

The Natural Tail News

Volume II, Issue V ~ May 2015



Making Miracles Happen... Naturally!



Message from the Pack Leader:

Happy May!

First and foremost, Happy Mother's Day to all the moms and pet moms out there! We hope your day is filled with love, laughter and all around fun! To honor this special day, we want to light up our [Facebook](#) page with images of "motherly love!" If you would like to be apart of the celebration, please email us a photo of YOU and your 2 and/or 4 legged kids. If you do, we will email you back a coupon code for \$5.00 to be used on your next GPH

purchase. Please email your photos to traci@glacierpeakholistics.com.

Ahhhh May... What an intoxicating time of year. The month of May gifts us all with a bouquet of reasons to be thankful and count our many blessings. Here in NW Montana, the foothills are beginning to turn a beautiful spring green and the area fruit trees are buzzing with bees. Our lakes and ponds are filled with geese and goslings, deer and elk are shedding into their summer coats and the rivers are running swift with the spring runoff.

The warm weather's invitation to ascend outdoors with our friends, family and 4 legged companions is welcomed with "puppy off the leash enthusiasm" however, the pesky bugs that accompany warmer temperatures is not.

As you know, GPH is devoted to providing natural holistic alternatives to your pet's environmental challenges. That is why this month we chose to feature [dōTERRA's](#) essential oils [TerraShield](#), [Geranium](#) and [Lavender](#), as well as our very own [Mountain Salve](#) in the GPH Product Spotlight. Further on in the newsletter, we will be discussing the benefits of Terra Shield and Geranium for tick, mosquito and flea protection and address how lavender oil and our very own Mountain Salve aid in relieving the discomforts associated with bug bites.

We hope you enjoy this month's newsletter. If you have any topics that you would like to see us discuss in future issues, we welcome all questions and comments you would like to send our way.

Happy Tails!

Deb



Emily & Moose



Smoke



Moose

Any time I have a chance to tell someone about Glacier Peak's "[Mountain Salve](#)" I get excited. I absolutely HAVE to recommend it to anyone that is seeing skin irritation with their pet. I work at a busy veterinary clinic and we see a lot of dogs and cats with skin issues and I am really glad we heard about Glacier Peak and their products.

I have seen skin irritation in both of my family dogs. First, in my 6 year old lab mix "Moose" and later in our younger dog, a 2 year old Lab mix named Smoke. Moose was having some dry skin patches and Smoke had some red, itchy, rash patches on the inside of his groin and legs. After using mountain salve on the two boys I'm in love. It was Mountain Salve to the rescue! It soothed the inflammation, stopped the itchy irritation, and softened the skin. Mountain Salve really is wonderful.

I tried it on myself one day after constant hand washing had created dry and cracked skin between my knuckles. I put it all over my hands like a balm and covered them in gloves overnight. When I woke up they were soft and didn't hurt anymore! Since then I've thrown out any other type of salve or antibiotic ointment in my house. It's anti-fungal and anti-bacterial so we use it on any minor skin wounds as well.

If the pets or the people in our home have any sort of rash, burn, cut or other skin irritation it's straight to the Mountain Salve. My husband uses it on his eczema flare ups and it's one of the only things that will stop the intense itching. The salve uses the same herbs that are in their "Inflapotion" which is why it cuts down the inflammation so well. It smells great too, if you're wondering.

We have a tin in every room of the house and I really can't say just how much I love this product. Anyone that has a pet with skin irritation, please try the mountain salve for topical relief. You will not be disappointed! -- Emily C

Thank you so much Emily for your testimonial. The GPH Team is so happy to hear how well our Mountain Salve has benefited your whole family.



[Mountain Salve, 1oz.....](#)Reg. Price \$9.95

Sale Price \$7.46

[Mountain Salve, 2oz.....](#)Reg. Price \$13.95

Sale Price \$10.46

[Mountain Salve, 4oz.....](#)Reg. Price \$19.95

Sale Price \$14.96

[Mountain Salve, 12oz.....](#)Reg. Price \$38.95

Sale Price \$29.21



We are thrilled to introduce you to another one of GPH's trusted pack members, Heather Pritchard. Heather has an excellent knowledge base in the field of essential oils. She will be our first guest contributor!

As May continues to bloom, bringing milder temps and those pesky, burgeoning bugs, the vast majority of pet owners across the USA will be taking to the trails and scenic byways - be it a relaxing walk in the woods, a trip to the neighborhood park or a cross country jaunt with the RV. Something everyone will have in common is the need for a natural, non-toxic bug repellent and a soothing salve for insect bites, minor scrapes, open wounds and more. Since we live in the middle of the northern Rocky Mountains, we know that need first hand!



Heather (pictured below with Saidi) offers the following information on [dōTERRA's](#) essential oils [TerraShield](#), [Geranium](#) and [Lavender](#):



TerraShield® is an all-natural formula of citronella, cedarwood, and a blend of 11 other therapeutic-grade essential oils blended in a base of pure fractionated coconut oil. A primary function of essential oils in plants is protecting against insects and other predators. Unlike other products that contain synthetic and toxic chemicals, TerraShield is a natural approach to managing exposure to biting insects.

TerraShield can be used safely by everyone in the family, including dogs, cats and horses. It can be applied neat (no dilution) or as a spray. For pets, a spray works great as you can cover the fur without issues, and your oil will last longer. It can be applied directly to paws, around ears, and to other trouble areas. Avoid contact with the eyes.

One application of TerraShield typically provides coverage that lasts up to 6 hours for repelling mosquitoes, fleas, mange mites and ticks.

To make a spray, simply fill a 2oz spray bottle with distilled water (leave a little room for the oil and witch hazel) and add 10 drops of the oil. Add a small amount of witch hazel to the bottle to disperse the oil into the water and to keep the sprayer nozzle clear. Shake well before each use. Replenish as necessary. Two ounce spray bottles can be found at most drug stores like Walgreens or discount stores like Walmart, etc.

Lavender has been used and cherished for centuries for its unmistakable aroma and myriad of therapeutic benefits for humans and animals alike. In ancient times, the Egyptians and Romans used Lavender for mummification, bathing, relaxation, cooking, and as a perfume. It's ability to calm and soothe the mind and body continue to be Lavender's most notable qualities. Lavender is frequently used to soothe skin irritations and helps skin to recover quickly. Applying Lavender to the back of the neck and temples helps reduce muscle tension. Inhaling Lavender promotes relaxation and a restful night's sleep, making it an ideal oil to diffuse at bedtime and when stress levels are high. Due to Lavender's versatility and soothing properties, it is considered the must-have oil to have on hand at all times.

For dogs and cats, Lavender can be used to address abscesses, anxiety, allergies, burns, conjunctivitis, inflammation, tumors, vertigo and wound care. Cats are generally smaller and more sensitive. Use less than a drop of oil at a time - consult your vet for pregnant females and kittens. Dilute with fractionated coconut oil if needed. Apply directly to bug bites, bee stings, minor burns, cuts and scrapes for soothing relief. Avoid getting near the eyes.

A member of the Pelargonium genus of flower species, Geraniums are grown for their beauty and as a staple of the perfume industry. While there are over 200 different varieties of Pelargonium flowers, only a few are used as essential oils. Uses of Geranium essential oil date back to ancient Egypt when Egyptians used Geranium oil to beautify skin and for its internal health benefits. In the Victorian era, fresh Geranium leaves were placed at formal dining tables as decorative pieces and to be consumed as a fresh sprig if desired; in fact, the edible leaves and flowers of the plant are often used in desserts, cakes, jellies, and teas.

As an essential oil, Geranium helps calm nerves, lessen anxiety, support a healthy liver and repels ticks and mosquitoes.

Geranium essential oil is a natural topical application that will deter ticks from attaching to your pet. A few drops of geranium on the inside of the collar every few days as regular prevention but adding a drop between the shoulder blades and at the base of the tail before an outing is also very helpful. And... avoid the eye area.

Diffuse aromatically with 3 to 4 drops in a diffuser of your choice or spray into the air to help relieve occasional stress, anxiety, and tension.

CAUTIONS: Possible skin sensitivity. **Keep out of reach of children.** If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears and other sensitive areas.

GPH has it's own wonder product for your pet's skin injuries. [Mountain Salve](#) is the ultimate antibacterial and anti-inflammatory salve. It includes the 100% organic herbal blend we use in

Inflapotion™, along with other soothing herbs blended with natural emollients and essential oils selected for their healing properties.

- Hot spots or inflamed skin rashes
- Insect bites
- Pressure sores
- Bacterial infections resulting from scratching or fungus
- General wound care

As the weather warms and our outdoor activity increases, the chances for injuries increase too. That's why keeping our [Mountain Salve](#) on hand is always a good idea! Try some at 25% off all sizes for the month of May - you will not be disappointed!



OUR BLOG IS UP!

Our new, informative blog, [StoryTailing](#), will feature great stories, articles and industry news to help keep you informed and engaged in what's happening here at Glacier Peak Holistics and throughout the pet world!

Be sure to bookmark it!



Check out our [Facebook](#) page - loaded with great pet info and articles from around the web to help you learn more about what your pet needs to regain or maintain their optimum health.



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