

FiberCel

Digestive
Management
Fiber Powder

5_g

Taste Free Soluble Fiber

R_x

Discontinue Bowel Medications

✓ Colace ✓ Senna ✓ Miralax ✓ Lactulose ✓ Milk of Magnesia



Grit Free + Non-Thicken



**Will Not
Alter Taste**



mix with
food or drink



soluble fiber



grit free +
non-thicken

+ Benefits

- NO ADDED: preservatives, bleaching agents, dyes or flavors
- Dissolves instantly
- Will dilute in as little as 2 oz of fluid
- No bloating or cramping
- Eliminates bowel medications
- Enteral friendly: mix with water flushes
- Superior source of fiber
- Will not alter taste
- Sugar and lactose free
- Improves glucose levels

+ Applications

- Hot beverages: coffee, tea, hot cocoa, etc.
- Cold beverages: juice, water, iced tea, etc.
- Snack foods: yogurt, oatmeal, pudding, etc.
- Sauces, gravies and dressings
- Baked goods
- Add to med pass supplements

+ Renal Friendly

No potassium or phosphorus



Did you know that the minimum RDA of fiber is 21g per day for women and 30g for men?

Nutrition Facts

Serving Size 1 Scoop (5.6g)
Servings Per Container 60

Amount Per Serving

Calories 9

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 5g	20%
Sugars 0g	
Protein 0g	0%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Soluble corn fiber

Directions: Add to your favorite food or drink

NO ADDED: Preservatives. Bleaching Agents. Dyes. Flavors.

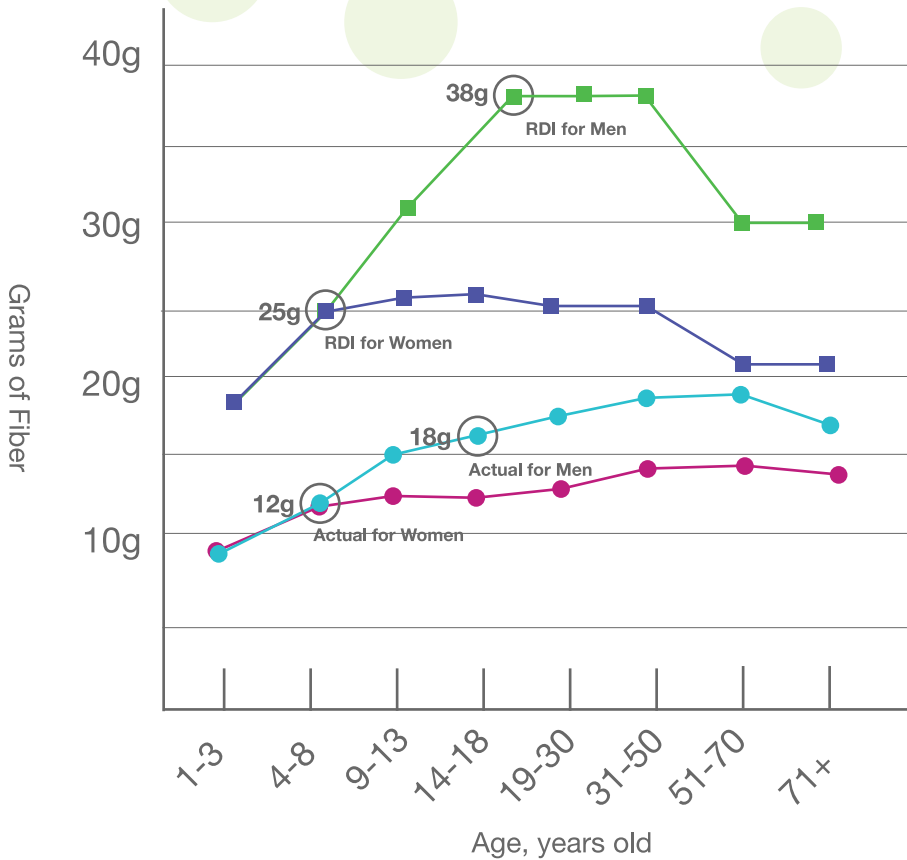


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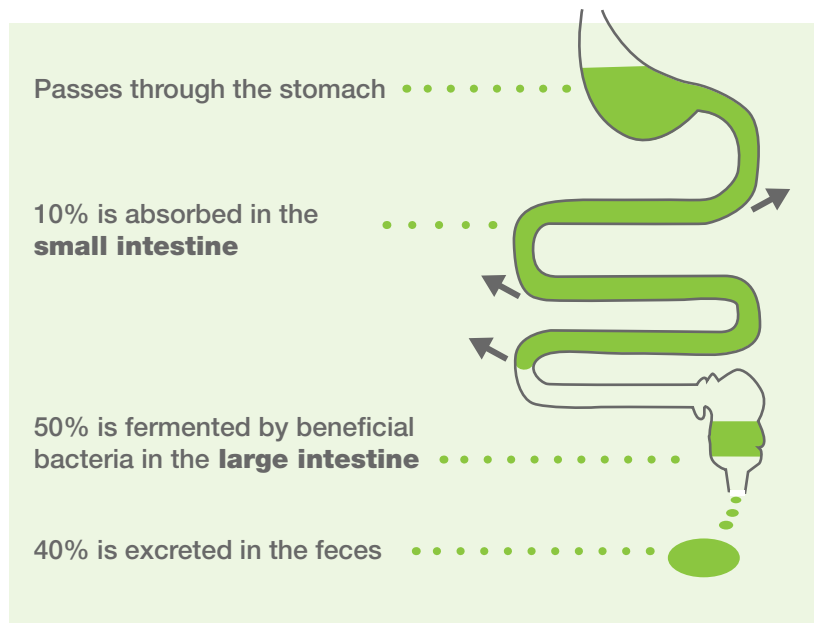
We Need More Fiber in our Diets



We Need to Fill the Fiber Gap

Utilization in the Body

90% of FiberCel escapes hydrolysis by human digestion enzymes



FiberCel Allergen Statement

Allergen	Present in Product	Used in Same Equipment	Present in Plant
Cereals containing gluten, such as wheat, rye, barley, oats, spelt, buckwheat and triticale	No	No	No
Peanut, and peanut products	No	No	No
Soybean and soy products	No	No	No
Tree nuts, such as almond, brazil nut, cashew, hazelnut (filbert), macadamia, pecan, pine nut, pistachio, and walnut	No	No	No
Milk and dairy products	No	No	No
Crustacea and crustacea products	No	No	No
Egg and egg products	No	No	No
Fish and fish products	No	No	No
Other allergens such as cottonseed, sesame seed, poppy seed, sunflower seed, other legumes, mollusks, celery, rice and buckwheat	No	No	No

Gluten Free Statement

Although corn contains insoluble protein classified as “gluten” it does not contain the gliadin protein responsible for celiac spruce disease. FiberCel (Resistant Maltodextrin) is made from the wet milling of corn, and may be safely consumed by persons with this condition. On the other hand, a small percentage of the population may be allergic to corn.

Stool Frequencies and Fecal Volume Study (20 g)

(Dosage: 20 g/ day for 5 days with controlled meals. Subject: 8 healthy men. Cross-over study)

	Stool Frequencies (N)	Fecal Weight ^{*1} (g) Wet	Dry	Moisture (%)
Control (n=8)	4.76 ± 0.36	571.5 ± 58.7	137.9 ± 5.6	76.2 ± 1.7
FiberCel (n=8) 20 g / day5	5.92 ± 0.40*	778.2 ± 93.2* 1	80.5 ± 12.9*	76.8 ± 1.8

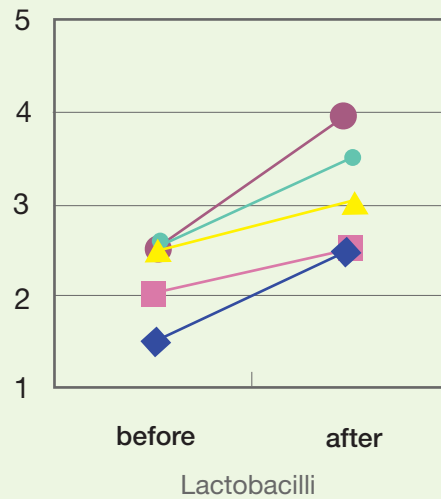
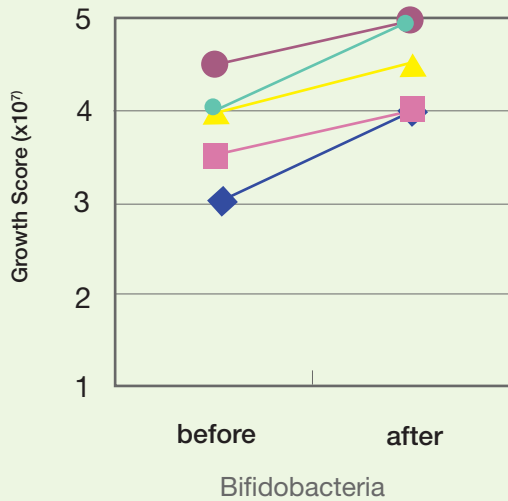
*1. Feces were collected and measured from the defecation with the red dye marker taken on the 1st day to the defecation with the dye taken on the 5th (last) day. *p<0.05

Result: FiberCel increases stool frequencies and substantial fecal volume (wet and dry) without causing diarrhea.

Fecal Bacteria + Fermentation Studies

Fecal Bacteria Study

(Dosage: 30 g/ day for 8 days. n=5. Cross-over study)

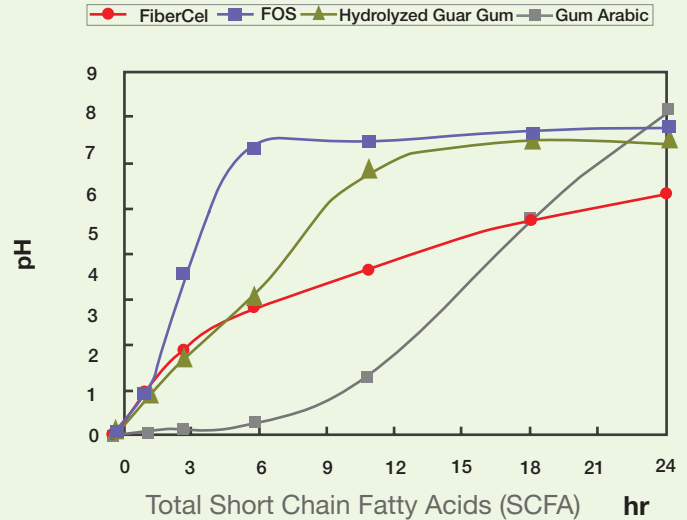
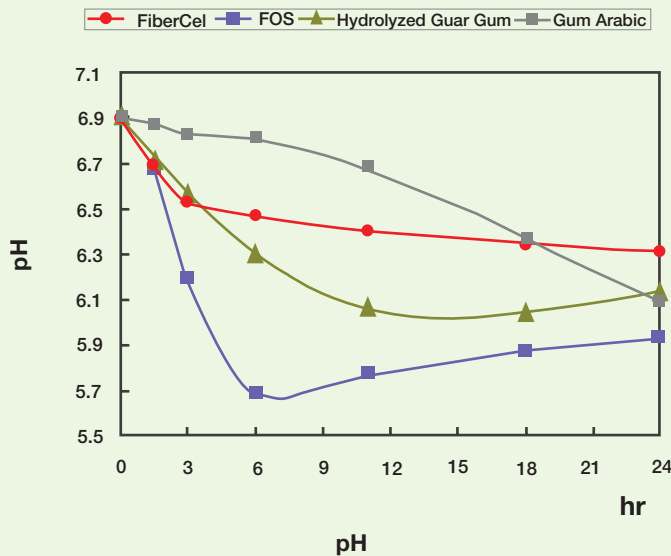


Results: FiberCel increases beneficial bacteria

Laurentin and Edwards, 2004

Slow Fermentation- Less Flatulence Problem

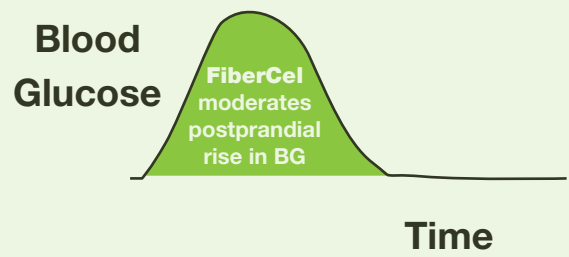
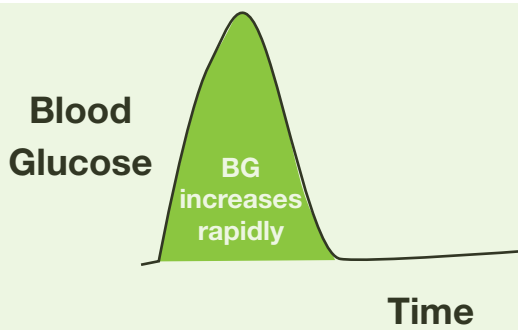
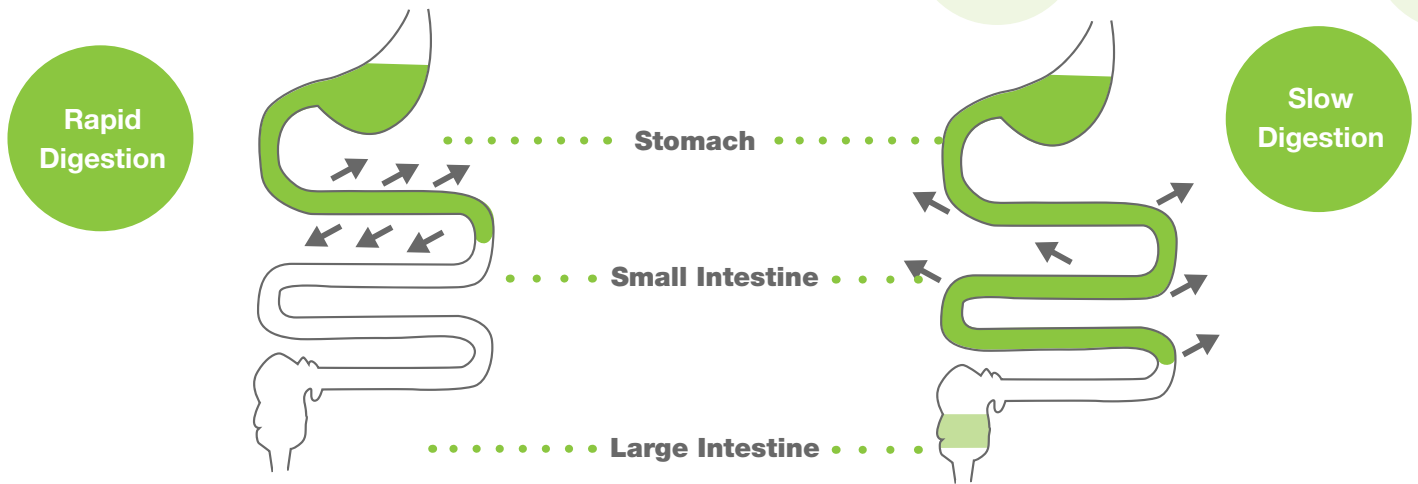
(In-vitro study using human fecal dilution)



Results: FiberCel is gradually fermented, which causes less gas production in the intestines

Journal of Nutrition, 2000: 130: 1267-1273

How FiberCel Moderates Blood Glucose Levels After Meals



FiberCel is a very low glycemic index (GI) ingredient (less than 5).

Ingesting FiberCel will not affect the blood glucose levels but it can moderate them when taken with starchy foods.

The digestible saccharides are slowly absorbed when ingested with FiberCel.

It was confirmed that FiberCel works as a competitive inhibitor with disaccharides and delays the hydrolysis and absorption of the digestive saccharides by alpha-glucosidase on small intestinal mucosa.



Liquids consumed in conjunction with FiberCel will not alter the efficacy of the product. Even though FiberCel is ingested with a very small amount of water, it is diluted by gastrointestinal tract fluids.

FiberCel Moderates

- + Postprandial Blood Glucose Levels
- + Postprandial Insulin Levels
- + Postprandial Triglyceride Levels

FiberCel Nutrient Profile

Nutrient	Nutrient Quantity/100g of Ingredient
Total Calories	160 kcal
Calories from Fat	0 kcal
Calories from Saturated Fat	0 kcal
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Sodium	1 mg
Potassium	0 mg
Total Carbohydrate	96 g
Dietary Fiber	90 g
Soluble Fiber	90 g
Insoluble Fiber	0 g
Sugars	2 g
Sugar Alcohol	0 g
Other Carbohydrate	4g
Protein	0 g
Vitamin A	0 IU
Vitamin C	0 mg
Calcium	0 mg
Iron	0.0 mg
Water	4 g

Other Essential Vitamins and Minerals (per 100/g)

Thiamine	0 mg	Phosphorus	0 mg
Riboflavin	0 mg	Iodine	0 pg
Niacin	0 mg	Magnesium	0.0 mg
Vitamin D	IU	Zinc	0 mg
Vitamin E	IU	Copper	0.00 mg
Vitamin B-6	0 mg	Biotin	0 mg
Folic Acid	0 mg	Panthenic Acid	0 mg
Vitamin B-12	0 mg		

Renal Friendly Potassium and Phosphorus Free



For More Information 1.800.638.2870



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HOW TO TAKE FIBERCEL

1 serving = 1 scoop = 4 level tsp (provides 5 gm of fiber)

- Stir FiberCel into any hot or cold beverage or food
- Additional fluid consumption is not required when taking FiberCel

Suggested Usage for Bowel Management

If you are already taking a fiber supplement

(eg. Metamucil, Benefibre, Psyllium Husk, Inulin Powder, Flax Seeds, Chia Seeds)

DAY 1 – 20

- Discontinue your current fiber supplements, juices or powders.
- Take 2 servings per day of FiberCel

AFTER 20 DAYS

Many people remain at 2 servings per day for maintenance, however, you may be able to reduce to 1 serving per day.

If you are currently taking laxative medication

(eg. Senekot, Lax-a-Day, PEG 3350, Milk of Magnesia, Senna, Miralax or Stool Softeners)

DAY 1 – 20

- Continue taking your current laxative.
- Take 2 or 3 servings per day of FiberCel to increase the fiber in your system.

AFTER 20 DAYS

Discontinue your current laxative. Many people remain at 2 servings per day for maintenance, however, you may be able to reduce to 1 serving per day.

If you are on medication that causes constipation (eg. Iron supplements, pain medication), you may need to take 3 servings per day for 15-20 days, then reduce to 2 servings per day for maintenance.

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