

THE NEW BALANCE TRACKSTER NEWSLETTER

Your exclusive inside look into New Balance



WELCOME TO THE TRACKSTER NEWSLETTER! WE ARE EXCITED TO SHARE ALL OF OUR FAVORITES WITH YOU. THANK YOU FOR READING AND ENJOY!



FUELCELL REBELV2 REVIEW

TRACKSTER HANNAH GRIFFIN COLORADO

I was a big fan of the FuelCell Rebelv1 and used it both for training runs and on race day for a couple of marathons. So, I was eager to test out version 2. Guess what-I loved it! The versatility of this shoe makes it a dream for pretty much anything I have planned for the day - from long runs to track days this shoe covers all of the bases and does so in a way that keeps me feeling speedy (even on days that I'm not). I can't wait for races to pick back up to really put this incredible shoe to test but for now, I'll keep logging those daily miles in the Rebelv2!

MEET THE NEWESTER TRACKSTER

TESSA DOMBI- NC/SC/VA TERRITORY



Her passion for running and experience in communications landed her at the Fleet Feet corporate office in North Carolina where she worked in marketing before coming over to New Balance.

A 2018 graduate of THE Ohio State University, this Medina native has a degree in strategic communication and a minor in agriculture communication.

Before transferring schools, Tessa competed for Slippery Rock University for a year and a half, eventually joining the club team at OSU.



When she is not at the desk supporting her accounts virtually, Tessa loves getting out for a good long run followed by a cold beer while relaxing with her two dogs, Jackson and Wesley.

Welcome to the team, Tessa!

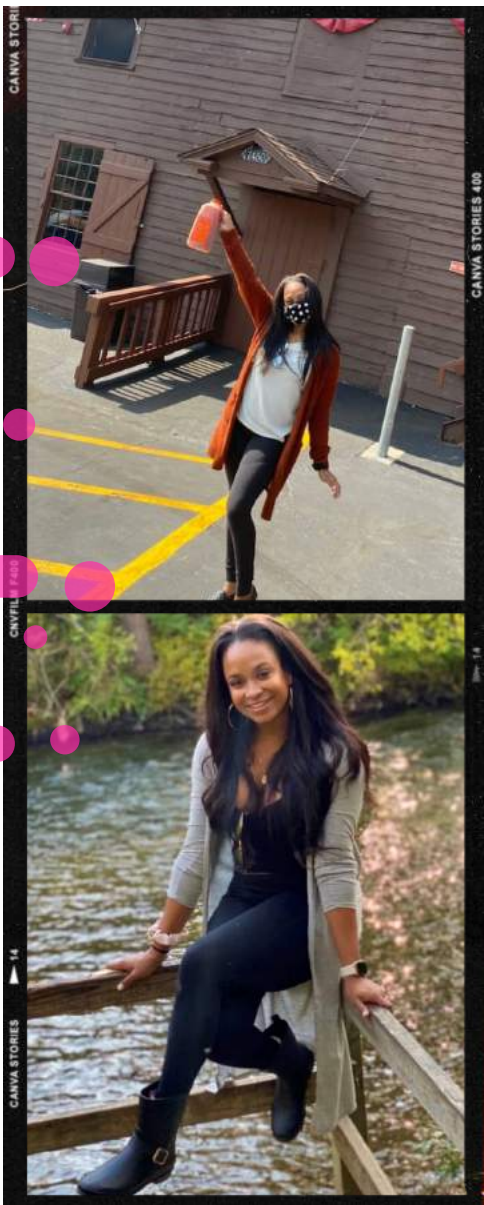


FOLLOW HER ADVENTURES - @NBCAROLINATRACKSTER

MEET THE NEWEST TRACKSTER

MORGAN TAYLOR- DC/MD/VA TERRITORY

Born in Southfield, Michigan, Morgan graduated from Southern University & A&M college in 2015 where she majored in mass communications with a concentration in public relations and minor in business administration.



Besides being an excellent student, Morgan also played Tennis on a full-ride scholarship. We know she will have the brains and brawn to take the gauntlet in D.C. and be successful.

When she finds time to step away from the desk, Morgan loves to get in a solid workout which often involves chasing around her dog, Bear.

Welcome to the team, Morgan!



FOLLOW HER ADVENTURES - @_DMVTRACKSTER

TRACK WORKOUT AND GEAR CORNER

TRACKSTER ALLY EADS, MICHIGAN



STRAVA™

Join our Strava Club for more content and fun challenges!

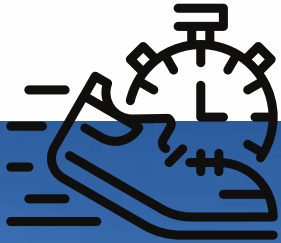


Printed Fast Flight Jacket

- Wind and water-resistant
- Cropped length with adjustable hem
- Zip hand pockets

Printed Fast Flight Split Short

- Wide elastic waistband with drawcord
- Color Blocking/ Contrast piping
- NB Dry to wick away moisture



Track Workout- THE MICHIGAN

This workout is a combination of hard track work and tempo efforts off the track

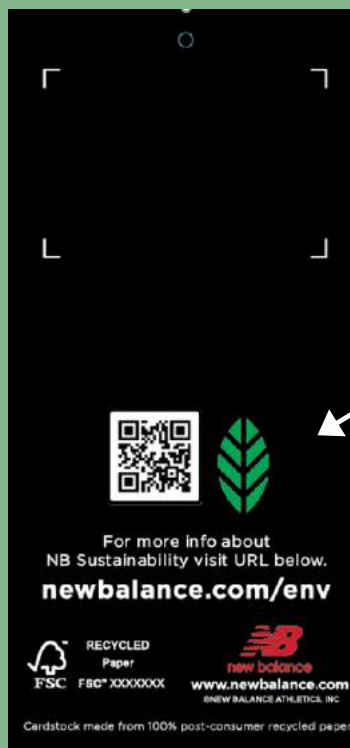
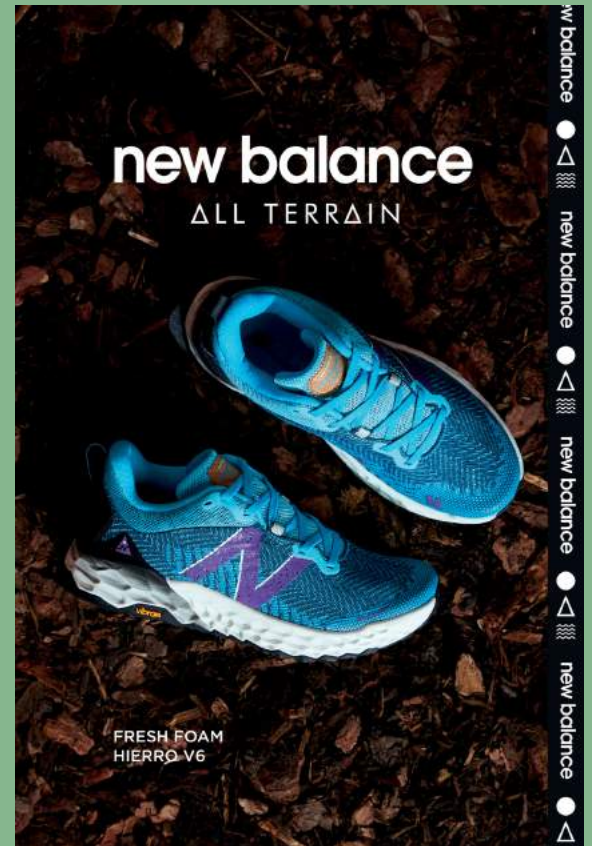
- 1600m @ 10k Pace
- 2k tempo on grass preferably
- 1,200m @ 5k pace
- 2k tempo
- 800m @ 3k pace
- 2k tempo
- 400m everything you have left...



New Balance Sustainable Efforts



Through 2021, New Balance will donate 1% of MSRP from all Fresh Foam Hierro v6 sold in the U.S. to 1% for the Planet to benefit organizations working on climate change and public lands.



New Balance Green Leaf products are made of 50% or more environmentally preferred materials such as recycled, natural or organic content.

FUELING TO WIN: SWEET POTATO PANCAKES

TRACKSTER LAUIRA- CHICAGO, IL

Featured in **The Runner's Kitchen**,
a new cookbook by Team NB runner
and Olympian Emma Coburn

Scan to follow along!

Ingredients:

- 1 large sweet potato
- 2 cups all-purpose flour
- 4 tsp baking powder
- 2 tbsp granulated sugar
- 1 tsp ground cinnamon
- 1 tsp ground nutmeg
- 2 cups milk, at room temperature
- 4 tsp butter, melted
- 2 eggs
- maple syrup optional- to serve
- whipped cream optional- to serve

Instructions:

1. Cut the sweet potato in half, pierce several times with a fork, and place on a plate with a splash of water. Microwave for 5 minutes or until soft. When soft, scoop out the flesh and discard the skin. (You should have about 1 cup of sweet potato.) Mash to create a smoother texture if needed.
2. In a large bowl, combine the flour, baking powder, sugar, cinnamon, and nutmeg. In a second bowl, combine the milk, butter, eggs, and mashed sweet potato. Mix thoroughly.
3. Slowly add the wet ingredients to the dry ingredients, stirring until just combined. Let the batter rest for 3-4 minutes.
4. Heat a large skillet over medium-high heat. When hot, spray with cooking spray and add 1/3 cup batter to the skillet for each pancake. Reduce the heat to medium-low. Cook for 2 minutes or until bubbles form on top of the pancakes and burst. Flip the pancakes and cook the other side for 2 minutes. Repeat for the remaining pancake batter.
5. Serve the pancakes warm with maple syrup and whipped cream, if using.



FOOTWEAR FUTURE UPDATES

REBEL V2 - MAY 2021

Combining explosive energy return with a smooth underfoot transition, the FuelCell Rebel is back with a game-changing update.



Tech
Details

- Drop: 6mm; Weight: (W) 5.9 oz (M) 7.2 oz
- Breathable Mesh Upper with bold design language
- Gusseted tongue replaces the bootie construction of the v1 to allow for greater volume and adjustability
- Updated heel counter with foam collar for lockdown
- FuelCell midsole provides a propulsive and energizing ride
- Blown rubber outsole replaces the crystal rubber of the v1 to provide a slightly less aggressive underfoot feel

Please scan the QR code for a brief survey to tell us how we are doing:

