

ESSENTIAL TRI RACING

Kit bag

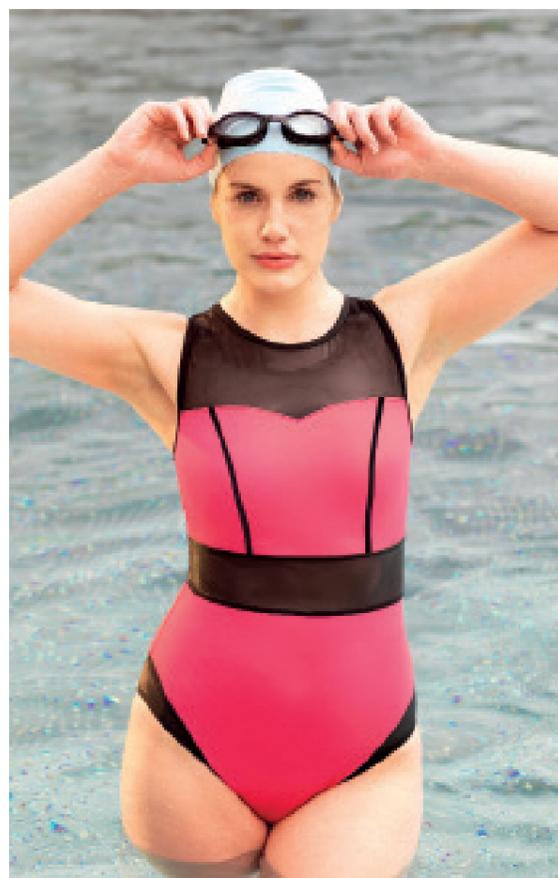
FEATURE MALCOLM BRADBROOK

Race season is upon us. Malcolm Bradbrook looks at products to help us fine-tune the training and power through the races



Dryrobe Advance Long Sleeve £109.99

All outdoor swimmers I know swear by this, which is perfect when the weather is still on the chilly side. It is great for preparing to get in, or warming up after. It is shower proof and wind proof and roomy enough to get changed under while maintaining modesty and protecting you from the elements. It features external pockets, a large internal pocket and a new MP3 player pocket. dryrobe.com



Deakin and Blue Signature Swimsuit Coral £105

The Signature swimsuit is designed for active use for women of all body shapes. It's also made from recycled consumer waste such as fishing nets and, with a nod to the outdoor swimmer, gives extra warmth through the bonded lycra. deakinandblue.com



Saucony Type A8 £100

This is Saucony's most popular road racing shoe and is a great shout for the run leg of super-sprint sprint, and standard distance triathlons. The Type A8 weighs just 167g and with a 4mm drop keeps form strong over the shorter distance runs. The Flexifilm in the upper creates a seamless feel which makes blisters less likely for those opting to head out of transition without socks. saucony.com



Beet It Sport Shot Nitrate 400 £2 per shot

Each 70ml shot is made with 98% concentrated beetroot juice and 2% lemon. Research has shown that their naturally high dietary nitrate content interacts with enzymes in saliva to generate nitric oxide in the blood system and boost strength and endurance. wiggle.co.uk



The Protein Ball Co £17.99 for 10 bags

These delicious snacks were created by husband and wife team Matt and Hayley Hunt who wanted a protein hit but not in powder form. They are GMO free, gluten free, vegetarian and contain no added sugar yet are seriously flavoursome. Flavours include Cherry and Almond, Goji and Coconut, and Cacao and Orange. Each 45g pack contains about 20mg of protein. theproteinballco.com



Avanca D1 Wireless Sports Headset £40.60

The D1 connects wirelessly to a smartphone, MP3-player or other Bluetooth device. The control panels in the ear buds let you skip songs, change the volume and answer incoming calls and the D1 is equipped with a high-quality microphone, so no need to take off the headset to answer your calls. amazon.co.uk



CEP socks £39.99 (long) £16.99 (short)

The risk of blisters puts many triathletes off the sockless run when heading out for middle distance and longer so why not get the most comfortable that you can? The CEP short sock has a close-fitting foot section for comfort and blister-free running. Or you could go calf compression with the Outdoor Full Merino. cepsports.co.uk



TURN TO PAGE 56 FOR IN-DEPTH REVIEWS OF FIVE WETSUITS



Speedo Fastskin Xenon Thin Swim £125

The Xenon offers flexibility and comfort for new triathletes. Developed with Y38 neoprene rubber to give great flexibility and buoyancy to help the swimmer get the best body position in the water. The suit also features a fuse neck to prevent water getting in and slat cut leg openings for ease of removal in transition. speedo.com