

January newsletter

Welcome Back

Welcome to 2022, we hope that you all had a well earned break over the Christmas period, spending time with your loved ones whether 2 or 4 legs.

This month we are all about fresh beginnings, health and planning for the future.

Wishing you all a great start to 2022 we hope it is going to be a great one.

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<https://www.hiform.com.au>

Does your horse need to detox?

Are you ready for the 2022 event season? Do you want to start the year off right? Now is a great time to detox both yourself and your horse.

The Detox formula is a balanced herbal blend containing herbs which may assist detoxification of the liver, large intestine, kidneys, lymphatic system, lungs, and the skin.

Excellent to be used for horses who have suffered or are suffering from long term illness, ideal for horses coming into work after a long break.

It contains the herbs Dandelion, Burdock, Liquorice, Marshmallow, St Mary's Thistle, echinacea, Brewers Yeast, Ginger, Nettle and Peppermint. Sounds delicious right!

This is a gentle but powerful detoxifying blend.

Order yours today!

[*click here to read more!*](#)



Pet Ark

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How did your dogs cope over Christmas?



How did your fur babies cope over the festive season? Did they eat too much, sleep a lot and have a change to their daily routine. Dogs can suffer just like humans. They need adequate amounts of nutrition, clean drinking water and exercise.



Pet Ark Daily

PetArk Daily improves skin and coat condition, overall health and wellbeing, and supports your dogs daily nutritional requirements. PetArk uses premium ingredients, with high absorption rates and low doses to ensure the best delivery of nutrients to your dog.

www.hiform.com.au

Healthy shiny coat in just 6 weeks

A single daily low dose

Highly palatable

Contains nutrients to support a healthy digestive system

The only pet supplement using mineral tissue salts as part of the formula



PetBiotics Synbiotic

PetArk PetBiotics helps to restore and maintain health in the digestive system, the bacterial flora and the mucosal function. PetBiotics is a pre and pro-biotic formula which may assist with; symptomatic relief from ulcers, removal or mycotoxins, intestinal inflammation, plus providing relief from allergies and much more.

The gut microbiome is associated with the gut-brain axis, skin health, behaviour and immune function. A happy gut microbiome can be achieved through a balanced diet with pre and probiotics when required.



[*click here to read more!*](#)

Fire Drills & plans

Fire Drills for horse properties

1. Escape plan

- You will need to establish an escape plan of your property; this should be a map of the area and clearly mark out the escape routes. This should be kept in a visible spot for everyone to see.
- The map should be detailed and include all dwellings on the property with clear outlines of all escape routes and meeting points.
- You will need to have clear fire exit signs in displayed in stables and out buildings.
- Have a safe paddock selected that is far enough away from out buildings and stables that can house your horses until transport arrives or the fire is no longer a threat.
- Practice your plan so everyone on your property has a clear idea of what to do, what to take and where to where to go.

2. Fire Drill

- You must have your fire drill kept up to date (you may have more out buildings, move fence lines or gates) and have a run through practice session when required, at least yearly. Remember to educate all new people to the property.
- Speak to your local Fire Brigade for any tips, information and how to deal with different fires.

3. Equipment

- Have fire extinguishers at all exits in out buildings and stables. Make sure that they are checked annually.
- Make sure to have access to halters and lead ropes near stables and paddocks.
- Have a first aid kit, fire blanket, extinguishers, torches, batteries in an area easy access for everyone.

Act now before it is too late



Do you have a plan?

continue reading...

4. If a fire occurs

- Move horses to a large open paddock that has been eaten down, your safe paddock, if too severe if safe to do so, you will need to move horses to a safe location such as a neighbour's paddock, pony club, show grounds.
- Remove all gear and rugs from the horse, some things can melt, rugs can catch fire or get caught on fences and this can be catastrophic.
- If your horse suffers from any burns or injuries, you can use cold water to sponge the areas and administer anti-inflammatory and pain relief while you wait for your vet to come.



Flies



COFFEE'S CHOICE FLYAWAY 500ML

Contains essential oils clinically proven to have an effective repellent activity against insects.

Highly effective and long-lasting.

Totally natural and safe.

Contains natural organic essential oils including lavender, tea tree, peppermint, eucalyptus, citronella, cinnamon, lemongrass, and basil.



Does your horse have ulcers?

Equine gastric ulcers are by far one of the most common conditions diagnosed in the equine community. Usually, it is remedied by a course of ulcer medication, commonly proton pump inhibitors such as omeprazole. As the incidence of ulcers is on the rise so is the regular use of omeprazole.

WHAT ARE ULCERS?

Ulcers are essentially sores on the lining of the horse's stomach, usually the top part of the stomach, which cause pain and discomfort. There are two types of ulcers: gastric and colonic. Gastric ulcers occur in the stomach (discussed in this article) while colonic ulcers occur in the hindgut, specifically the colon.

[*click here to read the full article*](#)



COFFEE'S CHOICE SHAMPOO 500ML

Contains organic essential oils including chamomile, lavender, citronella, rosemary, and calendula. Additive free, made from natural and naturally derived plant materials. Easy to use and free from petroleum derived products. Enhances the natural coat colour, nourishes the skin and increases coat shine.

COFFEE'S CHOICE CONDITIONER 500ML

Contains organic essential oils including lavender, chamomile, rosemary, and peppermint. Additive free, made from natural and naturally derived plant materials. Easy to use and free from petroleum derived products. Conditions the coat improves shine and is ideal for knots and tangles in mane and tail.



PRACTITIONER RECOMMENDED PRODUCTS BY PROSPORTS

For the health of the rider:

WELCOME TO PROSPORTS

We are all about health here at Hi Form and that includes not just the horses but the riders too.

Introducing 2 of our favourite products: AntibioBotanical and AV/AT.

As most of our products are practitioner only you will need to have a consultation with one of our qualified staff to run through your health history and then we can prescribe your natural medicine to regain your health. [CLICK HERE](#) to register as a patient.

Remember horse riding is a sport and you need to be at your best health along with your horse. Contact us for further information or check out the website www.hiform.com.au



AV/AT
60 x 500 mg capsules

- AV/AT contains three of the world's best antiviral botanicals. Studies indicate their effectiveness in N1N1, SARS and other acute viral infections. AV/AT has strong anti-inflammatory properties to reduce inflammation in the lungs.

- Traditionally used in Chinese medicine to relieve symptoms of common colds and flu
- Traditionally used in Chinese medicine to relieve symptoms of sore throat
- Traditionally used in Chinese medicine to relieve mild fever
- Traditionally used in Chinese medicine to relieve headache symptoms

ANTIBIOBOTANICAL
60 x 500mg Capsules

The World's first Broad Spectrum botanical antibiotic to treat multi drug resistant infections, that can be used safely alongside or in place of antibiotics to clear minor resistant infections without destruction of the microbiome. Suitable by itself for mild infections or in combination with antibiotics for more severe infections to eliminate resistant / residual bacteria.

AntibioBotanical has antibiotic effects on 22 bacterial strains: - Diplococcus pneumoniae, E. coli., Salmonella typhi, and leptospira a-haemolytic streptococcus. Corynebacterium diphtheriae. Streptococcus spp, Candida albicans, Bacillus proteus, Vibrio cholerae, Mycobacterium tuberculosis, Neisseria meningitides, Bacillus proteus b-haemolytic streptococcus, typhoid bacillus, meningococcus, klebsiella pneumonia, diphtheroid bacillus

Actions

- Antibiotic effect on more than 22 bacteria
- Helps remove resistant pathogenic bacteria infections
- Protects Microbiome by preserving healthy gut bacteria
- Antiviral effect on encephalitis B virus and HBsAg influenza virus, and herpes virus
- Inhibits biofilm formation
- Anti-Quorum Sensing
- Antifungal – use for dermatopytes

Do you suffer from:

- Post Antibiotic drug use to clear resistant bacteria
- Respiratory infections where there is bacterial component
- Pathogenic bacteria in gut
- Recurrent UTIs
- Skin infections
- Strep Throat
- Ear Infections
- Conjunctivitis

[click here for patient registration form](#)