TOUCHPOINT®

BETTER LIVING THROUGH NEUROSCIENCE

CASE STUDY

First Name: _____

Last Name: _____

Email: _____

Phone: _____ **Age:** _____

Which of the following have you used TouchPoints for?

Select all that apply *

- ☐ Aggressive Behavior
- ☐ Agitation
- ☐ Angry Outbursts
- ☐ Anxiety
- ☐ Autism (Sensory Overload)
- ☐ Being Scared
- ☐ Breaking Bad Habits
- ☐ Can't Get Started on Tasks
- ☐ Cravings
- ☐ Fear of the Dark
- ☐ Fears
- ☐ Focus
- ☐ Frustration
- ☐ Giving Bad News
- ☐ Headaches (Due to Stress)
- ☐ Homework Avoidance
- ☐ Inability to Stay Calm
- ☐ Inability to Think Rationally
- ☐ Lashing Out at Others
- ☐ Meditation
- ☐ Muscle Tension (Due to Stress)
- ☐ Negativity
- ☐ Negotiations
- ☐ Obsessing
- ☐ Oppositional Behavior
- ☐ Parkinson's
- ☐ Performance Anxiety
- ☐ Pessimistic Thinking
- ☐ Phobias
- ☐ Physical Aggression
- ☐ Physical Complaints
- ☐ Procrastination
- ☐ Relationship Problems
- ☐ Sensory Sensitivity
- ☐ Separation Anxiety
- ☐ Sleep Issues
- ☐ Social Issues
- ☐ Stomachaches (Due to Stress)
- ☐ Stress Relief
- ☐ Supporting Friends
- ☐ Tantrums
- ☐ Task Avoidance
- ☐ Test Anxiety
- ☐ Therapy
- ☐ Tics
- ☐ Trichotillomania
- ☐ Yelling, hitting, or hiding (Kids)
- ☐ Other (Please provide more detail below)

Other

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Where do you wear TouchPoints? *

- [ ] On Wrists
- [ ] On Ankles
- [ ] Hold in Hands
- [ ] In or clipped to pant pockets
- [ ] Other (Please provide more detail below)

Other

How frequently do you use TouchPoints?

Please be as detailed as possible.
Example:
*"I use TouchPoints for my sleep issues once per day for 30 minutes right before bedtime.
I use TouchPoints for headaches due to stress once per week for 20 minutes."* *

What significant changes have you seen? *

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Have any medical providers, teachers, other family members etc. noticed a difference? *

Do you have any other markers demonstrating how TouchPoints™ are working (i.e. improved grades, lower blood pressure, better sleep per Fitbit or health trackers, using less medication, better sports performance, etc.)? *

Anything else you'd like to share? *