

HOW TO USE TOUCHPOINTS

- Place the button on the lead device twice to turn on and activate the blue setting.
- Face the lights of both TouchPoints together and press the button on the follower device once. The light on the follower will match the color of the lead, and the devices will begin to vibrate in an alternating pattern.
- If you want, change the settings by pressing the button on the lead device again while both TouchPoint's lights are facing each other.
- Place one TouchPoint on each side of the body and feel the calming vibrations.
 Note: The average student wears
 TouchPoints for 20 minutes in the morning or evening, or as needed throughout the day.
- To turn off, hold the TouchPoints away

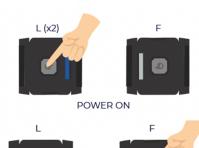
Lead (L)

First device powered on – used to select setting

Follower (F)

Second device powered on – mimics the setting from the leader

Either device can be lead or follower based on which one is powered on first.













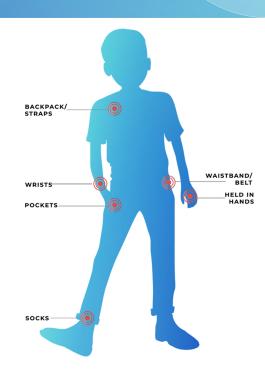


TOUCHPOINTS USAGE & CARE

WHERE TO WEAR TOUCHPOINTS

There are lots of ways to wear TouchPoints, as long as they are placed on the right and left side of the body. Use clothing clips to wear them on socks, straps, waistband or pockets, use wristbands for wearing them on wrists or simply hold them in the palms of hands.

TouchPoints do not need to be touching the skin if you can feel the vibrations. TouchPoints can be used for a short time to treat stress on the spot, or they may be left on for longer periods of time to prevent it.



CHARGING TOUCHPOINTS



When not in use, you can charge TouchPoints using the charging cable in your TouchPoints Kit. For best results, we recommend using a laptop or desktop computer to charge (computer must be on, awake, open and logged-in). Please avoid using other chargers not meant for the TouchPoints.

CARING FOR TOUCHPOINTS

- · Keep liquids away from the TouchPoints as they are not waterproof.
- Keep TouchPoints out of reach of young children as they may pose a choking hazard to anyone under the age of 3.
- · Clean the TouchPoints with a disinfectant wipe safe for electronics after use.
- Do not repeatedly push the TouchPoint buttons. Only push the buttons to turn the devices on, change the settings on the devices, and power the devices off.
- Do not use hand soap, body soap, dish soap, hand sanitizers, household cleaners or other similar cleaning products to clean the TouchPoints.