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|----|-------------------|------------------------|------|----------|
| 1 | Graham Patten | Bath AC | SM | 01:30:16 |
| 2 | Stewart Hodgkiss | Bath AC | SM | 01:30:27 |
| 3 | Guy Woods | Bath AC | SM | 01:30:42 |
| 4 | Damon Rodwell | Unattached | SM | 01:33:13 |
| 5 | Kevin Ferris | White Horse Harriers | SM | 01:33:49 |
| 6 | Tim Taylor | Hereford Couriers | SM | 01:34:17 |
| 7 | Martin Daykin | Hereford Couriers | MV40 | 01:36:17 |
| 8 | John Childs | Hereford Couriers | SM | 01:37:29 |
| 9 | Dave Randall | Cheltenham Harriers | SM | 01:39:00 |
| 10 | Graham Morgan | Dursley AC | SM | 01:39:17 |
| 11 | Ken Hodgkiss | Bath AC | SM | 01:40:00 |
| 12 | Richard Armstrong | Gloucester AC | SM | 01:41:26 |
| 13 | Brian Thernett | Stratford AC | MV50 | 01:43:57 |
| 14 | Trevor Lewis | Dursley AC | MV40 | 01:44:31 |
| 15 | Mark Burkin | Hereford Couriers | SM | 01:44:47 |
| 16 | Paul Willis | Cheltenham Harriers | SM | 01:45:57 |
| 17 | David Allen | Bourton Road Runners | SM | 01:46:26 |
| 18 | Fred Yearsley | Dursley AC | MV40 | 01:46:52 |
| 19 | Alvin Baldwin | Spirax Sarco | MV40 | 01:48:02 |
| 20 | Karl Wiggin | Yate AC | MV40 | 01:48:35 |
| 21 | David Grainger | Les Croupiers | SM | 01:49:02 |
| 22 | Giles Davies | Neath Harriers | SM | 01:50:01 |
| 23 | Steve Godwin | Cheltenham Harriers | SM | 01:50:45 |
| 24 | Andrew Jacobs | Great Western Runners | SM | 01:50:45 |
| 25 | Joyce Barrus | Cheltenham Harriers | FV35 | 01:51:06 |
| 26 | Tony Fisher | Cheltenham Harriers | MV50 | 01:51:06 |
| 27 | Matt Carr | Neath Harriers | SM | 01:51:15 |
| 28 | David Adams | Abingdon Amblers | SM | 01:52:58 |
| 29 | David Waldron | Stourport AC | MV40 | 01:53:06 |
| 30 | Peter Gilder | Salford University | SM | 01:53:40 |
| 31 | Ian Node | Somerset AC | SM | 01:54:12 |
| 32 | Ray Lane | Tewkesbury AC | MV40 | 01:55:28 |
| 33 | Ian Simcox | Wesham Road Runners | SM | 01:55:34 |
| 34 | Ray Maddock | Yate AC | MV40 | 01:55:38 |
| 35 | Steve Paddock | Spirax Sarco | SM | 01:55:55 |
| 36 | Ashley Sherren | Stratford AC | SM | 01:56:17 |
| 37 | Mervyn Hobbs | Wooton Bassett HRC | MV40 | 01:56:34 |
| 38 | Alvin Mortimer | Gloucester AC | SM | 01:56:54 |
| 39 | Paul Hill | Cheltenham Harriers | SM | 01:57:07 |
| 40 | Gordon Lovelock | Wooton Bassett HRC | MV40 | 01:57:17 |
| 41 | Paul Nutting | Thornbury RC | MV40 | 01:59:07 |
| 42 | Richard Bayliss | Stratford AC | SM | 01:59:11 |
| 43 | Martin Lawrence | Pontypridd AC | MV40 | 01:59:35 |
| 44 | Joan Desmond | Cheltenham Harriers | SW | 01:59:49 |
| 45 | Roy Newman | Dursley AC | MV40 | 02:00:01 |
| 46 | Richard Williams | Gloucestershire Police | MV40 | 02:00:36 |
| 47 | Andrew East | Gloucester AC | SM | 02:02:34 |
| 48 | Peter Walton | Stratford AC | MV40 | 02:02:34 |
| 49 | John Willgoss | Cheltenham Harriers | SM | 02:03:52 |
| 50 | Martin Hutchings | Unattached | SM | 02:03:53 |
| 51 | Steve Ryan | Unattached | JM | 02:04:09 |
| 52 | Derek Rugman | Thornbury RC | MV40 | 02:04:26 |
| 53 | Judy Nutting | Thornbury RC | FV35 | 02:04:40 |
| 54 | John Powell | Sparkhill Harriers | MV50 | 02:04:53 |
| 55 | Gleen Dusty | Unattached | SM | 02:04:53 |
| 56 | John Lucking | Smiths AC | MV40 | 02:05:08 |

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| 57 | Peter Law | Stratford AC | MV40 | 02:05:42 |
| 58 | Barry Tomlinson | Stroud AC | MV40 | 02:07:56 |
| 59 | Anthony Godwin | Unattached | SM | 02:09:36 |
| 60 | Michael Herdman | Stratford AC | MV40 | 02:10:01 |
| 61 | Mick Calcutt | Stratford AC | MV40 | 02:10:03 |
| 62 | Pete Hyland | Unattached | MV40 | 02:10:36 |
| 63 | Tim Shaw | Spirax Sarco | SM | 02:10:38 |
| 64 | Geoff Watson | Gloucester AC | SM | 02:10:43 |
| 65 | Derek Balsden | Stubbington Green Runners | MV40 | 02:10:46 |
| 66 | Allan Caldicott | Stratford AC | SM | 02:10:54 |
| 67 | Thomas Wiggington | Unattached | MV40 | 02:11:38 |
| 68 | Leslie Sanders | Unattached | MV40 | 02:12:11 |
| 69 | Colin O'Hare | Cirencester AC | MV40 | 02:12:23 |
| 70 | Michael Green | Unattached | MV40 | 02:12:43 |
| 71 | Raymond Harris | Prison Service | MV40 | 02:13:18 |
| 72 | John Deaton | Swindon AC | MV40 | 02:13:24 |
| 73 | Frederick Cutler | Evesham Road Runners | MV40 | 02:13:44 |
| 74 | Anthony Parr | Risca Road Runners | MV40 | 02:14:40 |
| 75 | Richard Alcock | Almost Athletes | SM | 02:14:51 |
| 76 | Keith Harper | Unattached | SM | 02:14:53 |
| 77 | Rosemary Kent | Abingdon Amblers | SW | 02:15:09 |
| 78 | Lynn Sherren | Stratford AC | FV35 | 02:15:32 |
| 79 | Philip Kingerlee | Almost Athletes | SM | 02:16:20 |
| 80 | Carolyn Pattenden | Cheltenham Harriers | FV45 | 02:16:39 |
| 81 | Allan Green | Unattached | SM | 02:16:52 |
| 82 | Mike Jennings | Gloucester AC | SM | 02:17:04 |
| 83 | Elizabeth Green | Wyvern Road Runners | FV45 | 02:17:22 |
| 84 | Jim Coates | Cheltenham Harriers | MV50 | 02:17:48 |
| 85 | Colin Jenkins | Unattached | MV40 | 02:18:27 |
| 86 | Andrew Nixon | Almost Athletes | SM | 02:18:58 |
| 87 | John Stead | Abingdon Amblers | MV50 | 02:19:19 |
| 88 | David Thompson | Unattached | SM | 02:19:21 |
| 89 | Dave Miles | RAF Lyneham | SM | 02:21:28 |
| 90 | Mario Pavan | Unattached | SM | 02:22:01 |
| 91 | Emrys Evans | Neath Harriers | MV40 | 02:22:38 |
| 92 | G Purse | Unattached | MV45 | 02:23:18 |
| 93 | Tom Wood | Risca Road Runners | MV60 | 02:25:27 |
| 94 | Brian Eggleston | Unattached | MV50 | 02:26:03 |
| 95 | Anthony Roberts | Unattached | MV40 | 02:26:06 |
| 96 | John Butler | Birchfield Harriers | MV40 | 02:26:17 |
| 97 | Peter Wallis | Stratford AC | MV40 | 02:26:23 |
| 98 | Prew Manning-Press | Abingdon Amblers | SW | 02:27:05 |
| 99 | Michael Williams | Abingdon Amblers | MV40 | 02:27:06 |
| 100 | Pauline Rust | Gloucester AC | FV35 | 02:27:23 |
| 101 | Chris O'Carroll | Gloucester AC | MV40 | 02:29:19 |
| 102 | Elliot Griffiths | Neath Harriers | MV40 | 02:32:13 |
| 103 | Brian Jones | Unattached | MV50 | 02:35:44 |
| 104 | Terry Groves | Unattached | SM | 02:35:58 |
| 105 | Colin Green | Unattached | SM | 02:36:00 |
| 106 | Mark Tattershall | Neath Harriers | MV50 | 02:39:31 |
| 107 | Angus Croall | CRRC | SM | 02:39:32 |
| 108 | Christine Thornett | Stratford AC | FV35 | 02:47:20 |
| 109 | Graham Bevan | Bath AC | MV50 | 02:49:04 |
| 110 | Susan Robinson | Stratford AC | SW | 02:53:30 |
| 111 | Marilyn Herdman | Stratford AC | SW | 02:53:31 |