

HI FORM AUSTRALIA

# January Newsletter

*Welcome to 2024, we hope that this will be your year.....*



## *Breathe*

**Breathe is an all natural herbal and herbal extract combination to support respiratory function. The formula has antitussive, anti-inflammatory, mucilaginous and antibacterial properties to support soothing and healing of the airways and encourage normal respiratory function.**

- **Assists with respiratory function**
- **Ideal for horses stabled for long periods**
- **Suited to horses in dusty environments**
- **Ideal for horses who may be coughing**



## *Are you ready?*

While respiratory diseases are multi-factorial, exposure to dust is well known as an environmental factor in the occurrence of airway disease and complications. Many studies have shown the relevance of dust exposure in respiratory disease progression in horses. One study, published by the Research in Veterinary Science examined the variance of dust particles in stables throughout the seasons and found an increased level of mould and endotoxins in the summer months in the enclosed space.

Clinical signs of dust inhalation can vary from reduced performance to chronic coughs and nasal discharge, like those in humans.

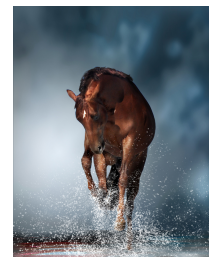
In unavoidable dusty situations such as barren regions of Australia or even just taking your horse to and from events during the summer, we believe preventative measures are always beneficial in protecting the horse from potential damage.

Our Breathe formula contains a high concentration of therapeutic herbs which have anti-tussive, anti-inflammatory, mucilaginous and antibacterial properties; these constituents line the respiratory tract and prevent damage and irritation from particle inhalation as well as binding to these particles and clearing them out of their system. In addition, these herbs assist in binding to mould and endotoxins so they are able to be eliminated. If you find your horse in these situations we highly recommend the use of Hi Form Breathe to protect them.



LOOKING FORWARD TO HEARING YOUR REVIEWS

# Electrolytes



## SYMPTOMS OF ELECTROLYTE IMBALANCE

- Diarrhoea
- Excessive sweating
- Exhaustion
- Slow recovery post work
- Muscular issues - tying up
- Dehydration



## DIAGNOSIS OF ELECTROLYTE IMBALANCE

Your vet can do blood test to see the sodium, potassium, and chloride levels. With dehydration you can do the neck pinch test by gently pinching between your thumb and finger a fold of skin and then release it. It should go back flat straight away, if it stays slightly rigid or slow to return flat then your horse is dehydrated.

## TREATMENT OF ELECTROLYTE IMBALANCE

ElectroPlus is a buffered acid/alkaline electrolyte, mild diuretic, and mild neutralizer. Can also be used prior to an event or race, for horses that sweat heavily, have a history of tying up or acidosis. For high performance horses or during hot weather. Clean fresh drinking water in large containers (preferably not plastic) to be available 24/7.

## CAUSES OF ELECTROLYTE IMBALANCE

The most common causes of electrolyte imbalances are from liver and kidney disorders, not drinking enough water, diarrhoea, excessive sweating, intense exercise, weather, and illness. Water is an essential nutrient, and a horse will need 10% of their body weight with it.

# Show Essentials

Contains organic essential oils including chamomile, lavender, citronella, rosemary, and calendula.

Additive free, made from natural and naturally derived plant materials. Easy to use and free from petroleum derived products. Enhances the natural coat colour, nourishes the skin and increases coat shine. Follow with our additive free, made from natural and naturally derived plant materials conditioner. Easy to use and free from petroleum derived products. Conditions the coat improves shine and is ideal for knots and tangles in mane and tail.

