 Cal \$5.98 BLUEBERRY CHIA COMPOTE HEMP HEARTS | ALMOND OR PEANUT BUTTER

PICO DE AVO | TBD Cal \$6.98 AVOCADO | CHERRY TOMATO | LIME RED ONION | PINK SALT | BLACK PEPPER CILANTRO

POWERLIFTER | 343 Col NUT BUTTER | BANANA | CHIA SEEDS ALMOND | HONEY | CINNAMON

TUNA | 317 Cal \$6.98 VEGAN "TUNA" CHICKPEA SALAD PICKLED RED ONION

TIRAMISU | 413 CAL \$7.50
CASHEWS | COCONUT CREAM | LEMON | DATES | SALT | COCONUT FLOUR
COCONUT OIL | VANILLA | DARK CHOCOLATE | COFFEE
CANE SUGAR | CHIA SEEDS | BAKING SODA | ARROWROOT FLOUR

RASPBERRY CHEESECAKE | 378 CAL \$7.50 RAW ALMONDS | COCONUT OIL | CASHEWS | GLUTEN FREE OATS WALNUT | VANILLA | RASPBERRY | BLACKBERRY

CHOCOLATE CHEESECAKE | 378 CAL 57.50 DARK CHOCOLATE | RAW ALMONDS | COCONUT OIL CASHEWS | DATES | VANILLA | MAPLE SYRUP QUINOA PUFFS | SHREDDED COCONUT

VANILLA CHIA PUDDING | 380 CAL 57.50 CHIA SEEDS | VANILLA COCONUT KEFIR | ALMOND MILK MAPLE SYRUP | CINNAMON | VANILLA | RASPBERRY BLACKBERRY | SUNFIOWER & PUMPKIN SEEDS | ALMONDS

PLAIN CHIA PUDDING J 310 CAL 57.50
CHIA SEEDS J UNSWEETENED COCONUT KEFIR I ALMOND MILK
MAPLE SYRUP I CINNAMON I VANILLA I RASPBERRY
BLACKBERRY I SUNFLOWER & PUMPKIN SEEDS I ALMONDS

MANGO CHIA PUDDING | 250 CAL \$7.50
MANGO COCONUT KEFIR | CHIA SEED | ALMOND MILK
MAPLE SYRUP | CINNAMON | VANILLA | FRESH MANGO CHUNKS

POMEGRANATE BEET CHIA PUDDING | 250 CAL \$7.50 POMEGRANATE | BEET | CHIA SEED PLAIN & VANILLA COCONUT KEFIR | MAPLE SYRUP

PLAIN CHIA PUDDING | 250 CAL 57.50 CHIA SEED | MANGO COCONUT KEFIR | ALMOND MILK MAPLE SYRUP | CINNAMON | VANILLA | FRESH MANGO CHUNKS

