

PUSH FAQ's

What type of wounds is PUSH effective for?

PUSH has shown to be effective to promote wound healing on stage 1, 2, 3 and 4 wound sites. PUSH is also effective in promoting healing on stasis ulcers, diabetic wounds, deep tissue injury, surgical sites, unstageable wounds and skin tears. In addition, adding PUSH to diets of the elderly improves moisture to the skin, which allows for better texture and reduction of shearing.

Can PUSH be added to thickened liquids?

Yes, you can mix PUSH into thickened liquids, however, you will have to stir it aggressively for a few minutes for the particles to dissolve.

How much protein is in one serving and how much liquid is required?

Each 7.7g serving of PUSH provides **5g** of protein. PUSH only requires 2-3 oz. of liquid to quickly dissolve.

Does PUSH lose its effectiveness if mixed in advance and not served immediately?

No, PUSH will not lose effectiveness if not served immediately but we do recommend using it the same day and not let it sit overnight.

How is patient compliance when taking PUSH?

Patient compliance is excellent due to minimal fluid requirements for ingestion and the light pineapple taste.

Can PUSH be used with enteral feedings?

Yes, PUSH completely dissolves in a small amount of liquid and will not plug enteral feeding tubes. Recommended use for tube fed patients is to add PUSH to water flushes.

How to Use PUSH

Mix **1 serving (packet or scoop)** of PUSH with **2-3 oz of cool water**. Stir well until dissolved.

SUGGESTED DAILY INTAKE

MODERATE WOUNDS

2
Servings
Daily*

Stage 1-2 Wounds, Abrasions, Skin Tears, Bruises, Stasis Ulcers, High Acuity to Wound Development, Post Surgical Site

SEVERE WOUNDS

4
Servings
Daily*

Stage 3-4 Wounds, Pressure Ulcer, Diabetic Ulcers, Deep Tissue or Unstageable Wound

- Servings should be taken a **minimum of 4 hours apart** as PUSH is found in human plasma for up to 4 hours after ingesting.
- Once all wounds are healed, continue taking PUSH once per day for a month.
- PUSH may be mixed with thickened liquids.
- Administer with water flushes for enteral patients with as little as 2 oz of water.
- Storage: Store in cool place; refrigeration not necessary. Shelf stable up to 6 months after opening.

*Servings may vary according to individual assessment by a health care professional.

PUSH Nutrition Facts

Pineapple

| Nutrition Facts | Amount / Serving | % Daily Value* | Amount / Serving | % Daily Value* |
|-----------------------------|------------------|----------------------|-----------------------|----------------|
| | Total Fat 0g | 0% | Total Carbohydrate 2g | 1% |
| Saturated Fat 0g | 0% | Dietary Fiber 0g | 0% | |
| Cholesterol 0mg | 0% | Sugars 0g | | |
| Sodium 0mg | 0% | Protein 5g | | |
| Potassium 0mg | 0% | | | |
| Vitamin A 0% • Vitamin C 0% | | Calcium 0% • Iron 0% | | |
| Phosphorus 0% | | | | |

Serv. Size 7.7g (1 Packet)
Calories 30
Calories from Fat 0

INGREDIENTS: Collagen Dipeptide, Pineapple Juice Powder, Citric Acid, Pineapple Flavor, Sucralose. This Product Contains Pineapple.

Mixed Berry

| Nutrition Facts | Amount / Serving | % DV* | Amount / Serving | % DV* |
|-----------------------------|------------------|----------------------|-----------------------|-------|
| | Total Fat 0g | 0% | Total Carbohydrate 2g | 1% |
| Saturated Fat 0g | 0% | Dietary Fiber 0g | 0% | |
| Cholesterol 0mg | 0% | Sugars 0g | | |
| Sodium 5mg | 0% | Protein 5g | | |
| Potassium 0mg | 0% | | | |
| Vitamin A 0% • Vitamin C 0% | | Calcium 0% • Iron 0% | | |
| Phosphorus 0% | | | | |

Serv. Size 7.4g (1 Packet)
Calories 20
Calories from Fat 0

INGREDIENTS: Collagen Dipeptide, Natural Flavors, Citric Acid

Caring Solutions

(A division of Kinder Products Ltd)

sales@caringsolutions.ca

ORDER ONLINE OR BY PHONE

1.800.672.3879

www.caringsolutions.ca