

## Clear Topaz Necklace Therapy

### Enhancing the Effects of Another Therapeutic Gemstone Necklace

Clear Topaz is used to enhance the effects of wearing another therapeutic gemstone necklace. When you wear Clear Topaz and another necklace at the same time, Clear Topaz helps the energies of the other gemstones quickly and deeply permeate the body and linger there, sometimes long after both gemstones are removed.

#### Therapy Tools

- One therapeutic Clear Topaz necklace
- One other therapeutic gemstone necklace (solid or combination)

#### **NOTE: Metal in Combination Necklaces and Short Solid Necklaces**

Because Clear Topaz enhances the skin's ability to absorb energies, in general Clear Topaz should not be worn when metal objects are touching the body. However, any gold clasps or beads included in a therapeutic combination necklace are part of the formula on which the necklace is based and therefore contribute to its overall therapeutic effect. Unless such a necklace is contraindicated for other reasons, it can be used with Clear Topaz in this therapy.

When using a short, solid necklace with a metal clasp, arrange the necklace so that the clasp rests on top of the gemstones and does not touch the skin.

#### Indications

When any of the following apply—

- You want your physical and subtle bodies to be more receptive to the energies of another therapeutic gemstone necklace
- Your health would benefit from a gemstone necklace's energy penetrating your physical and subtle bodies more deeply than it otherwise would
- You want a gemstone's influence to focus on the subtle-body causes of a physical condition
- You want your child to benefit from a therapeutic gemstone necklace but don't want him wearing the necklace to school or to play, or he doesn't want to wear it outside the house
- You want to share the healing energies of your gemstone necklaces with friends, without loaning the necklaces to them

#### Effects

In this therapy, Clear Topaz brings the energies of another gemstone necklace into your body in a way that doesn't happen when you wear the other necklace by itself. Wearing Clear Topaz with another necklace makes your physical and subtle bodies more receptive to the healing energies of the other gemstones.

To improve the relationship between your physical and subtle bodies, Clear Topaz consolidates the layers of your aura. When most other gemstones are worn by themselves, their energies access the subtle bodies through the aura. When Clear Topaz consolidates the aura, and then you put on another gemstone necklace, two things happen: (1) the other gemstones' energy enters the consolidated configuration of the physical and subtle bodies, and (2) they access the subtle bodies through the physical body rather than through the aura. This allows the other gemstones' energies to work more directly on the subtle-body causes of the physical condition being targeted by the therapy.

For example, when you wear Blue Sapphire by itself, its energy fills your aura and concentrates primarily in the mental body. In contrast, when you wear Clear Topaz with Blue Sapphire according to the guidelines in this treatment, the Blue Sapphire's energy is focused into the space shared by the physical and mental bodies. The result is that the mental roots of a physical condition are addressed more directly and efficiently.

The Clear Topaz also opens channels in the fabric of your supraphysical body through which the other gemstones' energy can reach all parts of your physical and subtle bodies. This allows the energy of the gemstones to penetrate the body much more deeply than it otherwise could.

When you wear Clear Topaz with another gemstone necklace, the energies of the other gemstones also linger in the physical and subtle fabric long after both necklaces are removed. Depending on how fast the body uses these energies, they can linger for several days or weeks or for more than a month. If the body is particularly hungry for the necklace's energy and is using it up quickly, its energies might linger for only a day.

### **Procedure**

**Note:** When performing this therapy, use Clear Topaz with only one other gemstone necklace per treatment.

1. Select a therapeutic gemstone necklace to use with the Clear Topaz. You can choose either a solid or combination necklace.
2. Determine whether your body is open to working with the other necklace. This step is particularly important when working with Clear Topaz. Because Clear Topaz can enhance the effects of the other gemstones by many times, you need to be sure the other necklace is truly in harmony with your body at this time.
3. Close your eyes and center yourself for a few moments. Then hold the necklace straight out in front of you and slowly move it toward the center of your chest. As the necklace approaches your heart, be sensitive to your body's response. Notice whether your body seems to smoothly and easily accept the presence of the necklace or whether you feel a slight resistance or cushioning at any point. (Tip: These sensations are felt more easily while sitting or standing.)

- If you sense no cushioning, proceed to Step 3. Do not put on the necklace yet.
  - If you sense some cushioning, it means that your body is not open to that gemstone necklace at this time. Select another necklace and repeat this step, observing your body's response. If necessary, keep repeating this step with different necklaces until you find one that your body accepts readily.
4. Determine whether your body is open to working with Clear Topaz at this time. Follow the procedure described in Step 2, watching for resistance or cushioning at any point.
    - If you sense no cushioning, place the Clear Topaz around your neck. Wear it for 15 minutes, and then proceed to Step 4.
    - If you sense some cushioning, check for foreign objects touching your body, such as jewelry, watches, cell phones, other metal objects, or synthetic-fiber clothing. Remove these items and repeat this step.
    - If, when repeating this step, the cushioning continues, you can put on the other necklace, but do not continue with the therapy. Your body might not be open to working with Clear Topaz at this time, or it might be reacting to the presence of foreign objects that are not removable – for example, amalgam fillings or medical implants, such as steel plates, pacemakers, or silicone implants.
  5. After wearing Clear Topaz alone for about 15 minutes, put the necklace that you chose in Step 2 around your neck. Wear this necklace with the Clear Topaz according to the time guidelines below.
  6. Remove both gemstone necklaces and cleanse them.

### **Time Guidelines**

Wear the two necklaces together for about an hour. This will allow enough time for target areas to process and work with the gemstones' energies. Do not wear the necklaces together for more than two hours, unless you are able to frequently and accurately check yourself to determine whether your body is remaining in balance with both necklaces on. After a maximum of four hours, remove both necklaces to allow your body a cycle of rest.

You can repeat this treatment daily or at intervals you determine by using an answer-receiving technique. Use daily treatments for ongoing support – for example, when using Emerald to treat a serious condition. Use weekly or monthly treatments when you want a gemstone's energy to kick-start, encourage, modify, or remind your body of a particular function or energetic process.

### **Comparing Clear Topaz and Riverstone**

Riverstone is another gemstone that can be used to enhance the effects of other therapeutic gems but with results that differ from those of Clear Topaz. Whereas Clear Topaz infuses the other gemstone's energy into the body more deeply, to be used by the body as needed, Riverstone simply activates the other gemstone's energy and speeds its movement through the

body and aura. When Riverstone is removed, its enhancement effects cease. When Clear Topaz and its accompanying gemstones are removed, the other gemstones' energy remains available in the physical and subtle bodies for some time.

Riverstone is preferred over Clear Topaz when the target issues involve resistance to the flow of energy or when an area's energy flow has become stuck, thus requiring assertive pressure or persistent whittling away to dislodge the blockage. Hence, Riverstone is a more specialized tool. If your energy field were given a choice between Clear Topaz and Riverstone to enhance the effects of another gemstone, 98 percent of the time it would ask for Clear Topaz.