

TOUCHPOINT®

USER PROFILE

- Billy, 65 year-old man
- Diagnosed with
- Parkinson's and REM
- sleep disorder

CHALLENGES

- Parkinson's tremors worsen under stress
- REM sleep disorder makes falling asleep and obtaining enough sleep difficult

SOLUTION

- TouchPoints basic with watchbands:
- Yellow setting for 5
- minutes when stressed
- Blue setting all day to reduce tremor activity
- Yellow setting for 15 minutes before sleep

KEY RESULTS

- +1 hour of sleep nightly
- Parkinson's symptoms more manageable
- Tremors subsided
- More relaxation

A CUSTOMER CASE STUDY TOUCHPOINTS AND PARKINSON'S

Billy Carpenter is a 65-year-old man diagnosed with Parkinson's and an REM sleep disorder. Although he is on medications to manage his diagnoses, they only "work with a varying degree of success."

Billy bought TouchPoints™ basic and was kind enough to share how he uses them on a daily basis to help manage his stress, reduce his tremor activity, and improve his quality and quantity of sleep.

"I am thoroughly delighted with my TouchPoints basic!" shared Billy. When he received them, he first placed them in his vest pockets and noticed an immediate decrease in his tremor activity. He noted such success with TouchPoints that he discussed with his neurologist the effects and hopes he will not need to increase the dosage of one of the medications he takes to manage his Parkinson's. "I am sleeping even better now" he says, mentioning that he has gained an additional hour of sleep every night after he uses TouchPoints for 15 minutes before he sleeps.

"Thank you for a wonderful device that has improved my quality of life with PD. I am so glad that my wife Carolyn learned about TouchPoints... I highly recommend them!"

Billy, we want to sincerely thank you for sharing your story with us. We hope that TouchPoints™ can impact others suffering from PD and we wish you the best in the future. Together we can make a meaningful difference in people's lives.



Thank you for a wonderful device that has improved my quality of life with Parkinson's Disease!

ABOUT TOUCHPOINTS

TouchPoints are twin neuroscientific wearables that are worn on either side of the body preventatively or on-the-spot for 15 minutes before, during or after a stressful situation. They were designed to provide fast relief from stress and anxiety at the push of a button. Using gentle, haptic microvibrations called BLAST (bilateral alternating stimulation tactile). This technology is backed by decades of scientific and academic research on bilateral stimulation that quantifies significant brain changes after just seconds of use.

TouchPoints give the user a gentle vibration that affects the brain and alters the body's fight, flight or freeze response to restore calm nervous system functioning. This not only helps to reduce the amount of perceived stress experienced, but also the associated body sensation that comes with it (i.e. stomach butterflies or tightness in the chest). TouchPoints are a natural and effective solution to anxiety and focus issues, and can enhance performance and sleep.

TOUCHPOINT®