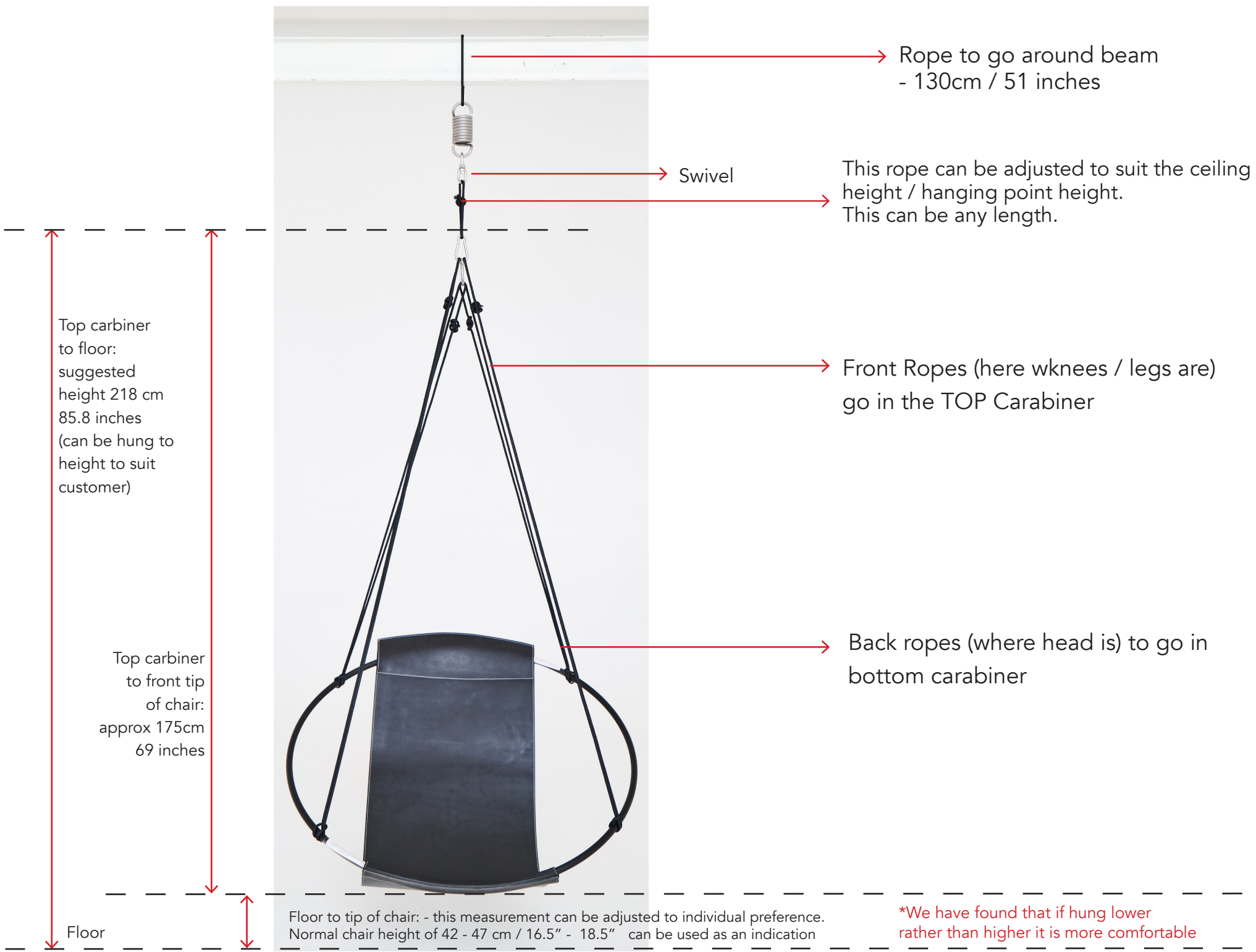


Floor to tip of chair:  
 - this measurement can be adjusted  
 to individual preference.  
 Normal chair height of 42 - 47 cm / 16.5" - 18.5"  
 can be used as an indication

\*We have found that if hung lower  
 rather than higher it is more comfortable

Floor to top of chair:  
 - this measurement will  
 depend on the height of  
 the front / lower point of  
 the chair.



→ Rope to go around beam  
- 130cm / 51 inches

→ Swivel

→ This rope can be adjusted to suit the ceiling height / hanging point height. This can be any length.

Top carbiner to floor:  
suggested height 218 cm  
85.8 inches  
(can be hung to height to suit customer)

→ Front Ropes (here wknees / legs are) go in the TOP Carabiner

Top carbiner to front tip of chair:  
approx 175cm  
69 inches

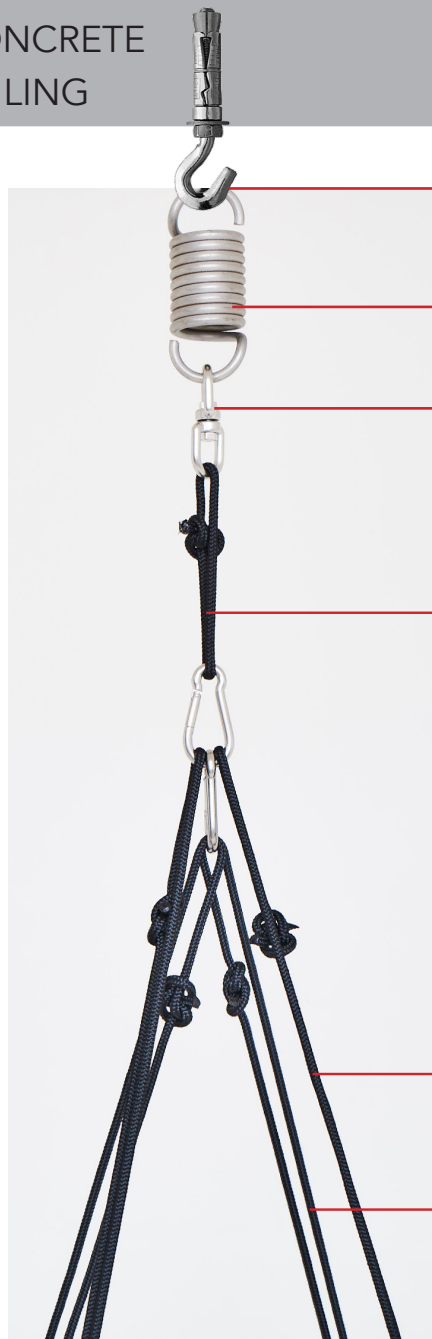
→ Back ropes (where head is) to go in bottom carabiner

Floor

Floor to tip of chair: - this measurement can be adjusted to individual preference. Normal chair height of 42 - 47 cm / 16.5" - 18.5" can be used as an indication

*\*We have found that if hung lower rather than higher it is more comfortable*

CONCRETE  
CEILING



Rawl hook expanding bolt

Spring

Swivel

- to ensure that chair can face in any direction  
- 360 degrees

This rope can be adjusted to suit  
the ceiling height / hanging point height  
This can be any length.

Ropes from front of chair (where your legs are)  
must go in the TOP Carabiner.

Note - insert rope then bottom carabiner then 2nd rope  
(\* it comes packed like this - we make it up already like this  
for shipping)

Ropes from back of chair (where your  
head is)  
must go in the BOTTOM Carabiner

BEAM

Rope

