

## **Blue Lace Agate Necklace Therapy**

### **Therapy to Relieve Pain and Accelerate Healing**

A Blue Lace Agate necklace is placed on any area of the body to alleviate localized pain and accelerate healing.

#### **Therapy Tools**

One therapeutic-quality Blue Lace Agate necklace

#### **Indications**

When you are experiencing any of the following—

- Pain in any area of the body, including nerve pain
- Joint weakness or pain
- Muscle spasm
- Injury, sprain, or strain
- Sore throat
- Uterine cramps
- Stomachache
- Gall bladder attack
- Asthma attack (as an adjunct to other treatment)
- Abdominal pain (Since this can be an indication of serious illness, get appropriate medical attention first.)

When you wish to do any of the following—

- Release stress and tension from a localized area
- Accelerate healing after injury or surgery
- Strengthen weakened areas
- Use a gemstone home remedy as an adjunct to other treatments for pain

#### **Effects**

In this therapy, Blue Lace Agate strengthens the energy waves of the tissue being treated, and sifts out foreign and unwanted waves that may be associated with pain, damage, disease, infection, cellular memories of past trauma, or other conditions. As the energetic nature of the treated area becomes better defined, its function improves, healing is accelerated, communication with other organs and tissues is enhanced, and toxins are more easily expelled.

When a Blue Lace Agate necklace is placed on a target area, the nervous system becomes alerted to that area. The body's resources, including additional nourishment and healing energy, are directed there. Blood flow increases, and the lymphatic vessels are stimulated to absorb fluid from the area, even when it is immobile.

You may experience a slight pulling or magnetic sensation in the area as the tissue aligns itself toward the gemstones. As cellular memories of past trauma associated with the area are released from the tissue, you may also become consciously aware of these memories.

When you first apply the gemstones, they will feel cold, and this can have an analgesic effect. The energetic benefits begin as the necklace warms. The heat can be a result of unwanted waves collecting on the necklace as they are released. In some cases, instead of the necklace getting hot, it may become warm and clammy, indicating a different kind of unwanted energy collecting on the gemstones.

### **Procedure**

1. Bunch your cleansed Blue Lace Agate necklace in your hand and place it directly on the skin of the target area. If the area is wounded, or if direct placement stresses the area or causes more pain, hold the necklace on healthy skin as close as possible to the target area.
2. If memories of past injury, illness, or trauma come up, allow them to float through and out of your awareness.
3. Continue to hold the necklace in place until it gets hot or clammy, for a maximum of 15 to 20 minutes.
4. Cleanse the necklace before reapplying or wearing it.

### **Time Guidelines**

You can perform this treatment as often as you like.