



THE CANADIAN FILM INSTITUTE: FOR IMMEDIATE RELEASE

FILMMAKER SARAH ABBOTT KICKS OFF CAFE EX'S 2016 SEASON

Canadian Film Institute Welcomes Filmmaker and Artist
to 3rd Café Ex Installment of 2015-2016 Season

(OTTAWA, 1 February 2016) – The Canadian Film Institute is pleased to announce the next instalment in the eighteenth season of the visiting artist series Café Ex: Intimate and interactive screenings and artist talks featuring Canada's most experimental image-artists at Club SAW. This edition features filmmaker and artist Sarah Abbott on February 4th at 7:00PM, 67 Nicholas Street. Abbott will attend the screening to introduce and discuss her work. Admission is pay-what-you-can.

Sarah Abbott is a Vanier scholar, Canadian filmmaker and artist whose work engages issues of being, human rights, ethics and the environment. She works in a variety of genres and mediums, with an aim to push boundaries of expression and stimulate viewer involvement. The scope of her projects ranges from personal meditations to collaborations to directing cast and crew.

This year Abbott will be presenting three works:

In the Minds of All Beings: Tsogyal Latso of Tibet (2011 – 21 mins) The film takes us to the 8th century birthplace of Khandro Yeshe Tsogyal, the founding mother of Tibetan Buddhism.

This Time Last Winter (2010 – 25 mins) Iona cannot remember how the gash on her head got there. When her mother tells her it was inflicted by her boyfriend, Iona refuses to believe it. Through interracial relationships and the healing potential of a talking circle, the film explores violence in young relationships and the moment of choice we face when the urge to be violent.

Out In The Cold (2008 – 30 mins) This poignant and oftentimes humorous drama is rich in metaphor while exploring themes of loss, memory and disregard. The script was inspired by the freezing deaths of several First Nations men in Saskatoon, allegedly as a result of a "starlight tour," the non-sanctioned police practice of taking individuals to an isolated edge of town and abandoning them to the elements.

Sarah Abbott will be in attendance to introduce and discuss her work. <http://www.sarahabbott.ca/>

The eighteenth season of Café Ex comes to a close on April 7th, when Canadian filmmaker **deco dawson** visits Ottawa's Club SAW to present his work as part of this experimental film series.

The Canadian Film Institute (CFI) was incorporated in 1935 as a federally-chartered, nongovernmental, non-profit cultural organization. It is the oldest film institution in Canada and the second oldest film institute in the world. More information can be found online at www.cfi-icf.ca.

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For more information or press materials contact CFI Media Coordinator Maggie McPhail (media@cfi-icf.ca) at 613-232-6727.