

Swim (Yards)				Bike (Miles)				Run (Miles)				Binghamton University Decker School of Nursing										Triathlon Training In Class Triathlon Results Health & Wellness Studies										April 26th, 2024 West Gym	
500				12				2.5																									
Wave 1   8:30 Start Time												Results																					
Bib #	Athlete	Bib #	Start Time	Bib#	Swim	Pace/100yd	Place / Swim	T1	Place / T1	Bike	mph	Place   Bike	T2	Place / T2	Run	Pace/mi	Place   Run	Overall	Place   Overall														
1	35 John G	35	0:00:00	35	0:09:25	0:01:53	12	0:01:15	2	0:40:58	17.58	7	0:00:55	20	0:38:30	0:15:24	17	1:30:08	9														
2	48 Franklin	48	0:00:00	48	0:11:23	0:02:17	19	0:01:25	5	0:51:07	14.09	17	0:00:45	12	0:39:04	0:15:38	18	1:42:59	18														
3	53 Michael	53	0:00:00	53	0:13:25	0:02:41	20	0:02:57	19	1:00:08	11.97	23	0:01:11	22	0:29:32	0:11:49	10	1:46:02	19														
4	68 Auriel	68	0:00:00	68	0:15:19	0:03:04	23	0:02:13	13	0:52:39	13.68	21	0:00:30	1	0:25:00	0:10:00	4	1:35:11	14														
6			0:00:00																														
7			0:00:00																														
8			0:00:00																														
9			0:00:00																														
10			0:00:00																														
11			0:00:00																														
12			0:00:00																														
Wave 2   8:45 Start Time																																	
Bib #	Athlete	Bib #	Start Time	Bib#	Swim	Pace/100yd	Place / Swim	T1	Place / T1	Bike	mph	Place   Bike	T2	Place / T2	Run	Pace/mi	Place   Run	Overall	Place   Overall														
1	47 Nicole	47	0:15:00	47	0:13:33	0:02:43	22	0:02:25	15	0:53:12	13.53	22	0:00:46	14	0:27:15	0:10:54	8	1:36:25	15														
2	78 Alyssa	78	0:15:00	78	0:10:02	0:02:00	16	0:01:55	9	0:51:57	13.86	19	0:00:40	9	0:30:11	0:12:04	11	1:34:05	10														
3	93 Kimberly	93	0:15:00	93	0:10:07	0:02:01	17	0:01:38	7	0:52:00	13.85	20	0:00:47	15	0:30:20	0:12:08	12	1:34:05	10														
4	106 Caitlyn	106	0:15:00	106	0:09:38	0:01:56	13	0:01:16	3	0:43:36	16.51	11	0:00:50	16	0:25:53	0:10:21	6	1:20:23	6														
5	114 Jessica	114	0:15:00	114	0:09:10	0:01:50	11	0:01:33	6	0:43:17	16.63	10	0:00:32	3	0:21:59	0:08:48	2	1:15:59	4														
6	115 Bryanna	115	0:15:00	115	0:13:27	0:02:41	21	0:02:34	17	0:49:39	14.50	15	0:00:53	18	0:31:52	0:12:45	14	1:37:32	17														
7	119 Sabina	119	0:15:00	119	0:10:43	0:02:09	18	0:03:34	22	0:51:33	13.97	18	0:00:40	9	0:31:15	0:12:30	13	1:37:05	16														
Wave 3   9:30 Start Time																																	
Bib #	Athlete	Bib #	Start Time	Bib#	Swim	Pace/100yd	Place / Swim	T1	Place / T1	Bike	mph	Place   Bike	T2	Place / T2	Run	Pace/mi	Place   Run	Overall	Place   Overall														
1	145 Kieran	145	1:06:00	145	0:05:34	0:01:07	1	0:02:33	16	0:37:17	19.31	2	0:00:46	13	0:27:31	0:11:00	9	1:12:55	2														
2	151 Nicholas	151	1:06:00	151	0:08:30	0:01:42	10	0:03:33	21	0:46:25	15.51	14	0:00:45	11	0:54:37	0:21:51	20	1:53:05	20														
3	152 Benjamin	152	1:06:00	152	0:09:55	0:01:59	15	0:04:54	23	0:39:56	18.03	3	0:00:35	5	0:15:42	0:06:17	1	1:10:27	1														
4	153 Minseo	153	1:06:00	153	0:05:57	0:01:11	2	0:02:03	12	0:42:24	16.98	9	0:00:30	2	0:26:54	0:10:46	7	1:17:18	5														
5	154 Jack C	154	1:06:00	154	0:07:46	0:01:33	9	0:01:59	11	0:41:03	17.54	8	0:00:34	4	0:43:29	0:17:24	19	1:34:17	13														
6	155 Joshua F	155	1:06:00	155	0:07:42	0:01:32	7	0:03:18	20	0:40:51	17.63	6	0:00:37	6	1:03:10	0:25:16	21	1:55:01	21														
7	156 Zachary	156	1:06:00	156	0:07:02	0:01:24	6	0:01:08	1	0:40:18	17.87	5	0:01:15	23	0:32:34	0:13:02	15	1:21:02	7														
8	158 Joshua N	158	1:06:00	158	0:07:44	0:01:33	8	0:01:16	4	0:40:00	18.00	4	0:00:37	6	1:20:59	0:32:24	23	2:09:59	23														
9	159 Jake	159	1:06:00	159	0:06:58	0:01:24	5	0:01:51	8	0:49:49	14.45	16	0:00:37	6	0:25:34	0:10:14	5	1:24:12	8														
10	160 Brett	160	1:06:00	160	0:06:31	0:01:18	3	0:02:17	14	0:43:42	16.48	12	0:00:53	17	0:22:55	0:09:10	3	1:15:25	3														
11	161 Colin	161	1:06:00	161	0:09:40	0:01:56	14	0:02:36	18	0:43:45	16.46	13	0:01:05	21	0:38:06	0:15:14	16	1:34:07	12														
12	163 Robert	163	1:06:00	163	0:06:48	0:01:22	4	0:01:57	10	0:33:15	21.65	1	0:00:53	19	1:14:05	0:29:38	22	1:56:05	22														