#### INGREDIENTS

Ingredients: Short chain chitosan (from shrimp exoskeleton) in gelatin capsules.

Directions for use: Adults should take 2 capsules a day (each capsule contains 300mg short chain chitosan). Information: Do not exceed recommended dose.

Benecta should not be used as a substitute for a balanced, varied diet.

Benecta should not be taken by people who are under 18 years of age, pregnant (or likely to become pregnant) or have an allergy to shellfish.

Storage information: Benecta should be stored at room temperature, protected from humidity and kept out of the reach of children.

Benecta is sourced and manufactured in Iceland

by Genis, hf. Packaged in the UK. No artificial colours, flavours or preservatives.

## OUR PHILOSOPHY

At Benecta we believe passionately that the quality of your life needn't be compromised or determined by your age.

We think the time has come to reframe the narrative around ageing and challenge outdated assumptions about how people should behave past a 'certain' age.

We don't intend to retreat into older age guietly, and we don't expect our customers to either.

## OUR SUPPLEMENT

Developed in 2005 in Siglufjörður, Iceland, today Benecta is one of the country's fastest growing, most popular food supplements.

Benecta is the result of over 10 years research and development into the use and benefits of short chain chitosan to help support the body as it ages.

Made from natural ingredients, Benecta can be taken alongside any other food supplements or medication.

To be on the safe side, we don't recommend taking Benecta if you are pregnant or have an existing shellfish

For more FAQ about Benecta you can visit our website: www.benecta.co.uk

If you have any concerns about taking Benecta, please bring this leaflet with you and ask your doctor.

# TAKING BENECTA













CAN BE TAKEN ALONGSIDE OTHER MEDICATION & SUPPLEMENTS









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DO NOT TAKE IF ALLERGIC TO SHELLFISH OR PREGNANT





#### THE BENECTA EFFECT

From wind surfers to golfers, hikers to skiers, fishermen to weightlifters, gardeners to dog walkers the 'Benecta effect' is the phrase often used to describe the broad range of benefits they have experienced after taking Benecta.

Taking just two capsules every day can help with a variety of complaints often associated with 'getting older'.

# "BENECTA, HAS BEEN THE BEST IMPROVEMENT TO MY HEALTH FOR 28 YEARS"

K. BALDVINSSON, HIKER, ICELAND

"I'VE SEEN A SIGNIFICANT DIFFERENCE
IN MY ENERGY LEVELS, RECOVERY
AND MOBILITY, WHICH ALL HELPED
IMPROVE MY GOLF GAME. I DON'T NEED
CAFFEINATED ENERGY DRINKS ANYMORE
TO GET ME THROUGH THE BACK 9!"

G. CORBETT, GOLFER, UK

"I SKIED FOR 2 HOURS YESTERDAY,
TODAY MY KNEES ARE GREAT AND MY
JOINTS ARE FINE. THAT WOULDN'T
HAVE HAPPENED BEFORE BENECTA"

DAVE SALES, SKIER, UK

"I'VE GOT MY GET-UP-AND-GO BACK!
I FEEL LIKE MY YOUNGER SELF.
MY MOBILITY HAS IMPROVED WHICH
MEANS I'M WINDSURFING BETTER AND
RECOVERING QUICKER."

J.MERRIMAN, WINDSURFER, UK

"AFTER JUST 4 WEEKS OF TAKING BENECTA I STARTED TO FEEL LESS ACHY WHICH HAS ALLOWED ME TO SWIM MORE OFTEN. WHICH HAS HAD A GREAT EFFECT ON MY MOOD."

M. DONNACHIE, SWIMMER, UK

"I'VE DEFINITELY NOTICED MY ENERGY LEVELS HAVE INCREASED SINCE TAKING BENECTA. SHOULD HAVE DONE IT YEARS AGO."

A. RAVAN, CYCLIST, UK

# OUR PARTNERS

Benecta has been developed in association with the following institutions:



Herlev

Hospital





Innovation Center Iceland B









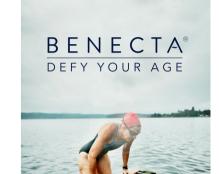
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### CONTACT

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