

Dark Green Aventurine Necklace Therapy

Pain Relief

One Dark Green Aventurine necklace is held on a painful area of the body to ease the pain. The Aventurine's wave-like emanations have a soothing and healing effect on the painful area.

Therapy Tools

One solid necklace of Dark Green Aventurine spheres (8 mm, 10 mm, or 12 mm)

Indications

When you are experiencing pain in any localized area, including your head

Effects

This therapy quickly soothes localized pain by focusing the healing energies of Dark Green Aventurine on the painful area.

It is Aventurine's nature to identify and send its energy to areas of disharmony, no matter where the Aventurine is placed or worn. Even when Aventurine is not worn around the neck but is held several inches away from a disharmonious area, it starts to send its energy toward the area. Because Aventurine energy does not normally enter the body through the skin, this energy bounces back to the Aventurine. As long as the Aventurine is held there, it continues to send its energy toward the disharmonious area, and the skin keeps reflecting the energy back to the Aventurine.

A somewhat different phenomenon occurs when you hold Aventurine directly on your skin with your hand completely covering it. The Aventurine energy cannot infiltrate your aura, because your hand is blocking it; and it cannot bounce back and forth between the gemstones and your skin, because there's no space to do so. The Aventurine's response is to behave as though it has been cornered. It reverts to its primal nature - that is, it begins to emanate its energy in a wave-like fashion. These wave emanations are not restricted by anything physical. They flow through your body in the rhythm of your breath. Because the green flecks are so abundant in Dark Green Aventurine, these waves begin to infiltrate the disharmonious area within seconds. It is these waves that are immensely soothing and that ease the area's pain.

Procedure

Hold a Dark Green Aventurine necklace, preferably in your right hand, directly on your skin on the painful area. Do your best to completely cover the necklace.

If possible, leave no spaces between your fingers and no part of the necklace exposed to the air. Hold the necklace in place until you feel relief from pain.

Time Guidelines

The first time you apply the Light Green Aventurine to the organ, keep it there for 30 minutes. Then, double the application time on each successive day. For example, on the second day, apply the Light Green Aventurine for one hour; on the third day, apply it for two hours; on the fourth day, apply it for four hours; and so on. In this way, gradually increase the application time until you can bandage the Aventurine over the organ for several days at a time.

It is important to increase the time gradually and to watch for signs of detoxification. If the target organ is congested or full of toxins, proceed very slowly to avoid overloading your body with released toxins. Pushing ahead too quickly could also cause the organ to become overactive and thus create other imbalances. Be aware of how the organ and your body are responding to the treatment, and make adjustments accordingly.

Significant changes will occur within one to three months, depending on your constitution and how easily you accept change.