

| | | Binghamton University Decker School of Nursing | | | | | | | | | | Triathlon Training In Class Triathlon Results Health & Wellness Studies | | | | | | | | | | May 6th, 2022 West Gym | | | | | | | | | |
|--------------------------|----------------------------------|---|------------|----------|----------|---------------|---------|---------|------|--------|------------|--|--------------|------------|------------|---------|--------------|--------------|------------|------------|---------|---------------------------|-------------|-----------------|-----------------|--|--|--|--|--|--|
| Swim 400yds | | Bike 10 Miles | | | | Run 2.7 Miles | | | | Timing | | | | | | | | | | Results | | | | | | | | | | | |
| Wave 1 8:15 Start Time | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bib # | Athlete | Bib # | Start Time | Swim Out | Bike In | Bike Out | Run Out | Finish | Bib# | Bib# | Swim | Pace/100yd | Place / Swim | T1 | Place / T1 | Bike | mph | Place Bike | T2 | Place / T2 | Run | Pace/mi | Place Run | Overall | Place Overall | | | | | | |
| 1 | 166 Tsering, Tenzin | 166 | 0:00:00 | 0:12:37 | 0:18:57 | 1:00:04 | 1:01:18 | 1:32:45 | 166 | 166 | 0:12:37 | 0:02:31 | 23 | 0:06:20 | 25 | 0:41:07 | 14.59 | 24 | 0:01:14 | 23 | 0:32:41 | 0:12:06 | 23 | 1:32:45 | 26 | | | | | | |
| 2 | 167 Kelly, Aidan P. | 167 | 0:00:00 | 0:10:29 | 0:14:06 | 0:54:00 | 0:55:20 | 1:30:45 | 167 | 167 | 0:10:29 | 0:02:06 | 21 | 0:03:37 | 20 | 0:39:54 | 15.04 | 21 | 0:01:20 | 26 | 0:36:45 | 0:13:37 | 26 | 1:30:45 | 23 | | | | | | |
| 3 | 168 Saunders, Stacey J. | 168 | 0:00:00 | 0:13:28 | 0:21:34 | 1:01:30 | 1:02:02 | 1:32:30 | 168 | 168 | 0:13:28 | 0:02:42 | 26 | 0:08:06 | 26 | 0:39:56 | 15.03 | 22 | 0:00:32 | 5 | 0:31:00 | 0:11:29 | 22 | 1:32:30 | 25 | | | | | | |
| 4 | 169 Ni, Youyang | 169 | 0:00:00 | 0:12:38 | 0:17:56 | 1:01:18 | 1:01:54 | 1:30:55 | 169 | 169 | 0:12:38 | 0:02:32 | 24 | 0:05:18 | 24 | 0:43:22 | 13.84 | 26 | 0:00:36 | 8 | 0:29:37 | 0:10:58 | 20 | 1:30:55 | 24 | | | | | | |
| 6 | 170 Lam, Aaron W. | 170 | 0:00:00 | 0:06:15 | 0:09:11 | 0:47:30 | 0:48:00 | 1:11:40 | 170 | 170 | 0:06:15 | 0:01:15 | 3 | 0:02:56 | 12 | 0:38:19 | 15.66 | 18 | 0:00:30 | 1 | 0:24:10 | 0:08:57 | 8 | 1:11:40 | 9 | | | | | | |
| 7 | 171 Petersen, Michael J. | 171 | 0:53:00 | 1:00:15 | 1:03:38 | 1:34:52 | 1:35:32 | 1:57:47 | 171 | 171 | 0:07:15 | 0:01:27 | 9 | 0:03:23 | 17 | 0:31:14 | 19.21 | 2 | 0:00:40 | 9 | 0:22:55 | 0:08:29 | 5 | 1:04:47 | 2 | | | | | | |
| 8 | 172 Nistico, Austin R. | 172 | 0:00:00 | 0:07:32 | 0:10:15 | 0:47:51 | 0:48:32 | 1:10:30 | 172 | 172 | 0:07:32 | 0:01:30 | 11 | 0:02:43 | 10 | 0:37:36 | 15.96 | 16 | 0:00:41 | 10 | 0:22:39 | 0:08:23 | 4 | 1:10:30 | 7 | | | | | | |
| 9 | 173 Newman, Amanda M. | 173 | 0:00:00 | 0:07:01 | 0:09:08 | 0:52:15 | 0:52:59 | 1:18:05 | 173 | 173 | 0:07:01 | 0:01:24 | 5 | 0:02:07 | 5 | 0:43:07 | 13.92 | 25 | 0:00:44 | 12 | 0:25:50 | 0:09:34 | 15 | 1:18:05 | 20 | | | | | | |
| 10 | 174 Huang, Kevin | 174 | 0:00:00 | 0:05:29 | 0:08:40 | 0:42:15 | 0:43:08 | 1:12:30 | 174 | 174 | 0:05:29 | 0:01:06 | 2 | 0:03:11 | 14 | 0:33:35 | 17.87 | 6 | 0:00:53 | 16 | 0:30:15 | 0:11:12 | 21 | 1:12:30 | 13 | | | | | | |
| 11 | 175 Schear, Zackary D. | 175 | 0:00:00 | 0:11:55 | 0:15:28 | 1:00:40 | 1:01:33 | 1:29:45 | 175 | 175 | 0:11:55 | 0:02:23 | 22 | 0:03:33 | 19 | 0:45:12 | 13.27 | 27 | 0:00:53 | 16 | 0:29:05 | 0:10:46 | 19 | 1:29:45 | 22 | | | | | | |
| 12 | 176 Bhimanprommachak, Philip | 176 | 0:00:00 | 0:12:39 | 0:17:06 | 0:55:17 | 0:56:32 | 1:28:25 | 176 | 176 | 0:12:39 | 0:02:32 | 25 | 0:04:27 | 22 | 0:38:11 | 15.71 | 17 | 0:01:15 | 24 | 0:33:08 | 0:12:16 | 25 | 1:28:25 | 21 | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wave 2 8:25 Start Time | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bib # | Athlete | Bib # | Swim Time | Bike In | Bike Out | Run Out | Finish | Bib# | Bib# | Swim | Pace/100yd | Place / Swim | T1 | Place / T1 | Bike | mph | Place Bike | T2 | Place / T2 | Run | Pace/mi | Place Run | Overall | Place Overall | | | | | | | |
| 1 | 159 Ursell, Michael J. | 159 | 0:16:00 | 0:24:00 | 0:26:00 | 1:02:28 | 1:03:35 | 1:27:45 | 159 | 159 | 0:08:00 | 0:01:36 | 15 | 0:02:00 | 2 | 0:36:28 | 16.45 | 14 | 0:01:07 | 22 | 0:25:17 | 0:09:22 | 13 | 1:11:45 | 10 | | | | | | |
| 2 | 160 Mellia, Richard T. | 160 | 0:16:00 | 0:23:39 | 0:27:08 | 1:02:03 | 1:02:45 | 1:28:00 | 160 | 160 | 0:07:39 | 0:01:32 | 12 | 0:03:29 | 18 | 0:34:55 | 17.18 | 7 | 0:00:42 | 11 | 0:25:57 | 0:09:37 | 16 | 1:12:00 | 11 | | | | | | |
| 3 | 161 Tomeo, John N. | 161 | 0:16:00 | 0:23:05 | 0:25:09 | 0:58:09 | 0:58:39 | 1:23:10 | 161 | 161 | 0:07:05 | 0:01:25 | 7 | 0:02:04 | 4 | 0:33:00 | 18.18 | 4 | 0:00:30 | 1 | 0:25:01 | 0:09:16 | 11 | 1:07:10 | 5 | | | | | | |
| 4 | 162 Driscoll, Denis P. | 162 | 0:16:00 | 0:23:44 | 0:26:59 | 1:02:28 | 1:03:45 | 1:27:05 | 162 | 162 | 0:07:44 | 0:01:33 | 13 | 0:03:15 | 15 | 0:35:29 | 16.91 | 10 | 0:01:17 | 25 | 0:24:37 | 0:09:07 | 10 | 1:11:05 | 8 | | | | | | |
| 5 | 163 Alarcon, Theresa B. | 163 | 0:16:00 | 0:23:08 | 0:25:26 | 1:05:39 | 1:06:45 | 1:30:10 | 163 | 163 | 0:07:08 | 0:01:26 | 8 | 0:02:18 | 6 | 0:40:13 | 14.92 | 23 | 0:01:06 | 21 | 0:24:31 | 0:09:05 | 9 | 1:14:10 | 16 | | | | | | |
| 6 | 164 Tuckman, Jeremy I. | 164 | 0:16:00 | 0:24:29 | 0:27:44 | 1:03:23 | 1:03:58 | 1:22:49 | 164 | 164 | 0:08:29 | 0:01:42 | 19 | 0:03:15 | 16 | 0:35:39 | 16.83 | 12 | 0:00:35 | 7 | 0:19:26 | 0:07:12 | 2 | 1:06:49 | 3 | | | | | | |
| 7 | 165 Nganou Yimi, Arthur Pasquale | 165 | 1:30:00 | 1:51:22 | 1:53:22 | 2:28:49 | 2:29:19 | 3:45:00 | 165 | 165 | 0:21:22 | 0:04:16 | 27 | 0:02:00 | 1 | 0:35:27 | 16.93 | 9 | 0:00:30 | 1 | 1:16:11 | 0:28:13 | 27 | 2:15:00 | 27 | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Wave 3 9:00 Start Time | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bib # | Athlete | Bib # | Swim Time | Bike In | Bike Out | Run Out | Finish | Bib# | Bib# | Swim | Pace/100yd | Place / Swim | T1 | Place / T1 | Bike | mph | Place Bike | T2 | Place / T2 | Run | Pace/mi | Place Run | Overall | Place Overall | | | | | | | |
| 1 | 151 White, Rawm N. | 151 | 0:53:00 | 1:00:01 | 1:03:00 | 1:34:23 | 1:34:55 | 1:56:20 | 151 | 151 | 0:07:01 | 0:01:24 | 4 | 0:02:39 | 13 | 0:31:23 | 19.12 | 3 | 0:00:32 | 5 | 0:21:57 | 0:08:08 | 3 | 1:03:20 | 1 | | | | | | |
| 2 | 152 Silvestri, Paul V. | 152 | 0:53:00 | 1:00:57 | 1:04:40 | 1:41:55 | 1:42:55 | 2:10:26 | 152 | 152 | 0:07:57 | 0:01:35 | 14 | 0:03:43 | 21 | 0:37:15 | 16.11 | 15 | 0:01:00 | 20 | 0:28:31 | 0:10:34 | 18 | 1:17:26 | 19 | | | | | | |
| 3 | 153 Longariello, Andrew M. | 153 | 0:53:00 | 1:01:17 | 1:03:48 | 1:42:53 | 1:43:45 | 2:06:50 | 153 | 153 | 0:08:17 | 0:01:39 | 17 | 0:02:31 | 7 | 0:39:05 | 15.35 | 20 | 0:00:52 | 15 | 0:23:57 | 0:08:52 | 7 | 1:13:50 | 15 | | | | | | |
| 4 | 154 Hernandez, Carlos E. | 154 | 0:53:00 | 1:02:47 | 1:05:30 | 1:40:29 | 1:41:17 | 1:59:50 | 154 | 154 | 0:09:47 | 0:01:57 | 20 | 0:02:43 | 11 | 0:34:59 | 17.15 | 8 | 0:00:48 | 13 | 0:19:21 | 0:07:10 | 1 | 1:06:50 | 4 | | | | | | |
| 5 | 155 Morales, Nicholas F. | 155 | 0:53:00 | 0:58:27 | 1:01:10 | 1:37:25 | 1:38:20 | 2:02:40 | 155 | 155 | 0:05:27 | 0:01:05 | 1 | 0:02:43 | 9 | 0:36:15 | 16.55 | 13 | 0:00:55 | 18 | 0:25:15 | 0:09:21 | 12 | 1:09:40 | 6 | | | | | | |
| 6 | 156 Higgins, Molly M. | 156 | 0:53:00 | 1:00:28 | 1:02:30 | 1:35:33 | 1:36:03 | 2:08:30 | 156 | 156 | 0:07:28 | 0:01:30 | 10 | 0:02:02 | 3 | 0:33:03 | 18.15 | 5 | 0:00:30 | 1 | 0:32:57 | 0:12:12 | 24 | 1:15:30 | 18 | | | | | | |
| 7 | 157 Kamen, Tyler J. | 157 | 0:53:00 | 1:01:19 | 1:05:48 | 1:41:22 | 1:42:13 | 2:07:30 | 157 | 157 | 0:08:19 | 0:01:40 | 18 | 0:04:29 | 23 | 0:35:34 | 16.87 | 11 | 0:00:51 | 14 | 0:26:08 | 0:09:41 | 17 | 1:14:30 | 17 | | | | | | |
| 8 | 158 Warren, Erik W. | 158 | 0:53:00 | 1:00:02 | 1:02:40 | 1:41:11 | 1:42:10 | 2:06:40 | 158 | 158 | 0:07:02 | 0:01:24 | 6 | 0:02:38 | 8 | 0:38:31 | 15.58 | 19 | 0:00:59 | 19 | 0:25:29 | 0:09:26 | 14 | 1:13:40 | 14 | | | | | | |
| 9 | 177 Madden, Seamus S. | 177 | 0:53:00 | 1:01:14 | 1:11:44 | 1:41:43 | 1:46:52 | 2:05:30 | 177 | 177 | 0:08:14 | 0:01:39 | 16 | 0:10:30 | 27 | 0:29:59 | 20.01 | 1 | 0:05:09 | 27 | 0:23:47 | 0:08:49 | 6 | 1:12:30 | 12 | | | | | | |
| 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| *May start earlier | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| **May start in 3rd Wave | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |