TOUCHPOINTTM BETTER LIVING THROUGH NEUROSCIENCE

🖖 Use Cases

GENERAL STRESS

- Many of our consumers use TouchPoints™ regularly for general stress in their day to day lives. General stress can affect not only one's mental, but also physical well-being. TouchPoints™ help restore a peaceful and healthy mind and body.
- Case studies on those with generalized stress show over 90% reduction in stress headaches, an increase in both sleep and quality of sleep, and increase in productivity. **Click to read more.**

ADHD

- TouchPoints[™] can not only increase attention span for those with ADHD, but reduce stress and anxiety in as few as 30 seconds. Preliminary data shows that the bi-lateral alternating stimulation in tactile form may reduce the need for restless motor movements and may improve attention in some cases.
- Case studies on ADHD in students show results such as an increase in GPA from 2.3 to 3.1, 45% reduction in anxiety and a 36% improvement in attention. Click to read more.

AUTISM

- TouchPoints™ offer a passive, non-invasive solution that may be more powerful than other methods to help those with Autism go from sensory overload to sensory tolerant in real time.
- Case studies on Autism show a 50% reduction in angry outbursts, easier transitions, better sensory integration, improved eye contact, and less hyperactivity. **Click to read more.**

SLEEPLESSNESS

- TouchPoints™ utilize proven Bi-lateral Alternating Stimulant Tactile (BLAST) technology to help you fall asleep as well as go back to sleep if you wake up in the middle of the night. Proven to physically block the body's stress response, BLAST technology can increase parasympathetic activity when used minutes before sleep.
- Case studies show 30 minutes faster sleep onset without sleeping pills and 80% reduction in wakefulness. Read more.



• As TouchPoints[™] were created using a successful component of therapy used to help those with PTSD, they can be used to manage panic attacks, prevent angry outbursts, reduce unhealthy cravings, and help those with PTSD fall asleep or return to sleep if they wake in the nighttime.

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