

Blue Lace Agate Necklace Therapy

Insight Technique

A Blue Lace Agate necklace is placed around the head to aid the recollection of past lifetimes and thereby gain insight into how to resolve a current problem. This technique also helps revive individual talents that were developed in other successful lifetimes and that might help resolve an issue or problem today.

Therapy Tool

One therapeutic-quality Blue Lace Agate necklace (8 mm or 10 mm)

Indications

When you are experiencing any of the following—

- A chronic problem, issue, or condition
- A sense that you are blocked from taking a step toward greater health and well-being
- Lack of success in one or more areas of your life
- Repeated failures or misfortunes
- An illness that isn't improving
- A persistent shortcoming in your personality that you would like to change

When you wish to do any of the following—

- Gain insight into the past lives that have contributed to a current condition
- Revive forgotten talents you have developed in the past
- Start a successful exercise, diet, educational, or healing program
- Accomplish any goal
- Excel at your chosen profession
- Heal and resolve a difficult relationship
- Develop the strength for an upcoming task or life test
- Achieve success in any area of your life

Effects

This therapy is based on the concept of reincarnation. This concept purports that we have lived many times before, under a variety of circumstances, to help us learn the most we can from life. Some of the experiences we've had in past lifetimes relate directly to problems we face today. If we can become more aware of these past experiences and influences, we may find it easier to understand ourselves and others—and thus find resolution and healing—now. In addition, in many of these lifetimes, we learned important lessons and developed talents that can be useful for solving current problems. If we can recall and revive these talents, they can serve as an invaluable resource for overcoming blockages to greater health and well-being.

We can achieve some awareness of these causative factors and latent talents with the diligent practice of past-life recollection and mental discipline. However, wearing a Blue Lace Agate necklace of eight to ten millimeters spheres—large enough for its energies to reach your causal body within hours or less—can speed and ease this process and preclude the need for all the effort.

As Blue Lace Agate energy pools in your causal and mental bodies, a resonance forms between the energy waves of this lifetime and those of previous lifetimes that stand out above the rest. These are lifetimes with special significance to your current life. They also include times in which you shone particularly brightly spiritually, excelled creatively, learned something significant, developed yourself, and made leaps in personal growth. These special lifetimes are like pearls. Blue Lace Agate energy helps your causal body's intelligence bring forward and link these pearls together, so that the lessons you gained from them become more available to you now. They can serve as unique and powerful resources for solving life's problems.

When you wear Blue Lace Agate and consciously intend to find the past-life causes of a particular problem and the talents to that can help solve it, then your causal intelligence will seek out this information specifically. When your causal intelligence finds something pertinent, it will pass the information to your mental body, where you can become consciously aware of it.

This process is accelerated when you perform the Blue Lace Agate Tisrati Technique described below. (A tisrati is a strand of gemstones that encircles the head like a headband.) To perform this technique, you wear a Blue Lace Agate necklace as a tisrati while thinking about a problem and consciously intending to find its past-life causes and your talents for solving it. When worn this way, the Blue Lace Agate energy moves directly to your causal and mental bodies, where it focuses on fulfilling your intent.

When you perform this technique while preparing to fall asleep, your mind will be more relaxed, lucid, and receptive to any causal information that is brought forward. Answers may also come in the dream state.

Procedure

It is best to perform this technique immediately before falling asleep. Before you begin, have a journal and a pen handy to write down your experiences.

Caution: Avoid placing a Blue Lace Agate necklace in a clump or pile on the upper two chakras of the head (the brow and the crown). The concentrated energy of an entire Blue Lace Agate necklace placed there can disrupt the chakra's energy flows.

1. When you are in bed for the night or prior to taking a nap, wrap a Blue Lace Agate around your head to form a tisrati:

- Encircle your head with the necklace so that it lies across your forehead and just above your ears.
 - Fasten it at the back or side of your head with a hair tie or rubber band. The tistrati should be relatively loose. Lying with your head on a pillow will help keep it in place.
2. Close your eyes and think of a problem, issue, or condition that you want to resolve. Hold the intention to become aware of a lifetime that relates to this problem, that will give you insight into how to resolve it, or that taught you a lesson that will help you resolve it. You can also ask a higher spiritual power to show you these things. In addition, ask yourself, “What talent do I need to resolve this situation?”
 3. Allow your mind to wander and give your imagination a loose rein.
 - While thinking of the people involved in your problem today, look for, invite, or conjure memories and images of situations that include them at other times and places in history. Try to find the links between these memories/images and the problem you are experiencing today.
 - Allow yourself to drift into asleep.
 4. At any time before you fall asleep, or when you wake up afterward, jot down in the journal any images, thoughts, or ideas that come to mind. Latent talents may surface in the days and weeks that follow, especially when you need them most. However, if you can define one and write it down while practicing the technique, you may find the talent easier to remember and consciously draw upon.
 5. If you fall asleep and the necklace ends up on your pillow or somewhere in bed with you, that’s fine. If your sleep is restless, remove the necklace from your bed.

Time Guidelines

Practice this technique for about 20 minutes or until you fall asleep, whichever comes first. Perform it for three days in a row. If you wish to practice it again, wait a week or so before repeating the three-day protocol.