

**NEW NAME**

# Mind Ease

**NOW  
LACTOSE  
FREE**

## Ingredient table

### Each tablet contains:

|  |       |
|--|-------|
| <i>Withania somnifera</i> (Ashwagandha) root extract (KSM-66®) 300mg<br>derived from dry root minimum<br>stand. to contain withanolides 15mg | 3g    |
| <i>Lavandula angustifolia</i> (Lavender) flower extract 100mg<br>derived from dry flower   | 400mg |

Does not contain egg, milk, peanut, soy, tree nuts, animal products, gluten, lactose or artificial colours, flavours or preservatives.



## Herbs of Gold Mind Ease:

- ✓ Contains KSM-66®:
  - A clinically trialled\*, award winning Ashwagandha extract.
  - Standardised to >5% withanolides, the highest amount in the world. Withanolides are associated with the health benefits of Ashwagandha.
  - Produced using 'green' chemistry, a unique processing technology that doesn't use alcohol or synthetic solvents.
- ✓ Relieves symptoms of mild anxiety.
- ✓ Supports nervous system function and a healthy stress response in the body.
- ✓ Supports energy production and assists with recovery from illness.
- ✓ Ashwagandha is traditionally used in Ayurvedic medicine to improve memory and cognition, increase vitality and relieve tiredness and feelings of weakness.
- ✓ Ashwagandha supports healthy sleeping patterns and is traditionally used in Ayurvedic medicine to increase sleep quality.
- ✓ Contains Lavender, traditionally used in Western herbal medicine to relieve sleeplessness.
- ✓ Is a dairy and gluten free formula suitable for vegans.

\*Chandrasekhar, K. et al. (2012). *Indian J Psychol Med*, 34(3):255-62.

## Directions for use:

**Adults** – Take 1 tablet, twice daily, with food, or as directed by your health professional.

**Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional.**



**Want to learn more about Herbs of Gold products?**

**Sign up to our Online Training Portal in the Retailer section at [www.herbsofgold.com.au](http://www.herbsofgold.com.au) to expand your knowledge and earn CPE points.**

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**Mind Ease**



**PRODUCT INFORMATION**

| PRODUCT   | SIZE | CODE   | BARCODE   | W/SALE  | RRP     | CTN QTY |
|-----------|------|--------|---|---------|---------|---------|
| Mind Ease | 60T  | 430045 | <br>9 313923 185138 | \$23.01 | \$40.50 | 50      |

**INTRODUCTORY DEAL**

**BUY 6 AT 32.5% OR BUY 12 AT 35%**

| PRODUCT   | SIZE | BUY | DISCOUNT | PROMO W/SALE | PROMO RRP | QTY |
|-----------|------|-----|----------|--------------|-----------|-----|
| Mind Ease | 60T  | 6   | 32.5%    | \$15.53      | \$27.35   |     |
|           |      | 12  | 35%      | \$14.96      | \$26.30   |     |

**FREE POINT OF SALE SUPPORT**

| SUPPORT MATERIAL | SIZE          | QTY |
|------------------|---------------|-----|
| DL Flyer         | 100mm x 210mm |     |
| Header Card      | 420mm x 594mm |     |



DL Flyer



Header Card

**Customer details**

Store Name: ..... Account Number: ..... Date: .....

Contact Name: ..... Phone: ..... Fax: .....

Delivery Address: .....

**PHONE:** 1800 852 222 **FAX:** 1300 887 095  
 sales@herbsofgold.com.au or contact your local sales representative

