

## Recipe Table of Contents by Category

(Pages in the book are in numerical order, R(ecipe) pages first, S(low cooker) pages last)

### Poultry

Asian Chicken and Vegetables.....	R90
Boneless Buffalo "Wings" .....	R41
Bruschetta Stuffed Chicken Breasts.....	R9
Chicken Puttanesca.....	R66
Chicken with Sun-Dried Tomatoes & Artichokes.....	S10
Cinnamon Chipotle Turkey Sloppy Joes.....	S13
Classic Chicken Cutlets.....	R65
Crock Pot Chili.....	R35
Dijon Chicken & Broccoli.....	R53
Easy Thai Coconut Chicken Curry.....	R89
Fajita Beef/Chicken Stew.....	S3
Fresh Citrus Grilled Chicken.....	R88
Garlic Roasted Chicken.....	R12
Green Olive & Chicken Sauté.....	R58
Grilled Chicken & Prosciutto Roulades.....	R99
Grilled Tuscan Chicken over Confetti Salad.....	R2
Hearty Un-Stuffed Cabbage.....	R86
Juicy Roasted Turkey.....	R38
Lemon Ginger Crock Pot Chicken.....	R49
Mediterranean Chicken/Beef Skewers.....	R36
Mediterranean Stuffed Peppers.....	S18
Mediterranean Stuffed Portobellos.....	R62
Molto Mangia Chicken.....	S5
N'Orleans Poached Creole Chicken.....	R91
Roasted Garlic & Sun Dried Tomato Chicken.....	R34
Romaine Salad with Classic Grilled Chicken.....	R22
Simple Chicken Curry.....	S20
South of the Border Turkey Fiesta.....	S12
Stacey Hawkins Signature Classic Roasted Chicken.....	S11

### Poultry cont'd

Taj Mahal Chicken.....	S4
Turkey Taco Salad.....	R19
Tuscan Chicken Crock Pot Delight.....	R25
Tuscan Fantasy Chicken & Veggie Skewers.....	R17
Tuscan Turkey Cutlets.....	R55
Venetian Chicken.....	R69
Zesty Chicken with Artichokes & Garlic.....	R8
Zesty Chicken, Sausage and Capers.....	R92

### Beef

Asian Ginger Sliced Beef & Vegetables.....	R56
Asian Pot Roast.....	S14
Beef Burgundy.....	R5
Bob's Mouthwatering Meatballs & 2 minute sauce.....	R47
Char Grilled Steaks & Portobello Mushrooms.....	R3
Char-Grilled Cajun Steaks.....	R22
Char-Grilled Steak Fajitas.....	R13
Crisp Romaine Salad with Bresaola & Lemon Vinaigrette	R42
Fajita Stew	S3
Filet & Mushrooms with Red Wine Reduction.....	R54
Flank Steak Limon.....	R77
Italian Stuffed Peppers.....	R63
Mediterranean Beef Stew.....	R36
Mediterranean Stuffed Peppers.....	S2
Mouthwatering Meatloaf.....	R31
Orange Scented Beef and Broccoli.....	R95
Smoky & Sweet Chipotle Brisket.....	R87
Spicy Steak Kebabs.....	R26
Stacey Hawkins Signature Burgers.....	R96
Stuffed Eggplant Provençale.....	R49
Succulent Italian Style Pot Roast.....	S1

**Fish**

Asian Salmon with Vegetable Stir Fry.....	R43
Asian Style Ahi Tuna.....	R16
Caramelized Sea Scallops.....	R44
Cinnamon Chipotle Shrimp.....	R73
Greek Style Scallops.....	R71
Grilled Salmon With Lime Butter.....	R72
Herb Roasted Salmon.....	R11
Pan Roasted Tuna Steaks Caprese.....	R4
Pan Seared Cod Nicoise.....	R64
Poached Salmon Steaks.....	S6
San Francisco Seafood Stew.....	R75
Scallops Provençale.....	R52
Seared Salmon on a bed of Lemony Leeks.....	R80
Seared Sea Scallops and Arugula Salad.....	R70
Sesame Pan Seared Scallops.....	R94
Shrimp Jambalaya.....	S15
Shrimp Marinara.....	S7
Skinny Scampi Baked Cod.....	R23
Skinny Scampi Seafood Medley.....	R14
Southwest Seafood Salad.....	R33
Southwestern Style Tilapia.....	R50
Tuscan Broiled Snapper.....	R74

**Pork**

Cajun Pork Tenderloin.....	R18
Crispy Rosemary Pork Chops.....	R46
Garlic & Beer Grilled Chops.....	R79
Pan Seared Pork Loin with Portobello Sauce.....	R21
Pork Chops & Mushrooms simmered with Rosemary.....	R6
Rosemary and Sage Pork Tenderloin with Mushrooms...	S19
Smoky Chipotle Pork & Mushroom Kebabs.....	R78
	S9

*Pork cont'd*

Spanish Pork Stew with Green Olives.....	
Succulent Braised Kale with Ham.....	R57
Valencia Orange Pork Stir Fry.....	R93

**Greens & Possible Sides**

Asian Chicken and Vegetables.....	R90
Asian Ginger Sliced Beef & Vegetables.....	R56
Asian Salmon with Vegetable Stir Fry.....	R43
Balsamic Laced Red Pepper & Green Bean Salad.....	R1
Bob's Mouthwatering Meatballs & 2 minute sauce.....	R47
Braised Citrus Fennel.....	S81
Broccoli Parmesan with Olives.....	R84
Bruschetta Stuffed Chicken Breasts.....	R9
Cajun Style Bok Choy.....	R40
Char Grilled Steaks & Portobello Mushrooms.....	R3
Creamy Faux-tatoes (Cauliflower mashed potatoes).....	R49
Crisp Greek Salad with Lemon Garlic Dressing.....	R37
Crisp Romaine Salad with Bresaola & Lemon Vinaigrette	R42
Crispy Fennel with Lemon & Garlic.....	R59
Curried Cauliflower with Tomatoes.....	R85
Fajita Style Mixed Vegetables.....	R13
Fresh Lemony Artichokes with Dill.....	S2
Garlic Roasted Asparagus.....	R7
Grilled Marinated Mushrooms.....	R39
Grilled Tuscan Chicken over Confetti Salad.....	R2
Lemon Scented Asparagus.....	R29
Lemony Bok Choy.....	R30
Lemony Broccoli & Mushroom Sauté.....	R68
Lemony Spinach (or Kale) Sauté.....	R45
Mixed Pepper Medley.....	R51
Peppers, Tomatoes & Green Bean Salad .....	S16
Roasted Garlic & Toasted Sesame Asparagus.....	R67

<i>Greens &amp; Sides cont'd</i>	
Roasted Garlic Wilted Spinach.....	R28
Roasted Lemony Garlic Green Beans.....	R100
Roasted Red Pepper Dip & Asparagus.....	R82
Romaine Salad with Classic Grilled Chicken.....	R22
Seared Salmon on a bed of Lemony Leeks.....	R80
Seared Sea Scallops and Arugula Salad.....	R70
South of the Border Turkey Fiesta.....	S12
Soy Glazed Kale.....	R83
Stuffed Eggplant Provençale.....	R97
Succulent Braised Kale with Ham.....	R57
Tomato Sauce with Steamed Spaghetti Squash.....	S17
Turkey Taco Salad.....	R19
Tuscan Tomato Salad.....	R98
Two Minute Tomato Sauce.....	R47
Valencia Orange Broccoli.....	R76
Valencia Orange Pork Stir Fry.....	R93
Zesty Broccoli.....	R27
Zesty Vegetable Medley.....	S8

**Miscellaneous**

Bob's Mouthwatering Meatballs & 2 minute sauce.....	R47
Broccoli & Mushroom Quiche.....	R60
Bruschetta Stuffed Chicken Breasts.....	R9
Crisp Greek Salad with Lemon Garlic Dressing.....	R37
Grilled Marinated Mushrooms.....	R39
How to create a stuffing pocket in meats.....	R10
Huevos Rancheros with Salsa Fresco.....	R61
Succulent Lamb Chops.....	R15
Two Minute Tomato Sauce.....	R32