

# 7 WAYS

*to sustain your life*

*Tip #1*



Bring your own shopping Bag

*Tip #2*



Reduce the use of plastic bags

*Tip #3*



Bring your own food containers and utensils



*Tip #4*

Carry a reusable water Bottle



Hang you clothing to dry

*Tip #5*



Take shorter showers

*Tip #6*



*Tip #7*



Plant a Tree

*save the planet*

**VOTE**

