

# **PURATHICK FAQ'S**

### What is Purathick made of?

Purathick is a USDA organic thickener for hot and cold liquids. Its ingredients include organic tapioca maltodextrin (a starch), organic tara gum (a vegetable gum) and calcium carbonate.

# What kinds of liquids will Purathick thicken? Purathick will thicken any hot or cold liquid.

#### Do I have to shake Purathick to mix?

Purathick thickens liquids best when it is mixed with a shaker or whisk.

Does Purathick contain any common allergens? No, Purathick is free of all common allergens. Purathick does not contain corn, soy, wheat, gluten, lactose or casein. It is USDA organic, certified Kosher, Vegan and GMO free.

Do not use Purathick if galactosemia or allergy to galactomannans is suspected. There are very few cases of allergies to galactomannans reported in academic literature. If an allergic reaction occurs, discontinue use immediately and seek medical attention.

# Why is Purathick not recommended to children under 1 year of age?

The ingredients in Purathick, while very similar to Gelmix organic thickener, have only been tested for therapeutic use with toddlers, older children and adults. Gelmix ingredients have been well tested for safety and therapeutic use with infants and is still the best option for thickening breast milk or formula for infants under 1 year old.

## Do I need a prescription for Purathick?

No, Purathick is classified as a USDA organic food supplement and is sold over the counter.

### Where is Purathick manufactured?

Purathick is manufactured at a USDA organic certified GMP plant in South Florida and is certified organic by QCS. The USDA seal means that Purathick follows the National Organic Program, which means less contamination with potentially harmful chemicals and no GMOs. The manufacturer is Parapharmatech.

### Can Purathick thicken carbonated beverages?

While Purathick will thicken the liquid, carbonated beverages will lose their carbonation when mixed with Purathick. You can add it back with a Soda Stream!

## THICKENS HOT AND COLD LIQUIDS

Supplement Facts	Amount/serving	g	%DV for Children Under 4 Years of Age	%DV for Adults & Children 4 Years or More of Age
	Total Carb.	2g	**	1%
Serv. Size 1 scoop (2.4g)	Fiber	<1g	**	3%
Servings Per Container 52	Caloium	10mg	1%	1%
Calories 10	*Percent Daily Values (DV) are based on a 2,000 calorie diet.  ** Daily Value (DV) not established			

Ingredients: Organic Tapioca Maltodextrin, Organic Tara Gum, Calcium Carbonate

Organic Tapioca Maltodextrin is derived from the cassava root and is not genetically modified. It is a great alternative to genetically modified corn-derived maltodextrin, so often used in thickening products today.

Organic Tara Gum is a natural seed gum and better stabilizer than synthetic gums, such as xanthan gum. Tara gum provides lasting viscosity to thicken liquids, without excessively thickening over time.

**Calcium Carbonate** is a natural mineral added for its anti-caking properties and to improve the consistency of liquids thickened with Purathick.







