

Event: 300M H

Posn	Name	Club	Cat	Perf.
1	Hattie Dent	Yate & District	U17W	48.2
2	Katy Townsend	Cheltenham & County Harriers	U17W	48.8
3	Lara Durani	Cardiff AAC	U17W	50.3
4	Dannielle Franklin	Llanelli	U17W	50.7

Event: 400M H

Posn	Name	Club	Cat	Perf.
1	Martin Aspley-Davis	Bromsgrove & Redditch	SM	61.6
2	Ian Emery	B.R.A.T.	SM	62.0
3	Tyrone Fowler	Newport Harriers	U20M	70.6

Event: 150M

Posn	Name	Club	Cat	Perf.
1	Ben McEwan	Newport Harriers	U20M	18.6
2	Matt Reid	Cheltenham & County Harriers	SM	19.0
3	Barry Sampson	Cirencester AC	SM	19.2
4	Mark Eynott	Cheltenham & County Harriers	U15B	20.1
5	Mal Cowton	Yate & District	M50	20.6

Event: 150M

Posn	Name	Club	Cat	Perf.
1	Carl McEwan	Newport Harriers	SM	17.4
2	Jonathan Hobbs	Cardiff AAC	U17M	17.5
3	Alex Fields	Bristol & West AC	SM	17.5
4	Declan O'Brien	Newport Harriers	U20M	17.6
5	Andrew Smitherman	Univ of Glos	SM	17.7
6	Lee Richards	Newport Harriers	SM	18.1

Event: 150M

Posn	Name	Club	Cat	Perf.
1	Harriet Sawle	Cheltenham & County Harriers	U17W	20.0
2	Hannah Griffiths	Newport Harriers	U17W	21.0
3	Caitlin Fraser	Cheltenham & County Harriers	U20W	21.3
4	Mel Garland	Worcester AC	F45	23.5
5	Ruth Bird	Cheltenham & County Harriers	F45	25.7

Event: 150M

Posn	Name	Club	Cat	Perf.
1	Simon Fraser	Cheltenham & County Harriers	U13B	21.4
2	Lois Warner	Stroud & District	U13G	23.1
3	Ben Roberts	Cheltenham & County Harriers	U13B	23.7
4	Ben Minnican	Stroud & District	U13G	24.0

Event: 150M		wheelchairs		
Posn	Name	Club	Cat	Perf.
1	Ed Grazier	Cheltenham & County Harriers	M35	26.6
2	Mel Nicholls	Cheltenham & County Harriers	SL	35.9

Event: 150M				
Posn	Name	Club	Cat	Perf.
1	Joe Williamson	Marlborough AC	U15B	18.8
2	Ben Clarke	Cheltenham & County Harriers	U15B	18.8
3	Gio Downie	City of Salisbury	U15B	19.2
4	Jack Roberts	Cheltenham & County Harriers	U15B	21.0
5	Sam Johnson	Unattached	U15B	21.6
6	Harry Johnson	Unattached	U15B	21.9

Event: 150M				
Posn	Name	Club	Cat	Perf.
1	Kelly Constable	Gloucester AC	U15G	20.0
2	Stephanie Beardsmore	Cheltenham & County Harriers	U15G	20.8
3	Jessica Robbins	Stroud & District	U15G	21.2
4	Sophie Yorke	Cheltenham & County Harriers	U15G	21.6
5	Michelle Moore	Solihull Small Heath	U15G	21.9
6	Angel Harvey	Llanelli	U15G	23.0

Event: 300M				
Posn	Name	Club	Cat	Perf.
1	Jessica Robbins	Stroud & District	U15G	45.3
2	Esme Vines	Stroud & District	U13G	48.8
3	Ben Roberts	Cheltenham & County Harriers	U13B	49.4
4	Natasha Smith	Stroud & District	U13G	49.7
5	Lois Warner	Stroud & District	U13G	49.8
6	Ben Minnican	Stroud & District	U13B	50.6

Event: 300M				
Posn	Name	Club	Cat	Perf.
1	Lurenda Mudd	Gloucester AC	U17W	42.5
2	Harriet Sawle	Cheltenham & County Harriers	U17W	44.2
3	Dannielle Franklin	Llanelli	U17W	44.9
4	Angel Harvey	Llanelli	U15G	50.7
5	Mel Garland	Worcester AC	F45	54.2

Event: 400M				
Posn	Name	Club	Cat	Perf.
1	Joel Freeland	CLC Striders	SM	56.3
2	Mal Cowton	Yate & District	M50	58.7
3	Stuart Pearce	Newport Harriers	SM	59.8
4	Gavin Belcher	Newport Harriers	M40	60.3
5	Charlie Batts	Witney RR	M50	62.0

Event: 400M

Posn	Name	Club	Cat	Perf.
1	Martin Aspley-Davis	Bromsgrove & Redditch	SM	53.3
2	Oliver Hudson	Newport Harriers	U17M	55.0
3	Ben McEwan	Newport Harriers	U20M	55.8
4	Alex Merrett	Cheltenham & County Harriers	M35	56.0
5	Ryan Cooper	Cardiff AAC	U17M	57.4

Event: 400M

Posn	Name	Club	Cat	Perf.
1	Alex Fields	Bristol & West AC	SM	51.8
2	Carl McEwan	Newport Harriers	SM	52.0
3	Lee Richards	Newport Harriers	SM	52.7
4	Edward Lantzoz	Newport Harriers	SM	53.6
5	Dominic Farr	Barry & Vale	U20M	54.7

Event: 400M

Posn	Name	Club	Cat	Perf.
1	Declan O'Brien	Newport Harriers	U20M	53.5
2	Carsten Adams	Cheltenham & County Harriers	U20M	53.9
3	Joseph See	Cheltenham & County Harriers	SM	54.1
4	Robbie Hawkins	Yeovil Olympiads	SM	54.2
5	Russ Whiting	Cheltenham & County Harriers	SM	55.1

Event: 400M

Posn	Name	Club	Cat	Perf.
1	Beth Hawling	Cheltenham & County Harriers	U20W	64.3
2	Katherine Smith	Witney RR	U20W	64.8
3	Michele Wakefield	Southampton AC	F45	67.0

Event: 400M

Wheelchairs

Posn	Name	Club	Cat	Perf.
1	Ed Grazier	Cheltenham & County Harriers	M35	66.0
2	Mel Nicholls	Cheltenham & County Harriers	SL	80.9

Event: 400M

Posn	Name	Club	Cat	Perf.
1	Joe Williamson	Marlborough AC	U15B	56.2
2	Gio Downie	City of Salisbury	U15B	56.5
3	Bradley Webb	Team Bath	U15B	64.2
4	Sam Johnson	Unattached	U15B	66.8

Event: 800M

Posn	Name	Club	Cat	Perf.
1	Iain Devlin	Cheltenham & County Harriers	SM	2.08.0
2	Andrew Freeman	Bromsgrove & Redditch	SM	2.08.6
3	Jack Fear	Newport Harriers	U17M	2.09.6
4	Thomas Parnell	Stroud & District	U17M	2.10.0
5	Matthew Parr	Cheltenham & County Harriers	U17M	2.12.1
6	Sam White	Cheltenham & County Harriers	M45	2.44.7
7	Arthur Daley	Gloucester AC	M60	2.50.0

Event: 800M

Posn	Name	Club	Cat	Perf.
1	Aaron Phelps	Stroud & District	U20M	1.58.8
2	Joshua Spering	Lincoln Wellington	SM	1.59.0
3	Patrick tarry	Stroud & District	SM	1.59.4
4	James Currah	Witney RR	U15	2.02.4
5	Rob Webster	Oxford City	M45	2.03.5
6	Dominic Tutton	Gloucester AC	U15	2.05.2
7	Mark James	Severn AC	SM	2.06.8
8	Tommaso Migliuolo	Cheltenham & County Harriers	U20M	2.07.9

Event: 800M

Posn	Name	Club	Cat	Perf.
1	Jessica Robbins	Stroud & District	U15	2.27.6
2	Sadie Melhuish	Forest of Dean AC	U15	2.29.1
3	Holly Bankes	Stroud & District	U13	2.31.9
4	Jess White	Cheltenham & County Harriers	U13	2.31.9
5	Esme Vines	Stroud & District	U13	DNF

Event: 800M

Posn	Name	Club	Cat	Perf.
1	Kyle Webb	Team Bath	U15B	2.21.1
2	Joe Goodwood	Witney RR	U15B	2.22.8
3	Jack Turner	Stroud & District	U15B	2.31.4
4	Harry Goff	Cheltenham & County Harriers	U13B	2.43.3
5	Jonathan Parr	Cheltenham & County Harriers	U15B	2.50.0

Event: 1200M

Posn	Name	Club	Cat	Perf.
1	Lizzie Sutton	Stroud & District	U13G	4.32.4

Event: 1500M

Posn	Name	Club	Cat	Perf.
1	Sally Hogan	Bromsgrove & Redditch	U20W	4.57.7
2	Sophie Lloyd	White Horse Harriers	U17W	5.00.8
3	Shannon Caroll	Cheltenham & County Harriers	U17W	5.08.2
4	Kelly Winston	Westbury Harriers	SL	5.21.9

Event: 1500M

Posn	Name	Club	Cat	Perf.
1	Dan Owen	Cheltenham & County Harriers	U20M	4.07.2
2	Sean Bowden	Bromsgrove & Redditch	U20M	4.12.2
3	Andy Van Kints	Cheltenham & County Harriers	SM	4.18.5
4	Craig J Hudson	Newport Harriers	SM	4.21.0
5	Harry Mahoney	Cheltenham & County Harriers	U15B	4.22.0
6	Thomas George	Gloucester AC	U17M	4.26.6
7	Alex George	Gloucester AC	U17M	4.27.1
8	Simon Lanckham	Bromsgrove & Redditch	SM	4.37.0
9	Mark Appleton	Bromsgrove & Redditch	SM	4.37.4
10	Phil Bullock	Worcester AC	M35	4.38.3
11	Tyrone Fowler	Newport Harriers	U20M	4.42.4
12	Damian Lewis	Bromsgrove & Redditch	SM	4.43.6

Event: 1500M

Posn	Name	Club	Cat	Perf.
1	Gus Iliff	B.R.A.T.	U13B	5.04.3
2	Alice George	Stroud & District	U15G	5.13.6
3	George Watson	Cheltenham & County Harriers	U13B	5.23.9
4	Harry Wells	Gloucester AC	U13B	5.26.9
5	Harry Goff	Cheltenham & County Harriers	U13B	5.34.4

Event: Pole Vault

Posn	Name	Club	Cat	Perf.	Men
1	Tom Stubbs	Cheltenham & County Harriers	U17M	3.25	
2	Nick Walker	Swindon	M45	3.10	
3	Linton Gardiner	Cheltenham & County Harriers	U15B	2.40	
4	Imramn Qureshi	Cheltenham & County Harriers	U15B	2.10	
5	Tyrone Fowler	Newport Harriers	U20M	1.50	
6	Alex Wray	Unattached	U15B	1.40	

Event: Pole Vault

Posn	Name	Club	Cat	Perf.	Ladies
1	Jess Salles	Swindon Harriers	U17W	2.30	
2	Sophie Clarke	Swindon Harriers	U17W	2.20	
3	Jess Collins	Cheltenham & County Harriers	U20W	2.20	
4	Michelle Moore	Solihull Small Heath	U15G	1.90	
5	Ruth Bird	Cheltenham & County Harriers	F45	1.70	

Event: High Jump

Posn	Name	Club	Cat	Perf.	Ladies
1	Dannielle Franklin	Llanelli	U17W	1.35	
2	Clare Royle	Cheltenham & County Harriers	U17W	1.35	
3	Natasha Smith	Stroud & District	U13G	1.30	
4	Angel Harvey	Llanelli	U15G	1.15	

Event: High Jump				Men
Posn	Name	Club	Cat	Perf.
1	Andy Reeves	Rugby & Northampton AC	SM	1.78
2	Stephen Delaney	Cheltenham & County Harriers	U15B	1.72
3	Linton Gardiner	Cheltenham & County Harriers	U15B	1.65
4	Bradley Webb	Team Bath	U15B	1.52
5	Imramn Qureshi	Cheltenham & County Harriers	U15B	1.45
6	Kyle Webb	Team Bath	U15B	1.40
7	Jonathan Parr	Cheltenham & County Harriers	U15B	1.25
8	Ben Roberts	Cheltenham & County Harriers	U13B	1.15
9	Rupert Dickinson	Cheltenham & County Harriers	U20M	NH

Event: Hammer				Men
Posn	Name	Club	Cat	Perf.
1	Rob Wallace	Cheltenham & County Harriers	U20M	56.47
2	Wayne Powell	Gloucester AC	M35	56.43
3	Bradley Cole	Cardiff AAC	U20M	51.31
4	George Salter	Stroud & District	U17M	50.54
5	Ritchie Wells	Swansea Harriers	SM	48.36
6	Thomas Fellowes	Hereford & County	U17M	46.34
7	Jacob Lange	Gloucester AC	U17M	43.29
8	Jack Melhuish	Forest of Dean AC	U17M	23.31

Event: Hammer				Ladies
Posn	Name	Club	Cat	Perf.
1	Toni Wells	Swansea Harriers	U20W	51.46
2	Anna Robertson	Gloucester AC	SL	43.65
3	Beth Sewell	Cardiff AAC	SL	42.96
4	Danielle Bird	Cheltenham & County Harriers	U17W	38.54
5	Ellen Thrall	Gloucester AC	U15G	37.14
6	Charlotte Stallard	Gloucester AC	U17W	36.32
7	Marion Loveridge	Gloucester AC	F45	34.74
8	Sophia Day	Hereford & County	SL	33.53
9	Ruth Bird	Cheltenham & County Harriers	F45	32.79
10	Jessica Williams	Hereford & County	U15G	31.73
11	Lucy Humphreys	Gloucester AC	U15G	27.69
12	Melissa Bird	Cheltenham & County Harriers	U13G	26.63