



purathick[®]
NATURAL THICKENER

Thickening For
Your Lifestyle

thickens **hot** and **cold** liquids



SIMPLE, ORGANIC INGREDIENTS

USDA certified organic, certified Kosher, vegan and non-GMO, Purathick is free of all common allergens including corn, wheat, gluten, soy, whey, casein, lactose and dairy.

NO CORN **NO XANTHAN GUM**

TASTELESS & SMOOTH

Creates smooth thickened liquids without being slimy or gritty

DOES NOT OVER-THICKEN

Can prepare with most liquids up to 24 hours in advance

simple. tasteless. smooth.

FOR ADULTS AND CHILDREN WITH SWALLOWING DIFFICULTIES



Available in
Canada from

CARINGSOLUTIONS

www.caringsolutions.ca

sales@caringsolutions.ca

1-800-672-3879

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thickens **hot** and
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Supplement Facts

Serving size 2.4g (1 stick OR 1 scoop)

	Amount Per Serving	% Daily Value Ages 1-3*	% Daily Value Ages 4+**
Calories	10		
Total Carbohydrates	2g	1%	1%
Dietary Fiber	<1g	6%	3%
Calcium	10mg	1%	1%

* Percent Daily Values are based on a 1,000 calorie diet.

** Percent Daily Values are based on a 2,000 calorie diet.

**Ingredients: Organic Tapioca Maltodextrin,
Organic Tara Gum, Calcium Carbonate**

do not use for infants under 12 months old

BROUGHT TO YOU BY
parapharmatech

www.CaringSolutions.ca



purathick[®] NATURAL THICKENER vs **the leading starch-based thickener**

INSTRUCTIONS FOR PREPARATION & USE



Always wash hands with soap & water before preparation.

For best results, pour desired amount of liquid into a shaker. Sprinkle Purathick powder into liquid following usage recommendations.



Cap and shake well for about 30 seconds, or until powder is completely dissolved. A whisk, fork or blender may also be used.

Let cold liquids stand about 5 minutes until desired consistency is achieved. Warm liquids thicken up faster and can be served after 1 minute.



Mix again before serving.

USAGE RECOMMENDATIONS

Add 2.4g (1 scoop or stick pack) to:

1 SLIGHTLY THICK (thin nectar)	7-8 fl oz (210-240ml)
2 MILDLY THICK (nectar)	5-6 fl oz (150-180ml)
3 MODERATELY THICK (honey)	3-4 fl oz (90-120ml)
4 EXTREMELY THICK (pudding)	2 fl oz (60ml)

Instructions may need to be adjusted based on the viscosity of the original diet

TIPS FOR USE

When shaking is not ideal, like for hot coffee or for nutritional supplements that tend to foam, use a handheld frother/mixer instead. Add the powder to the liquid, submerge the mixer, then turn on for about 10-20 seconds or until powder is completely dissolved.

Advanced Preparation

Most liquids can be prepared up to 24 hours in advance. Store thickened liquids in a clean, sealed container in the refrigerator. Thickened water may be stored at room temperature.

Purathick is freeze-thaw stable, so can be used to make thickened ice cubes or popsicles.

(Based on SIX 8 oz glasses per day)

80 Calories	240 Calories
16g Carbs	64g Carbs
19.2 grams	72 grams

Volume Added



Order Samples at caringsolutions.ca

TRY PURATHICK

Sample packs cost \$5.00 and include 5 Purathick Stick Packs, plus a coupon for \$5.00 OFF your next order.

