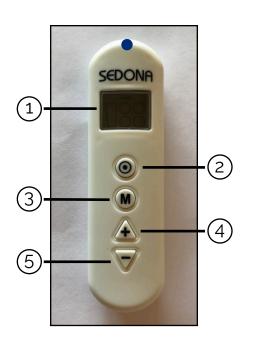
# User Manual SEDONA



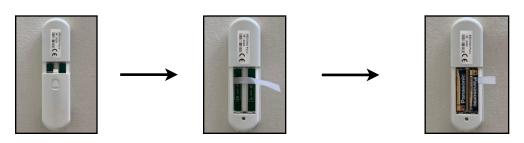


## The SEDONA Remote

- 1. Display
- 2. Power ON and OFF
- 3. Mode (select program)
- 4. + Key (increases intensity)
- 5. Key (reduces intensity)

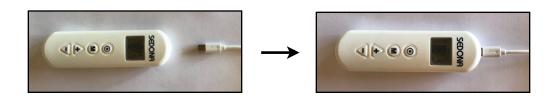
# Power Supply

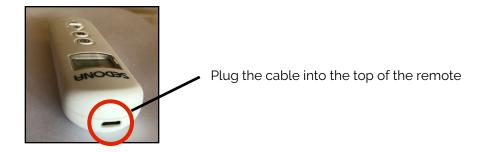
Open the battery cover; place the two AAA batteries into the compartment; close the battery cover. After press the ON/OFF button (if the device doesn't turn on then batteries are empty, please swap the batteries for two new AAA batteries.)



- 1. Open the battery cover
- 2. Place the two AAA batteries into the compartment

#### Another power source is to plug the control remote into an outlet





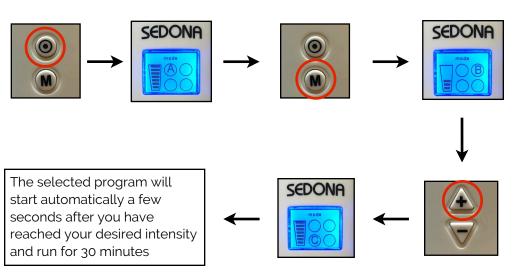
### How to Start Device

Press the ON/OFF button to boot up the unit. The display panel back light will turn on. Then press the M (mode) button to select the desired program. Press "+" or "-" to set the intensity. (Make sure the unit is connected to the pillow otherwise the unit will automatically shut down)

Make sure inductor is connected —

#### Press the ON/OFF button

#### Press the M button until desired mode



Press the "+" button till desired intensity

To have the program run indefinitely (without stoping)

Press the ON/OFF button

Press the M button and "+" button at the same time



You will notice the lock button in the upper left corner



Now select desired program and intensity

Program		Frequency	Intensity	Use
А	Very Low	3Hz	0.6 gauss	Deep Sleep
В	Low	7.8Hz	0.6 gauss	Restorative Sleep/ Schumann frequency
С	Medium	25Hz	0.6 gauss	Awakening/Active Energy/ Concentration
D	High	1,200Hz	0.6 gauss	Pain Relief

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SEDONA'S "TimmyZzz" IS STRICTLY A SLEEP ENHANCEMENT TOOL

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