

This journal was produced as a side-fold booklet.

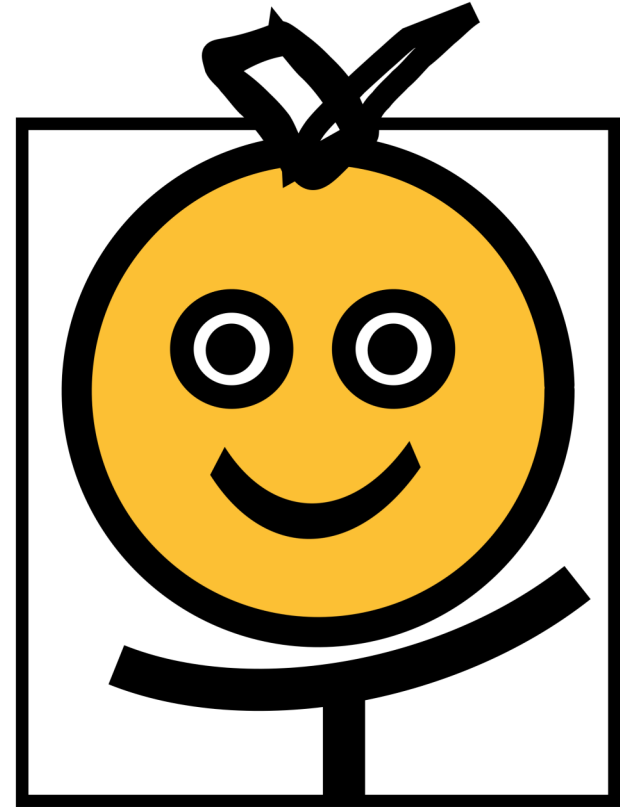
- Print on 8.5 x 11 paper (landscape)
- Print on both sides (flip on short edge)
- Arrange and fold based on the page numbers



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Cheerful Gear Cards for Good



Gratitude Journal

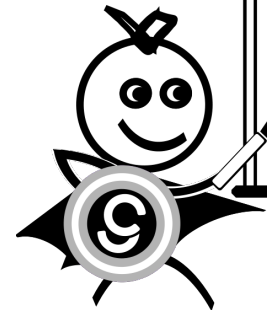
for kids

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This journal belongs to:

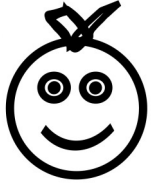


Date:

___/___/___ S M T W T F S

Today I feel:

Happy



Sad



Worried



Angry



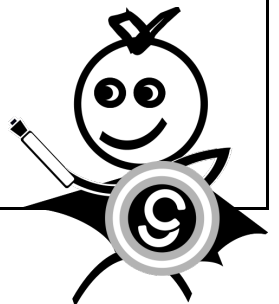
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Spend Time with a Friend or Loved One

ACTIVITIES: On Demand

Complete a Simple Project or Task

ACTIVITIES: On Demand

Listen to Your Favorite Music

ACTIVITIES: On Demand

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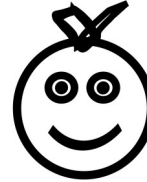
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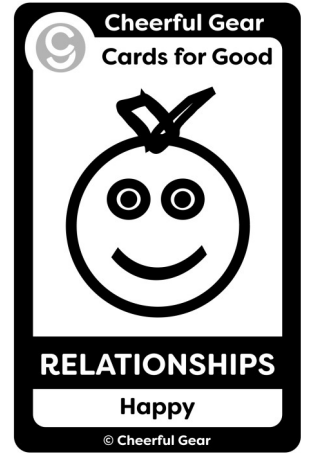


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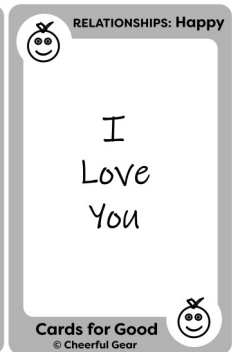
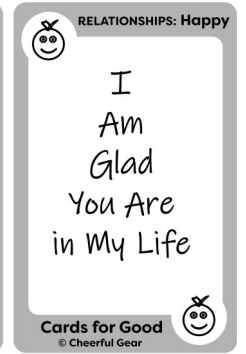
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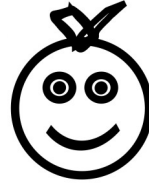
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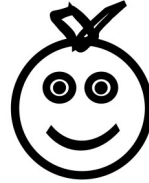
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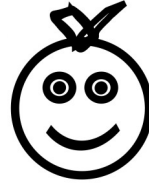
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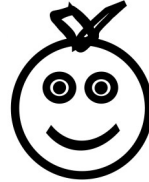
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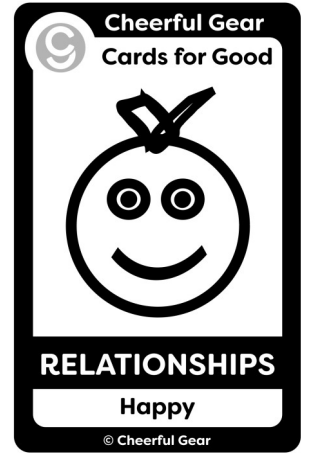


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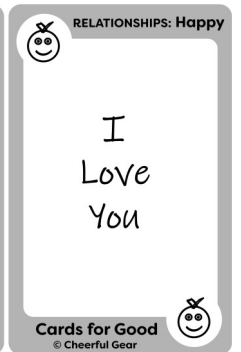
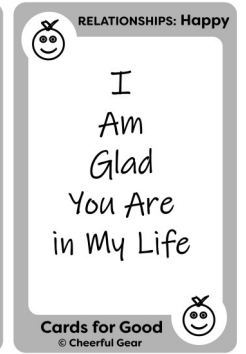
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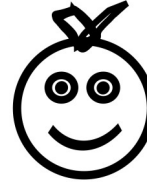
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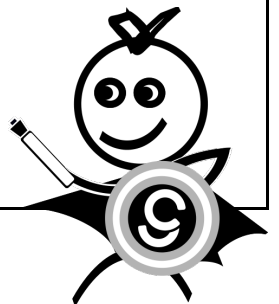
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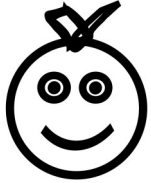


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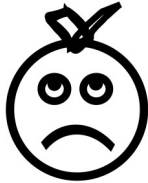
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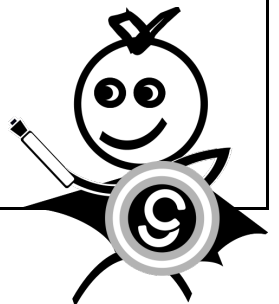
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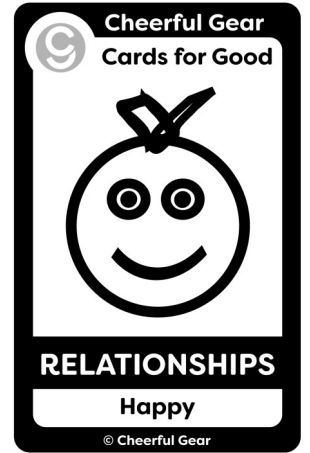


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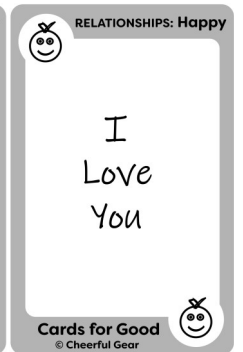
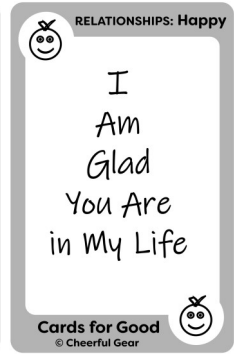
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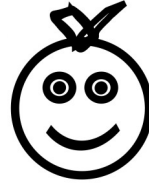
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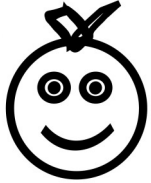
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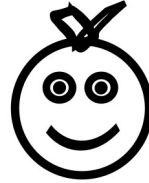
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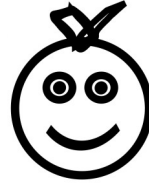
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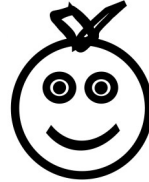
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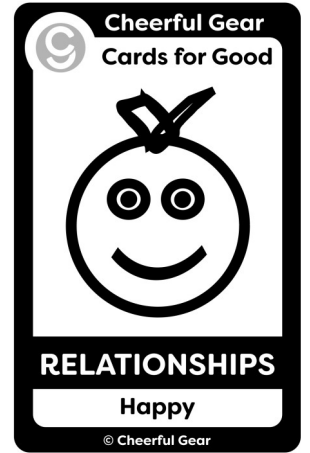


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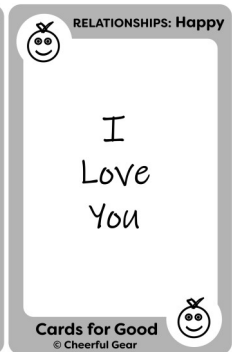
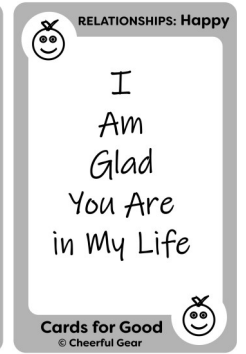
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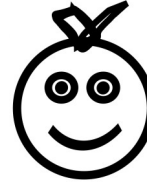
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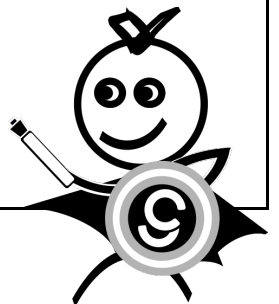
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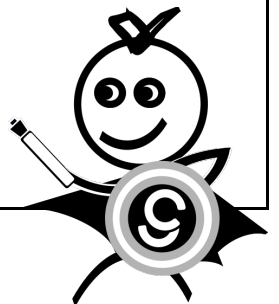
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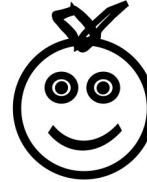
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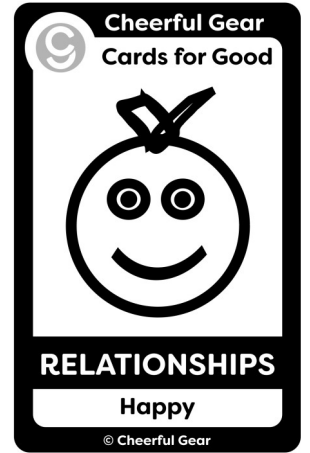


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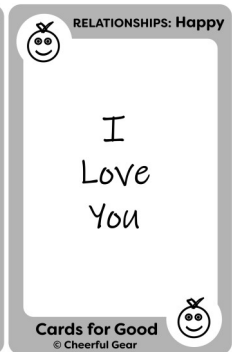
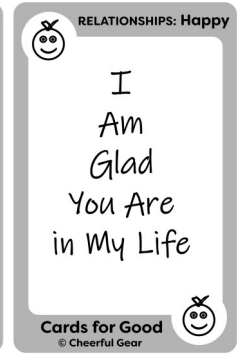
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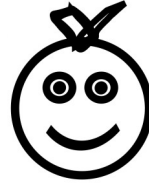
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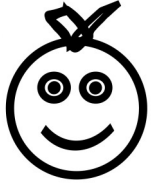
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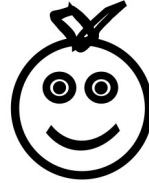
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