

Emerald Necklace Therapy

Liver Treatment for Alcohol Damage

This Emerald and Quartz therapy brings healing energy to a liver damaged by alcohol. The Quartz amplifies the Emerald's effects and focuses the Emerald energy on the mental and emotional aspects underlying the condition.

Therapy Tools

- One solid necklace of Emerald rondels
- One solid necklace of frosted Quartz spheres (8 mm, 10 mm, or 12 mm)
- (Optional) One solid necklace of Dark Green Aventurine spheres (8 mm, 10 mm, or 12 mm)

Indications

When chronic alcohol use has resulted in liver damage

Effects

Alcoholism is a disharmony rooted in the emotional and mental aspects that often cause problems in the physical liver. This therapy combines Quartz and Emerald to address both the physical effects of alcoholism on the liver and the inner causes of the alcoholism. The Quartz serves as a window through which the Emerald energy can more easily and rapidly heal the inner aspects corresponding with the damaged liver. The Quartz also amplifies the Emerald energy and attracts more healing life energy to the ailing area.

Procedure

1. Lie on your back in a place where sunlight can shine directly on your liver.
2. Place the Emerald and Quartz necklaces directly on your skin over your liver, making sure that sunlight is shining directly on the gemstones.
3. Weave the two necklaces together to form them into a flat, neat spiral. Make sure to distribute the gemstones evenly over the area.
4. Between treatments, wear the Emerald necklace around your neck for ongoing support.
5. (Optional) Between treatments, wear both the Emerald necklace and a Dark Green Aventurine necklace around your neck. The Dark Green Aventurine will help uplift the liver and expel disharmonious energies from it.

Time Guidelines

Perform this treatment for 15 to 30 minutes daily.