



CHELTENHAM AND COUNTY HARRIERS

MIDSUMMER OPEN GRADED MEETINGS

Wednesdays July 2019

All ages from 9 years to Masters

Prince of Wales Stadium, CHELTENHAM, GL50 4RN

(Under UK Athletics rules; permit number TBC)



Wed 3rd July

6.30 pm T1 70mH	(U13G)	5:45 pm Club Throw & Discus	(Para competitors ONLY)
6.40pm T2 75m H	(U13B, U15G)	6.30 pm Long Jump	(U11, U13, U15 Male)
6.50pm T3 Mile	(U13 and above)	6.30 pm High Jump	(U13 upwards, M&W under 1.50m)
7.20pm T4 80m H	(U15B, U17G)	6:45 pm Hammer	(U15 upwards, M&W under 35m)
7.30 pm T5 200m	(U13 and above)	7:00 pm Javelin	(U13 upwards, over 30m, M&W)
8.10 pm T6 100m H	(JL, SL, U17M)	7:30pm Long Jump	(U11, U13, U15 Female)
T7 110m H	(JM, SM)	7:45 pm High Jump	(U13+, M&W 1.50m and above)
8.30 pm T8 100 m	(U11 and above)	8:00 pm Hammer	(U15+, M&W over 35m)
		8:00 pm Javelin	(U13 upwards, under 30m, M&W)
		8.30 pm Long Jump	(U17 & above M&W)

Wed 10th July

6:25pm T1 400m H	(JL, SL, U17M, JM, SM)	5:45pm Javelin & Shot Put	(Para competitors ONLY)
T2 300m H	(U17G, Masters)	6.30 pm Long Jump	(U11, U13, U15 Male)
6.40 pm T3 800m	(U11 and above)	6.30 pm Javelin	(U13/15/17 Boys Under 35m)
7.00 pm T4 100m	(U11 and above)	6.30 pm Discus	(U13 upwards, over 30m M&W)
7:30 pm T5 5000m*	(U20 and above)	6:30 pm High Jump	(U13+, M&W 1.50m and above)
8:55 pm T6 300m	(U15B&G, U17W)	7:30pm Long Jump	(U11, U13, U15 Female)
9:00 pm T7 400m	(U17B, JL and above)	7:30 pm Javelin	(U13/15/17 Girls Under 35m)
		7:45pm High Jump	(U13 upwards, M&W under 1.50m)
		8:00 pm Discus	(U13 upwards, under 30m M&W)
		8.30 pm Long Jump	(U17 & above M&W)
		8:30 pm Javelin	(U20, Sen, Master M&W)

*entries will only be accepted for the 5000m if the organiser believes the athlete can break 21 minutes after their athlete profile has been checked

Entries on the Night: £10 Before the Night: £5

All subsequent events ON THE SAME EVENING for all ages will be an additional £2 per event.

Events will be run in the order given above as close to the times given, depending on entries.

Track Races: These will be seeded based on the "expected time" that **you must give** when entering. Races are graded in this way rather than by age or gender. The races will be run in order from fastest to slowest

Throws/Jumps: each athlete will have 4 throws on throwing events and 4 jumps on long/ triple jump. There may be 6 throws/ jumps in field events at the discretion of the officials.

ENTRIES WILL CLOSE 1 HOUR PRIOR TO AN EVENT'S ADVERTISED START TIME

There is a limit of 10 competitors for disability throws events & that these are Pre-ENTRY only

Please send general/ able-bodied event enquiries to: Elliot Prince

the_next_generation369@hotmail.com (m) 07786 647067

Please send para event enquiries to: Carolyn Franks cliffandcarolyn689@gmail.com (t) 01242 698399

ONLINE ENTRY IS NOW AVAILABLE AT <http://cheltenhamharriers.co.uk/fixtures/midsummer-open-graded.html>

PRE-ENTRIES WILL CLOSE ON THE SATURDAY PRIOR TO EACH EVENT

Athletes may only compete within their correct age category

You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.



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Wed 17th July

6:30pm T1 70m H	(U13G)	6:00pm Club Throw & Discus	(Para competitors ONLY)
6:40 pm T2 75m H	(U13B, U15G)	6:30 pm Shot Put	(U13/15/17, Male)
6:55pm T3 1500m	(U13 and above)	6:30 pm Pole Vault	(U15+, M&W start height 1.70m)
7:25pm T4 80m H	(U17G, U15B)	7:30 pm Shot Put	(U13/15/17, Female)
7:35pm T5 200m	(U13 and above)	7:15 pm Discus	(U13 upwards, under 30m M&W)
8.10 pm T6 100m H	(JL, SL, U17M)	8.00 pm Triple Jump	(U17 upwards M&W)
T7 110m H	(JM, SM)	8.00 pm Pole Vault	(U15+, M&W start height 3.30m)
8.25 pm T8 600m	(U11 and above)	8.15 pm Discus	(U13 upwards, over 30m M&W)
8.50 pm T9 100m	(U13 and above)	8:30pm Shot Put	(U20, Sen, Master M&W)

Wed 24th July

6:25 pm T1 400m H	(JL, SL, U17M, JM, SM)	5:45pm Shot Put & Javelin	(Para competitors ONLY)
T2 300m H	(U17G)	6:30pm Shot Put	(U13/15/17, Female)
6:40 pm T3 100m	(U11 and above)	6:30pm Hammer	(U15 upwards, M&W under 35m)
7.10 pm T4 3000m**	(U17 and above)	6:30 pm Pole Vault	(U15+, M&W start height 1.70m)
7.45 pm T5 200m	(U13 and above)	7.30 pm Shot Put	(U13/15/17, Male)
8:25 pm T6 800m	(U11 and above)	7.45pm Hammer	(U15 upwards, M&W over 35m)
8.45 pm T7 300m	(U15B&G, U17W)	8.00 pm Pole Vault	(U15+, M&W start height 3.30m)
8:50 pm T8 400m	(U17M, JL and above)	8.00 pm Triple Jump	(U17 upwards M&W)
		8.30 pm Shot Put	(U20, Sen, Master M&W)

** entries will only be accepted for the 3000m if the organiser believes the athlete can break 12:30 minutes after their athlete profile has been checked

Entries on the Night: £10 Before the Night: £5

All subsequent events ON THE SAME EVENING for all ages will be an additional £2 per event.

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