## ROLLER BLENDS

DIRECTIONS: Patch test 1st. To be used as a natural perfume, apply to wrists, back of neck, throat, temples, tummy, feet or where required.

# Can also be rolled onto palm of hand & inhaled. I AM WONDERFILLED

A fresh, woody & mystical natural perfume blend to enhance prayer, yoga meditation, clear negative energy & release the past and invoke an experience of something new & extraordinary. ESSENTIAL OILS OF: Cedarwood, Cypress, Juniper & Frankincense. Coconut Oil (FCT), Vitamin E & Vegetable Glycerine. CAUTION: Avoid 1st trimester of pregnancy, keep out of reach of children, do not ingest.

### I AM UPLIFTED & FOCUSED

A natural citrusy fresh perfume blend that is energising, refreshing & invigorating. To assist in focusing the mind & uplifting the mood. Great for study & when mental clarity is required. ESSENTIAL OILS OF: Bergamot, Pink Grapefruit, Lime & Organic Basil . Coconut Oil (FCT), Vitamin E & Vegetable Glycerine. CAUTION: Avoid during pregnancy, & children <8, avoid direct sun exposure after use. Keep out of reach of children, do not ingest.

## I AM TRANQUIL & CALM

A natural perfume with a floral, earthy & soothing aroma. To bring a sense of calm & ease & to assist you into a restful sleep. Blended to help calm a busy mind and slow things down. ESSENTIAL OILS OF: Lavender (French), Australian Mandarin, Light Patchouli & Marjoram. Coconut Oil (FCT), Vitamin E & Vegetable Glycerine. CAUTION: Avoid 1st trimester of pregnancy, if on blood thinners, very low blood pressure & children <8. Keep out of reach of children, do not ingest.

## I AM REJUVENATED

A refreshing, natural antibacterial perfume to stimulate and restore. May assist in boosting the immune system & easing symptoms of colds, flu & headaches. ESSENTIAL OILS OF: Lime, Organic German Chamomile, Eucalyptus, Organic Basil & Peppermint. Coconut Oil (FCT), Vitamin E & Vegetable Glycerine. CAUTION: Avoid during pregnancy, direct sun exposure after use, if epileptic & children <10. Keep out of reach of children, do not ingest.

### I AM HARMONIOUS

A floral & feminine aroma, blended to balance out the emotions, hormones & ease the symptoms of PMS & Menopause. ESSENTIAL OILS OF: Lavender, (French), Ylang Ylang, Egyptian Geranium, Frankincense, Clary Sage & Coconut Oil (FCT, Vitamin E & Vegetable Glycerine. CAUTION: Avoid during pregnancy & children < 8 Keep out of reach of children, do not ingest.

For more information & products visit www.iamaromatics.com