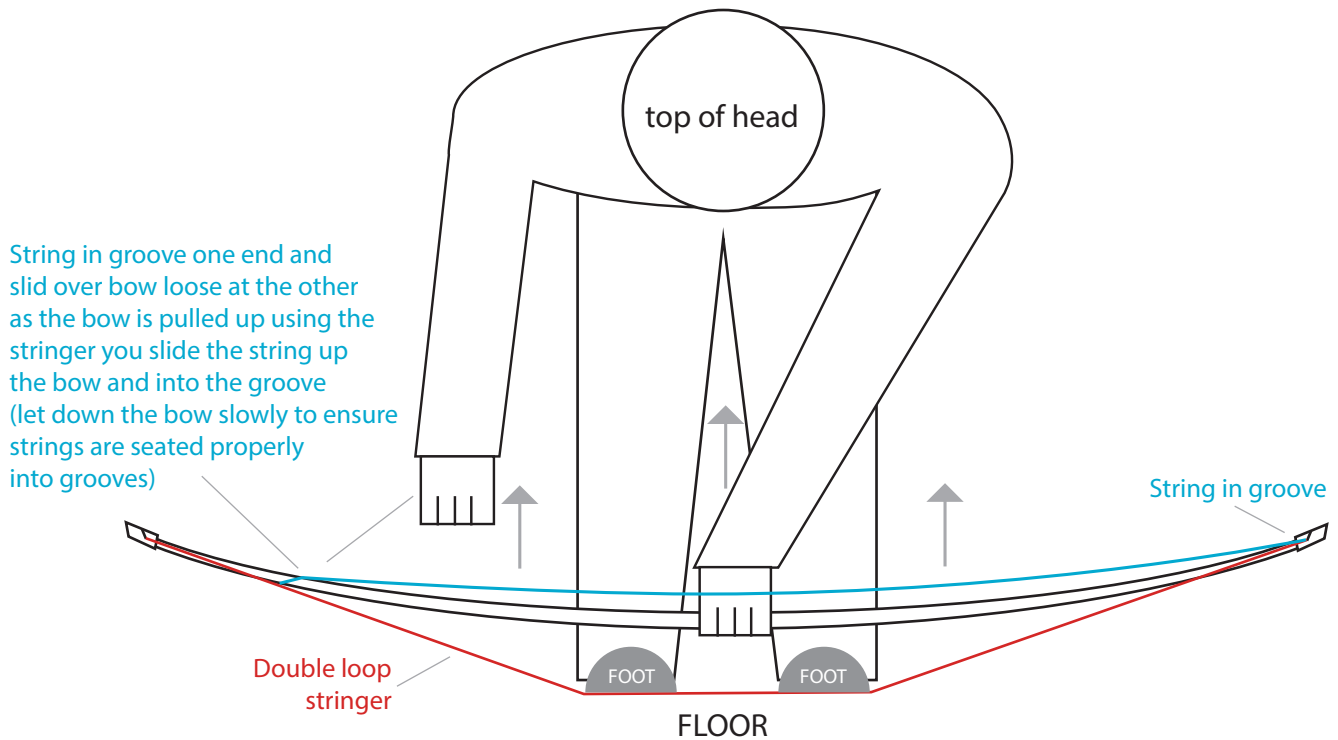
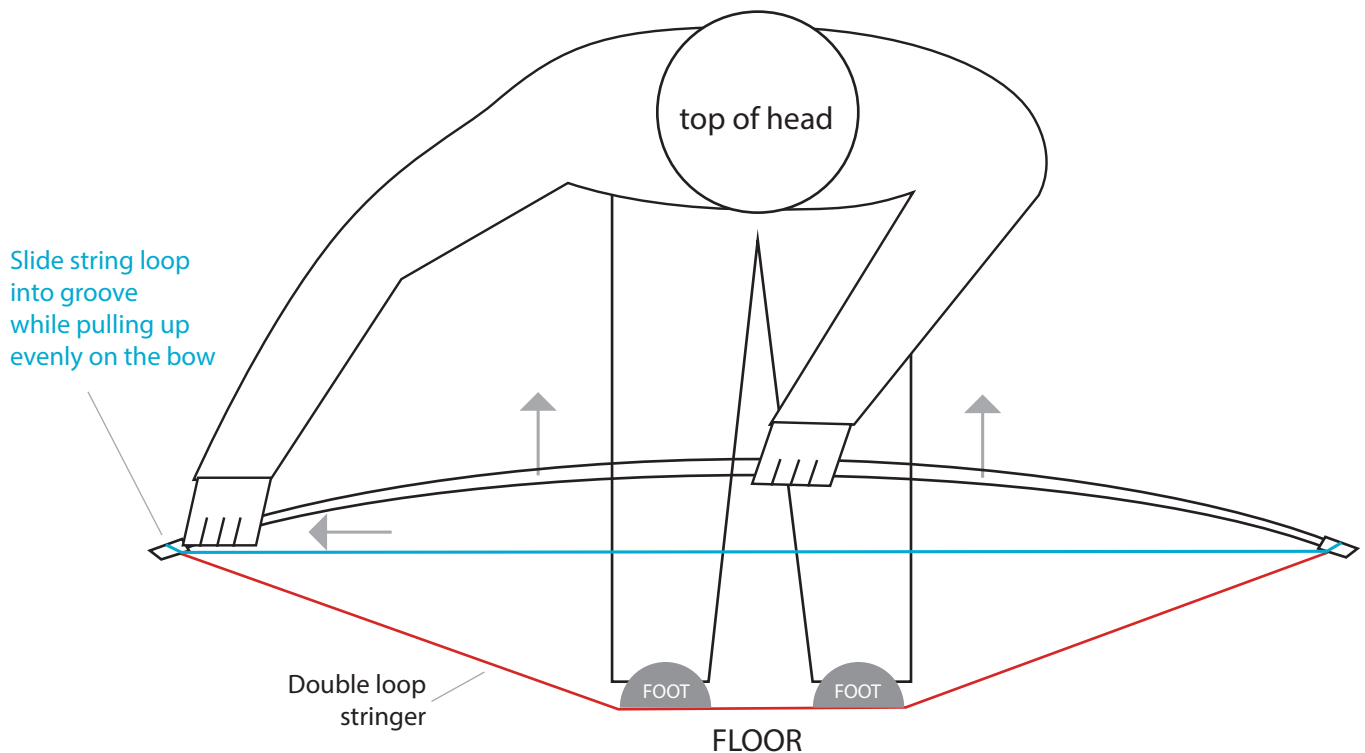


How to string an English Longbow/Warbow

If you can't pull up a warbow and slide the string along then ask someone to help



Pull upwards from the centre to string up the bow
Never push pull or overleg to string a longbow



Pull upwards from the centre to string up the bow
Never push pull or overleg to string a longbow