



OUTZIE

PRODUCT GUIDE





OUTZIE

Lifetime Warranty Registration

Your OUTZIE Hiking Poles come with a Lifetime Warranty against any defects or issues of any kind. However, you must REGISTER here to activate this warranty.

Just Click this Link:

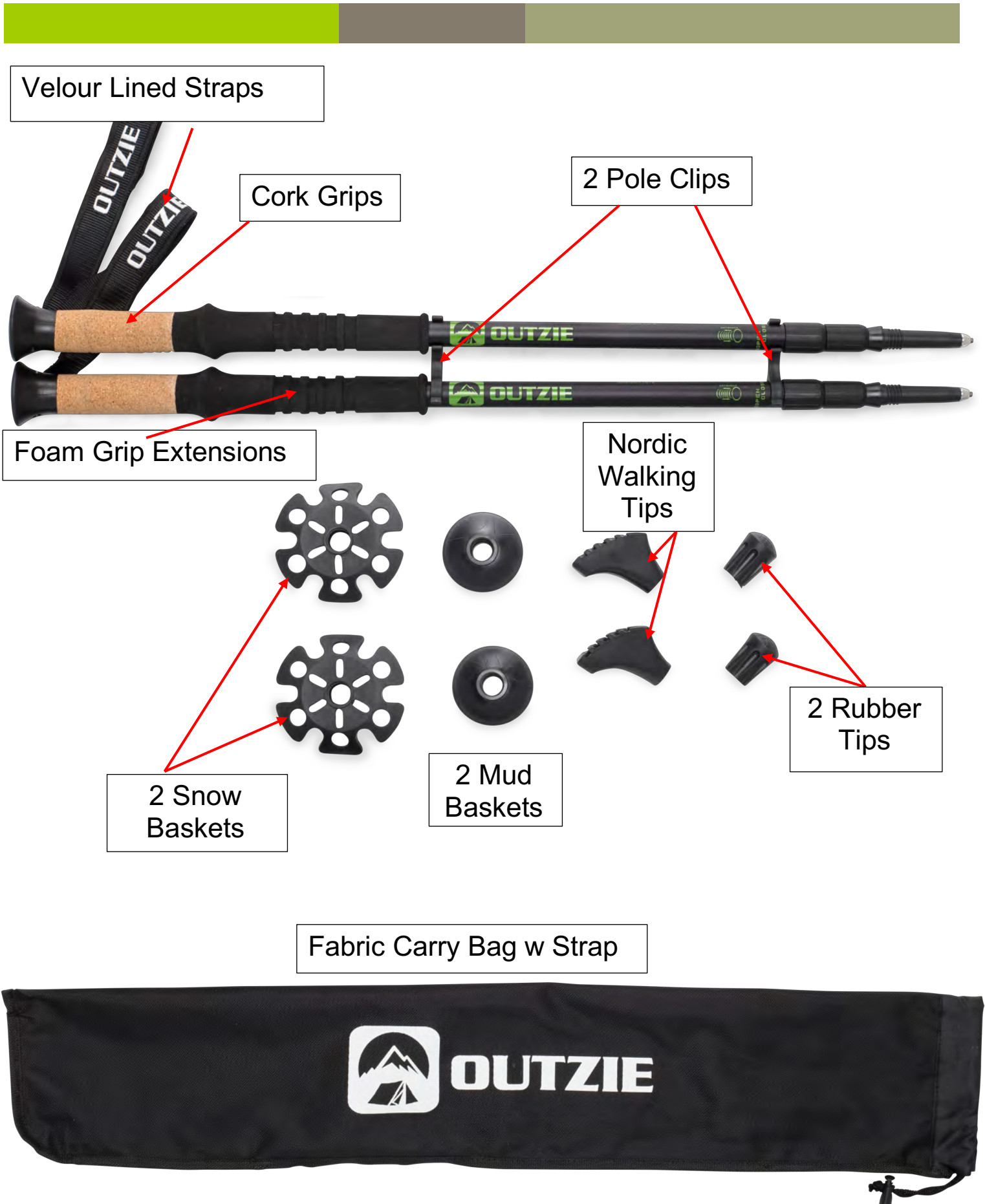
www.bit.ly/OUTZIE

and provide your Name and Email Address.
That's it!

Check out our YouTube Channel for more detailed instructions:

[Youtube/OUTZIE](https://www.youtube.com/OUTZIE)

Included with Your OUTZIE Hiking Poles



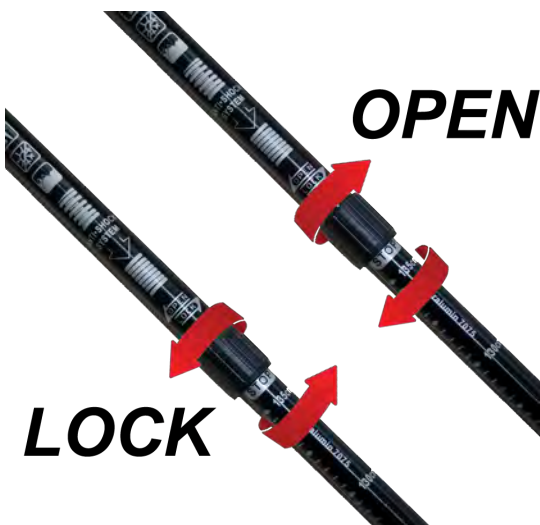
Adjusting Your OUTZIE Hiking Poles

The OUTZIE Hiking Poles have a twist lock adjustment. You simply twist the connecting sections to loosen and adjust to the proper length. Then twist the sections in the opposite direction to lock in place.



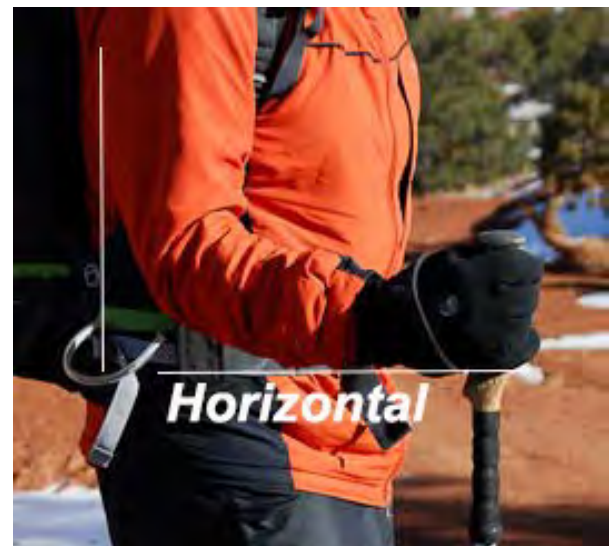
Make sure the pole does not slip once locked. Tighten further if there is any slip after putting downward pressure on the pole.

IMPORTANT
Do Not Extend the Poles
Beyond the STOP
Indicator.



Proper Adjustment for Hiking

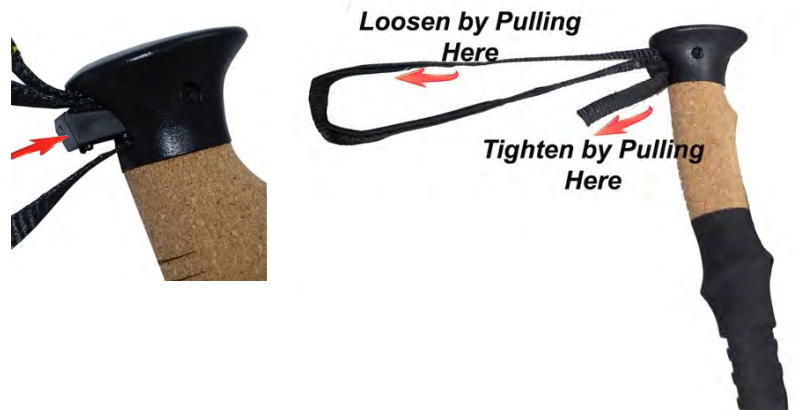
- Adjust the length of the pole so your forearm and wrist are horizontal or parallel to the ground when holding the grip while standing on level ground..
- Adjust the length a little longer for downhill treks to enable extending the poles downhill in front of you as you walk. This helps to ensure the proper balance and helps relieve stress from your knees when going downhill.
- Adjust the length a little shorter for uphill treks. With poles out in front of you as you climb, pull yourself forward and up with your arms.



Adjusting Your OUTZIE Hiking Poles

The straps on the OUTZIE pole are easily adjusted by pulling up on the top strap to loosen and pulling down on the free end to tighten.

The strap is secured by pushing the



Adjust the straps to fit your hand properly. When correctly adjusted you should be able to hold the pole with a very light grip.

1. Place your hands through the wrist straps.
2. Lower your hand to match the grip.
3. Hold the grip so that the strap is at the base of your hand supporting your wrist.
4. Adjust the wrist straps, either by pulling the strap tighter or pulling up to loosen the strap.

Anti-Shock – ON / OFF Adjustment



Once Top Section of Pole is Adjusted and Tightened, Turn Sections Slightly Back to Open Until you Hear a "CLICK"

Anti-Shock is Now OFF

"CLICK"

Turn Back the Other Way - Anti-Shock will Click back to ON!

Frequently Asked Questions

1. What's best for me – Carbon Fiber or Aluminum?

- a. Hiking poles are generally made from carbon fiber or aluminum. The primary difference is the weight – Carbon fiber poles will typically weigh 12- 18oz per pair and aluminum 18-22oz. So, if weight is important, then carbon may be a consideration. The drawback of carbon is that they are very fragile and have a greater tendency to break in rough terrain when nicked. Carbon fiber will also become more brittle in cold temps. Aluminum can bend – but rarely breaks.
- b. Aluminum poles come in different gauges – determined by the thickness of the aluminum shaft and the diameter. Lower gauge poles (typically the cheaper poles from discount dept. stores) can be structurally weaker and have greater tendency to bend – or break. Higher quality aluminum poles are higher gauge and are much stronger. Aluminum also comes in different grades – Aircraft Grade 7075 being the best strength to weight ratio and are typical for high quality poles.

2. Do I really need hiking poles? Why should I consider buying them?

- a. Hiking poles provide added stability and balance on the hike but also have a variety of additional benefits such as:
 - i. Relieves pressure on back and knees
 - ii. Can help to clear brush and spider webs along the trail
 - iii. Can be used to probe streams or snow for depth and provide extra security when traversing.
 - iv. Protection against intruding snakes, small critters or even larger predators
 - v. Use them as support poles for your tent or tarp at the campsite.

Frequently Asked Questions

3. For the adjustable poles, which locking mechanism works best?

- a. There are 2 main types of locking mechanism for adjustable poles – flip lock and twist lock. Both work well when constructed and operated properly and so it is generally a personal preference. The flip lock can be adjusted easily when making minor adjustments – but require fiddling with the small screw adjuster when making anything but the smallest adjustments in length. This is because, generally the pole sections are tapered and get smaller in diameter towards the bottom of the pole section. Twist lock will lock the same way regardless of how much you adjust as they have an internal mechanism that expands and contracts when you twist the pole.

4. What type of grips should I consider?

- a. Grips can be made of Cork, EVA Foam or rubber. Cork will resist moisture, decrease vibrations and best conforms to your hand over time and use. It is generally the most expensive option but provide the best balance of moisture wicking and durability. Best for warm or hot conditions. Foam grips will absorb moisture from sweaty hands, however are the least durable option. Rubber grips requires gloves as it can leave blisters on bare hands, so is best for colder hikes. It is generally more durable than foam or cork.
- b. Some poles also come with grip extensions – generally made of foam - that allow the hiker to grip the extended portion on uphill climbs when poles should be shortened, without having to stop adjust the poles.

Frequently Asked Questions

5. Why so many different tip options? What are they all for?

- a. Hiking poles will typically come with steel carbide tips. The bare carbide tip is best for most trails and will also provide some grip on icy surfaces. You can also use rubber tips over the steel carbide when walking on paved or rock surfaces. This preserves the carbide tip and provides better traction on the hard surface. Other accessories may include snow baskets for use in winter over snow and smaller mud baskets that are used on soft surfaces to keep the poles from sinking into soft soils. The mud baskets can also be useful to prevent the pole tip from lodging in cracks of rock on rocky terrain.

6. How do I know how long the poles should be?

- a. The adjustment of the poles are important to get the best utility. Elbows should be roughly 90 degrees when the pole is resting on the ground and the you are gripping the pole as you normally would while hiking.

7. What is the anti-shock feature and how does it help?

- a. Anti-shock is a feature provided in some poles to help further temper the vibration and stress on the hands and arms while hiking. They are generally a spring mechanism inside the poles or a rubber damper. Some poles provide the ability to turn the anti-shock feature off and on.

8. How should I use the straps on the poles?

- a. Properly adjusted straps offer support, so you don't have to grip the pole too tightly and fatigue your hand. Many hikers feel that straps should always be worn as they offer support, are useful in maintaining a good cadence, and make the trekking poles harder to drop.

Safety Tips

1. Know and use general hiking safety procedures before heading out the door. Here is a great link from the experts at [Yosemite National Park](#).

2. Check the poles before leaving for any sign of damage that might result in a failure out on the trail.

3. Understand the proper adjustment of your poles – both the pole length and the grip strap.

4. Check the pole adjustment for any slip. Tighten the pole further if there is any slip after pushing down on the pole. When properly adjusted, the pole should not slip, even when a lot of weight is applied.

5. Make sure to check the weather before heading out. Be aware that the OUTZIE Hiking Poles are made from aluminum and will conduct electricity. Do not use them if lightning is nearby.

6. Stay within your own physical ability – do not over exert yourself.

7. Have Fun!

CONTACT US BY EMAIL:
SUPPORT@ATXMART.COM

VISIT OUR WEBSITE: ATXMART.COM

ATXMART, LLC
1101 WEST 34TH STREET #259
AUSTIN, TX 78705
© 2018 ATXMART.COM ALL RIGHTS RESERVED

“Thousands of tired, nerve-shaken, over-civilized people are beginning to find out that going to the mountains is going home; that wildness is a necessity”

— **John Muir**,
Our National Parks