These are the steps to take to make an ovoid-shaped template. First you will need a piece of cardboard. Ovoids can be made to suit any size design and shape. The measurements marked in Illustration 1 are to make an ovoid big enough to draw a design on letter-sized paper. Take a piece of cardboard, cut to the measurements and fold it in half as shown. Next, draw the dotted line marked with arrows onto the piece of folded paper. Notice that the top of the ovoid has a larger curve (curve 1) than the bottom curve (curve 2). The bottom centre of the ovoid also has a slight uplifted curve to it (curve 3). After you have drawn the line on the folded half, hold the piece together and cut along the line. Cut off the shaded area. Unfold it and try it on a piece of paper. It should look like the ovoid shape shown below (Illustration 3). You have the first ovoid template. There are three templates for each set. The next step is to make the other two that complete one set.
Making the two inside ovoids

To make the second ovoid, cut another piece of paper to the same size as the first and fold it in half the same way. Then copy the first ovoid on it, as shown in Illustration 4. The next step is to freehand the second ovoid in as shown in the illustration (shaded area). Draw it in so that the second ovoid sits closer to the bottom of the first. These ovoids make the ovoid form line (shaded area in Illustration 6). The ovoid form line is always twice as wide on the top as it is on the bottom and the sides. See Illustration 6.

You will need another piece of paper to make the third ovoid. Fold it in half and copy the second ovoid onto it, as in Illustration 5. Then freehand the third ovoid on as shown (shaded area). The only difference with this ovoid is that the position is reversed. It is placed closer to the top so that the bottom is twice as wide as the top and sides. See Illustration 6.

I would like to mention that the third ovoid that you just cut out is actually the thin line that goes around the ovoid. Freehand draw another ovoid inside this to make the A-3 ovoid, as marked in Illustration 6 below.

This is how the finished ovoids should appear when painted.