# MINDFUL NECESSITIES

#### PLEASE KEEP IN MIND:

Rings with wider bands tend to fit smaller than narrow bands. Although not an exact science, these templates will help you find your size.

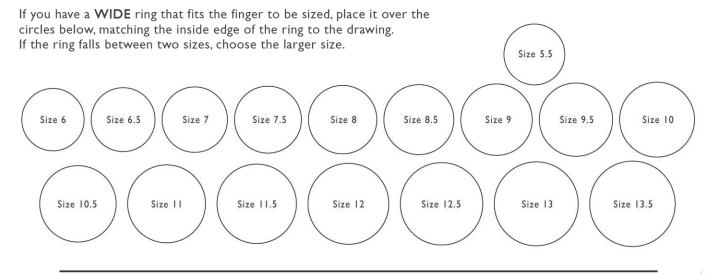
# First, confirm the correct size of your print out.

Measure the bar at right to make sure your print out is correctly sized. If the bar does not measure exactly 3 inches, check that page scaling is set to "none" on your print dialog box, and that you are printing at full size.

## **Option I**: Use sizer to measure finger.

- I. Cut out the sizing guide to the right.
- 2. Wrap the sizer around the knuckle (or widest part) of the finger to be sized. Start by placing the flat end of the strip on the finger, and wrap the arrow end around until the fit is snug.
- 3. Once wrapped, the number closest to the arrow point is the ring size. Hash marks between the numbers represent half sizes. If in doubt, move up to the next largest half size.

## **Option 2**: Use a current ring.



If you have questions or need help with your order please contact us. 416.979.3456 | 1.866.979.3456 | grace@tbds.org

0 1 2 3