



Mix with your favorite soft food, beverage or smoothie!



Will Not Alter Taste



High-Quality Protein



Instantly Dissolves

## + Benefits

- 5g of unflavored protein
- Instantly dissolving
- Excellent source of protein
- Muscle support
- Renal friendly
- Complete protein
- Low lactose
- Blends with your favorite beverage or soft food
- Contains all essential & nonessential amino acids

## Applications

- Simply add to 3-6 oz of water
- Hot beverages: coffee, tea, hot cocoa, etc.
- Cold beverages: water, smoothies, shakes, etc.
- Snack foods: yogurt, oatmeal, pudding, etc.



Distributed in Canada by:



CARINGSOLUTIONS  
www.caringsolutions.ca

Manufactured by:  
Global Health Products  
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## Nutrition Facts

Serving Size 1 Scoop (6.6g)

Amount Per Serving

**Calories 26**      **Calories from fat 5**

%Daily Value\*

Total Fat 0.5g      1%

Saturated Fat 0g      0%

Total Fat 0g      0%

Sodium 12 mg      0%

Total Carbohydrates >1g      0%

Dietary Fiber 0g      0%

Protein 5g

Potassium 35mg

Calcium 40mg

Phosphorus 23mg

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrates 4 • Protein 4

**INGREDIENTS:** Whey Protein Concentrate and Soy Lecithin. Contains Milk and Soy.

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